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#LosersWin

REND LAKE COLLEGE

the YMCA

400+ earn spot on Rend Lake College Fall 2013 Honors Lists

REANNE PALMER
RLC PUBLIC INFORMATION

Rend Lake College is pleased to announce over 400 students have made the President's and Vice Presidents' lists of academic honors for the Fall 2013 semester.

The lists include 146 individuals named to the President's List. Those students earned a 4.0 grade point average (GPA) during the semester. Another 259 students were named to the Vice Presidents' List. Students on the Vice Presidents' List earned a 3.50 — 3.99 GPA during the semester.

"We're proud of all our students at Rend Lake College, and these are the ones who have excelled. They should be proud of themselves for the hard work they put in last fall," said RLC President Terry Wilkerson. "I encourage them to continue their dedication in the classroom, and hope to see more students make the lists after the spring semester."

RLC students receiving academic honors for Fall 2013, listed by communities, are:

PRESIDENT'S LIST

ANNA — Larry C. Wakefield
 BELLE RIVE — Austin H. Hybert
 BENTON — Hannah E. Auten, Catherine J. Biggs, Kirsten N. Cairel, Colt D. Dugger, Douglas A. Erwin, Daniel Allen Hagerman, Jacklyn M. Johnagin, Evelyn L. Mendez, Makennah Mae Miller, Denys Dawn Minor, Peyton Denise Robbins, Gina Lee Scott, Michael Paul Skouby, Chelsea L. Tabor, Seth E. Tremblay, Jonathon D. Wilson,

George T. Workman, Bailey Michelle Wynn
 BONNIE — Alicia Mae Adams, Melanie Elizabeth Burke, Jacque J. Helverson, Brandon J. Page
 BLUFORD — Kenneth Ryan Buonauro, Amber Sue Crawford, Amy Aline Dalby, Amanda Jo Lenz, Emily P. Love-Oestreich, Alexis Weinstein
 CHRISTOPHER — Ellis Dale Akers, Robin Bean, Amber Kay Faught, Robert Elliott Shelton, Racheal Lynn Smith
 COELLO — Amber Suzanne Bush
 DAHLGREN — Lucas Paul Anselment, Daniel J. Karcher, Emma Louise Moreton
 DIX — Krista Lynae Storment
 DONGOLA — Clay Bryant Harris
 DUQUOIN — Alison A. Bulger, Quinton R. Mathis
 ELKVILLE — Jaime J. Pit-tenger
 ENFIELD — Harley Ray Devoy, Christine Renee South
 FAIRFIELD — Levi Allen Marsh
 GALATIA — Kenneth Ryan Poling
 GOREVILLE — Sarah Denise Forby
 INA — Curtis Barnette, Michelle Marie Hays, Cassidy June Melliere, Haley Marie Miller, Lexi Shea Ann Skelton, Samuel Dean Stearns, Michael E. Williams, Kenneth Wilson
 JOHNSTON CITY — Josh A. Riehl
 KEENES — Brandon Lynn Bullard
 MACEDONIA — Aaron M. Shofner
 MARION — Bryan Andrew Marchal

