Community

Support

Programs



#### Community Resource Booklet for

#### Rend Lake College.

618-437-5321 x 1225 – Main Campus

rl-cares@rlc.edu

**RL-Cares** is a free service encouraging students to discuss various issues, personal and academic, pertaining to one’s educational future. Referral to on- or off-campus resources, academic planning, connecting with community organizations and development of a plan-of-action are potential outcomes from an RL-Cares meeting.

Email us at rl-cares@rlc.edu or call (618) 437-5321 Ext. 1225. <https://www.rlc.edu/rl-cares>

# Financial & Related Assistance

# CHILD CARE

### Project Child – Child Care Assistance

**Rend Lake Marketplace Location**

327 Potomac Blvd #C

Mt. Vernon, IL