McLEANSBORO — Breanne Nicole Beard, Amanda Nichole Birkner, Abbie M. Braden, Jenna Paige Braden, Jolene M. Clark, Jennifer Michelle Devoy, Valerie Lynn Henderson, Devin Todd Howton, Tyler D. Laughard, Luke D. Lemay, Laura Lee Lemons, Justin Scott Milligan, Michael Dale Ramsey, Emily Skelton
 MT. VERNON — Sara Ann Buffington, Jordan Lee Clarke, Sydney Jane Crews, Jagger E. Ellis, Shannon Blair Elsea, Brennae A. Hallam, Libbey Elizabeth Harrah, Isabella Kay Hoben, Alissa M. Hollmann, Christine Renee Hood, Lillian Dian King, Johannes Mack, Emily Elizabeth Mayo, Garrik Stanton
 McCONNELL, Natalie D. Meador, Erica Cornelia Renich, Jose Juan Rivera, Sarah Beth Robb, Dennis Dale Southerd, Mary Lee Stanfield, Brice Anthony Stoffel, Katie Nichole Tate, Cynthia Diane Travis, Marisa Lea Uhls
 MULKEYTOWN — Sarah Ann Anderson, Travis Earl Brown
 NASHVILLE — Andrea Lorene Kinder, Kursty Lynn Stuart, Jennifer R. Watkins
 OPDYKE — Nikolas Green, Sierra Beth Harrell
 ORIENT — Scott D. Burnett, Angela L. Donovan
 PINCKNEYVILLE — Suzanne Marie Allard, Mary Katelyn Brewer, Danielle Lynn Bruns, Denise Renee Bruns, Brandon James Conway, Leah Marie Hopp, Katherine Patricia Kovic, Patrick J. Kovic, Allana N. Lacy, Katelyn Marie Mayer, Logan Kay Queen, Shari Lynn Petty, Callie Rose Priebe, Patricia Maria Roberts, William Vaino Timpner
 PITTSBURG — Jackie Lee Vancil

ROYALTON — Matt M. Battaglia
 SCHELLER — Jacob Michael Goodwin
 SESSER — Ryan Craig Menser, Shawn Michael Shurtz
 THOMPSONVILLE — Theresa Ann Hewlett, William Ray Kimble, Stephanie Lynn Quinn, Misty Rachelle Webster, Esther Faith Wyson
 WALTONVILLE — Tayler Dylan Ellison
 WATERLOO — George Ryan Gregson
 WAYNE CITY — Jane Anne Colvin, Brittany Nicole Hedden, Bryan Douglas Pace, Haden Earl Smith, Angel M. Wagner
 WEST FRANKFORT — Kayla Nicole Burk
 WOODLAWN — Bryant Lee Ross, Jared Veltman
 XENIA — Rachel Faith Bennett
 ZEIGLER — Bailey Battaglia, Jesse Kays
VICE PRESIDENTS' LIST
 ANNA — Aaron Charles
 SMITHEY
 ASHLEY — Chelsea Danielle Kujawa
 AVA — Clint Allen Reiman
 BELLE RIVE — Jaymie Ryan Beaty, Michele Lea Dees, Hannah Gaston, Victor Clayton Rapp
 BELLEVILLE — Michael Lee Hetsimer
 BENTON — Shiloh Renee Bailey, Jennifer Janell Brown, Domenick Joseph Bullock, Makala C. Carney, Jeffery A. Clark, Michaela L. Dollins, Douglas Bradley Erwin, Hannah B. Forby, Janet Rae Gordon, Nancy Kay Green, Branden Michael Hammonds, Caleb Murphy Hart, Leslie Michele Hebbeler,

Amanda Fay Holloway, Kay Lynn Keelin, Joelle Nichole Keener, Matthias S. L. Kinkelaar, Jacob T. Kubow, James Landon LaBuwi, Louis Scott Laird, Tyler D. Lamp-ley, Vanessa Elaine Lawrence, Matthew Tyler Lewis, Jeffery Tyler Mace, Paige Marie Matthews, Alicia Kay McPher-son, Vanessa L. Murray, Cassidy R. Neal, Ali Shea Neuman, Sid-ney Bennett Page, Abra Victoria Phillips, Stacy Marie Saliba, Macy L. Shurtz, Bruce Alan Smith, Jesica Nicole Spears, Megan P. Thomas, Travis Scott Waninger, Madyson K. Whitting-ton, Katie L. Williams, Ashley E. Zinzilieta
 BLUFORD — Sarah Anne Ganieany, Annesa Jean Lowery, Mariah Brianna Matthews, Bran-dyn Edward Petersen, Blaze William Rightnowar, Lisa Sue Withrow
 BONNIE — Makenzie L. Adams, Cory Lee Breeze, Seth Lee Shevlin
 BROUGHTON — Samantha Jo Davis
 CARTERVILLE — Crystal Marie Gann
 CARMIL — Tracy C. Shafer
 CHRISTOPHER — Katherine Leigh Bennett, Brandon Scott Isom, Christopher A. Parsons, Michael Scott Reed, Krystal L. Saul
 COELLO — Thomas Joel Bush, Caleb David Calloni, Tyler Scot Dennison
 COULTERVILLE — Jordan Doming Risley, Kyle Edward Rushing

Honors continues on page 2

RLC and YMCA partner again on Lose to Win Challenge

To be the biggest winner, you have to be the biggest loser during the 2014 Lose to Win Challenge, co-hosted by Rend Lake College and the YMCA of Jefferson County.

The weight-loss competition will award cash prizes for teams and individuals who lose the highest percentage of weight during the program. The challenge began on Jan. 11 with the first weigh in at the Y and

will conclude on March 8 during a final weigh in. Participants will have free access to the local YMCA gym facilities, the RLC Fitness Center and Aquatic Center in Ina, the RLC MarketPlace Fitness Center in Mt. Vernon, and all fitness classes during the challenge.

Lose to Win contestants are at least 18-years-old. Updates will be available through the YMCA at 618-242-7500 and on RLC's Twitter and Facebook pages using #LosersWin.

RLC students, faculty and alumni can help save lives at American Red Cross We Challenge U blood drives

AMERICAN RED CROSS PRESS RELEASE

To help ensure a sufficient blood supply this winter season, Rend Lake College is hosting American Red Cross We Challenge U Blood Drives in January. All presenting donors will receive a commemorative We Challenge U T-shirt, while supplies last.

"We thank Rend Lake College for accepting the challenge from the Red Cross," said Scott Caswell, CEO of the Missouri-Illinois Blood Services Region. "Donating blood is an easy way to volunteer, and it helps patients in need."

To make an appointment to donate or for more information, RLC students, faculty, staff, the public and alumni may call 1-800-RED CROSS (1-800-733-2767) or visit red-

crossblood.org. College and high school blood drives account for as much as 20 percent of donations given through the Red Cross. The We Challenge U program encourages college students to get involved in the community by organizing blood drives and recruiting friends and faculty to give blood during winter months.

We Challenge U at Rend Lake College:

- Jan. 21, 10 a.m. - 3 p.m., RLC Ina Campus
- Jan. 22, 10 a.m. - 3 p.m., RLC Ina Campus
- Jan. 30, 1 - 5 p.m., RLC MarketPlace in Mt. Vernon

Prior to donating blood, donors will register, complete a brief health-history screening and have their

Blood drives continues on page 2

Taxidermy class rescheduling spring start date

Rend Lake College's Taxidermy class is rescheduled for a later start in the spring semester. The class will begin on Thursday, Jan. 23 and will meet on Tuesdays and Thursdays from 6 - 9 p.m. through Feb. 18.

The class is now longer for extended learning opportunities with eight meeting sessions. Attendees will learn the art of preserving, mounting and displaying animal skins while getting hands-on experience with birds,

deer and other small animals. Class participants should bring a species to mount and a scalpel or sharp knife to the first session where additional supplies will be discussed. The class will meet in the Advanced Technology Center, room 151.

To register, contact the RLC Community and Corporate Education Division at (618) 437-5321, Ext. 1267, or visit online at www.rlc.edu/com-ed. The cost of the class is \$119, plus supplies.

RLC Board 2014 meeting schedule

The Rend Lake College Board of Trustees regular monthly meetings in 2014 will be held on Jan. 14, Feb. 11, March 11, April 8, May 13, June 10, July 8, Aug. 12, Sept. 16, Oct. 14, Nov. 18 and Dec. 9. Meetings begin at 6:30 p.m., and take place in the RLC Student Center on the Ina campus. For announcements and more, visit online at www.rlc.edu/about-rlc.

INSIDE:

- Caldwell Donates Bench, Planter 2
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National 2-year college graduation rate jumps 17 percent

COMMUNITY COLLEGE DAILY

The average graduation rate at two-year colleges has increased from 21 percent to 38 percent, according to new data from the U.S. Department of Education.

The data on graduation rates at two-year institutions — which are published in new report, "Enrollment in Postsecondary Institutions, Fall 2012" — is based on the number of full-time, first-time students seeking degrees or certificates in cohort year 2008. The study used information gathered through the department's Integrated Postsecondary Education Data System (IPEDS).

The increase from 21 to 38 percent is due to doubling the time students were tracked for program completion — from within 100 percent of "normal time" to within 200 percent of normal time. IPEDS defines "normal time" as two years (four semesters or trimesters or six quarters, excluding summer terms) for an associate degree.

That presents a more accurate picture of time to graduation, as most community college students attend school part time and thus take longer than two years to

complete an associate degree.

Among other findings in the report:

- In fall 2012, 40 percent of the 18.2 million undergraduates enrolled in higher education were enrolled in two-year institutions.

- Among the 40 percent of undergraduates enrolled in public two-year institutions in fall 2012, 16.7 percent were full time and 23.3 percent were part time. Twenty-three percent were women and 17 percent were men. The breakdown by race includes 20.4 percent white, 7.7 percent Hispanic, 6 percent black, 2.1 percent Asian, 0.4 percent American Indian, 0.9 percent two or more races and 0.5 percent nonresident immigrants.

- Public two-year institutions got 16.7 percent of their operating revenues from tuition and fees in fiscal year 2012, compared to 21.1 percent for four-year colleges.

- Public two-year institutions spent much more on instruction — 42 percent of expenses — in fiscal year 2012 than public four-year institutions, which spent 29 percent.

This article was published Jan. 10, 2014, in the Community College Daily.

REANNE PALMER

RLC PUBLIC INFORMATION

Cindy Caldwell, Rend Lake College Mathematics Associate Professor, recently made a donation of a bench and flower pot to the RLC campus in honor of her parents, who she credits with her success.

Caldwell, of Christopher, said it was her parents' encouragement that helped her work toward her degree in education, even after she told them she didn't want to go to college. It was one of the toughest lessons she had to learn, and she said she couldn't have done it without her parents at her side.

The bench and flower pot are located on the north side of the South Oasis, facing the RLC Clock Tower. A plaque has been placed on the flower pot with an inscription from Caldwell to her parents, Millie and Cliff. It reads, "You have been the best parents for me. You joined in with my laughter but moreover comforted my broken heart. You relished in my success along

Caldwell donates bench, flower pot in honor of parents



with caringly encouraging me through my failures. However, the greatest gift of all was your unconditional love for me."

In addition to the bench and flower pot, Cliff Caldwell is also remembered on campus in the form of the Clifton Caldwell Endowment Scholarship through the RLC Foundation. After his passing in 2004, the family looked to keep his memory alive and help the students of

Rend Lake College. The scholarship helps students majoring in math and journalism every year.

RLC Foundation CEO Shawna Manion added the new addition to campus will also honor one of the biggest supporters of the Foundation.

"Cindy's mother, Millie, has been a strong supporter of Rend Lake College students through her position on the Founda-

tion Board for almost 35 years," said Manion. "Her daughter follows right in her footsteps by supporting her students daily as an Associate Professor at RLC. The campus now has a permanent tribute to a family that truly understands what we are all here for, our students."

Caldwell said she looks forward to seeing students use the bench on campus, and indeed using it herself.

Rend Lake College Clocktower Chronicle

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LuAnn Droeger, Senior Editor, Centralia Sentinel
Nathan Wheeler, Editor, Rend Lake College

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Blood drives

continued from page 1

blood pressure, pulse rate, temperature and iron level checked. The entire donation process takes about an hour, but the actual blood donation takes about 10 minutes. Refreshments are provided at the end of the donation process.

How to donate blood
Simply call 1 (800) RED CROSS [1 (800) 733-2767] or visit redcrossblood.org to make an appointment or for more information. All blood

types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age (16 with parental consent in some states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

About the American Red Cross

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or visit us on Twitter at @RedCross.

Honors

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DAHLGREN — Adam J. Cross, Tyler Wayne Cross, Anna Elaine Moreton, Jacob S. Reyling, David Andrew Richardson, Adam Ray Rubenacker, Stacy Lynn Webb, Yuting Zhang
DIX — Monica Lynn Burney, Emily Sue Hufford, Aarin Mariah Jeffers, Ryan Devon Mooney, Krystal Nyx Schuch
DUQUOIN — Jayci Renee Deaton, Alecia Dawn Robin-

DuBOIS — Karen Nehrkorn
ELDORADO — William Matthew Boulds
ELKVILLE — Megan Davis
EWING — Kayla Marie Haney, Dakota Laine Webb
FARINA — Michael G. Willis
FREEBURG — Daniel James Clayton, Matthew A. Koesterer
HERRIN — Jessica Rena Alongi, Carrie Denae Clover, Andrew Redford Fornof, Shari Long Gillman, Michelle Lee Grant, Heather Marie

Parish, Vyto Kasimer Simulis
INA — John Thomas Arne-mann, Tyler J. Bourland, Fal-lon Brooke Clayton, Kaylyn Beth Fuhrhop, Devontai Letrelle Halfacre, Kristina Kaye Henley, Christa Renee Hill, Abbie L. Lehman, Brett Michael Mammenga, Koral Ann McBride, Elijah Christian Miller, Ellie Grace Sigman, Jason E. Swallows
IUKA — Daniel Gene Qualls Jr., Alexandra M. Webster
JOHNSONVILLE — Charles Clayton Draper
JOHNSTON CITY — Brett Reed Anderson, Johanna Greiner
KEENES — Andrea Nicole Musgrave
KELL — Eric N. Saatkamp
KINMUNDY — Cody Dean Heinzmann
MACEDONIA — Daniel Logan Jamerson

List continues on page 3

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ATHLETICS

W SECTION

Warriors beat Blue Devils January 9

The Rend Lake College Warriors defeated the Kaskaskia Blue Angels 87-77 during a Wednesday night at home on Jan. 9. The win puts the Warriors at 10-3 on the season and 2-1 in the GRAC (Great Rivers Athletic Conference).

The game was the first for the Warriors' spring season. They continued their season at home with a one-point loss to Olney Central on Jan. 11. Wabash Valley is on Jan. 15. For all things athletic, visit www.rlc.edu/warriors.



Kaskaskia's Daniel Westbrook drives on Rend Lake defender Paul Knapp as the Blue Devils' Darin Winkelman looks to set a screen in their recent game in Waugh Gymnasium. (Photo courtesy of the Sentinel / RANDY LIST)

Lady Warriors lose to KC



KC's Rodneisha Freeman keeps the ball away from Rend Lake defender Khadij Wilson (10) during the Jan. 9 game at Waugh Gymnasium. (Photo courtesy of the Sentinel / RANDY LIST)

During the first home game of the spring season, the Rend Lake College Lady Warriors were defeated by the Kaskaskia Blue Angels Wednesday night (Jan. 9) 82-91. The loss puts the team at 5-5 on the season and 1-2 in

the GRAC (Great Rivers Athletic Conference).

The team played again at home against Olney Central on Jan. 11 and against Wabash Valley on Jan. 15 in Mt. Carmel. More athletic news is at www.rlc.edu/warriors.

List

continued from page 2

- MARION — Kaylee Madison Barnes, Michael Wayne Bradford, Laci Jade Newton
- MCLEANSBORO — Kristen Marie Brazelton, Elizabeth Laura Dykstra, Henry John Dykstra, Chad David Flannigan, Patrick William Flannigan, Felicia Marie Follmer, Chelsea D. Lee, Penny S. Leister, Jacob Andrew McCullough, Christina A. Parr, Brian Carey Plunk, Cassidy Lyn Sullivan
- MT. VERNON — Brittany Marie Adams, Phillip Alan Borcherding, Darius Jamon Box, Casey Dawn Brandt, Bethaney Shannon Brown, Samuel Clay Buffington, Chad Michael Clark, John Michael Davis, Teaira Breanna Deacon, Alexandra Gabrielle DiGiovanni, Kali Rae Echols, Billy C. Fields, Nathaniel Robert Groh, Alyson Denae Hampton, Carrie J. Harper, Dylan Kristopher Hayes, Jacob Henry, Ashley N. Hogue, Casey Leeanne Jackson, Megan Elizabeth Jackson, Maleeka Rachelle Jent, Bruce Jones, Lauren Nicole Keeler, Mackenzie Ross Kor-

- ris, Dustin M. Johnson, Zack Kyle Jones, Hannah Lundius, Kamille Lynne Masters, Colten Edward Meador, Brooke Alexandria Moore, Mackenzie Kaye Reeve, Casey Rae Revelle, Crystal Smith, Matthew R. Stanley, Lisa Renee Stratton, Landon Richard Thomas, Daniel Edwin Vega, Lindsey Nicole Wielt, Kelly Ann Williams, Zane Xanders, Kianna Young, Heather Nicole Zuber
- MULKEYTOWN — Fallon Denae Dublo, Flor Dorcas Eldridge, Cicely Dawn Lefler, Frederick Earl Smith, John Bryant Vercellino, Tawnie Dawn Vorhes, Alissa Ann Webb
- NASHVILLE — Austin Nicholas Hagene, Michael David Jones
- NEW ATHENS — Scott Joseph Parker
- NORRIS CITY — Daniel Thomas Nelson
- OKAWVILLE — Elijah Zachary Liske
- OPDYKE — Dakota Shane Church, Morgahn D. Zedalis
- PINCKNEYVILLE — Nicole Elizabeth Gill, Alicia Helen Hutchings, Hayden Anthony Kelly, Brooke Victoria Mohr, Adam Montgomery, Kaitlyn Louise Ponicki, Christopher Lee Priebe,

- Emilee Anne Tabing, Shelbie Ann Marie Thompson, Lindsey Renee Winter
- RALEIGH — Hillary Nichole Shires
- ROYALTON — Marris Brooke Battaglia, Kalynn P. Pierce, Jace Steven Poskevich, Scott Aaron Oeltjen
- SALEM — Ben Edgar Nation
- SHELLER — Hannah Marie Herzing, Caitlin Elizabeth Wisniewski
- SESSER — James Dennis Carlton, William Thomas Carter, Nicholas A. Conner, Matt J. Crawford, Joseph T. Deiningner, Alan Dale Fox, Isaiah Loucks, Dawn Renee McClellan, Shelby L. Payne, Darrell Wayne Pool, Kelsey Danielle Szczeblewski
- SIMS — Ethan Lucas Bullard, Kasey Denee Jensen, Hayley Marie Spicer

- TAMAROA — Sterling Lucas Bejma, Jennifer Mae Opp, Ashley R. Przygoda, Adam Carl Valentine, Breanna Faye Whitley
- TEXICO — Allyson Marie Adcock, Gwendolyn Ann Upton
- THOMPSONVILLE — Patricia Ann Bowers, Anthony Gaetono Marino, Jessica Danielle Murphy, Melynda Ann Prusaczyk
- WALTONVILLE — Eric K. Breeze, Alyssa Claire McGovern, Shelby Christina Patterson
- WAYNE CITY — Kristen Danielle Keele, Heaven Joyce Leake, Kacie Lynn Slater
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- William Leon Thompson
- WHITTINGTON — Madison Taylor Burgett, Paige M. Hutchcraft, Gage Austin Wetzel
- WOODLAWN — Vincent Ross Bailey, Sarah Jane Draege, Kelsey Nicole Hails, Blake Robert Kiselewski, Donna K. Krahn, Andrew Robert Wehrheim

- XENIA — Nathaniel Royce Burgess
 - ZEIGLER — Kaci Jo Greig
- Only full-time students (12 credit hours or more) are eligible to make the President's and Vice President's lists. All information is provided by the RLC Office of Student Records.

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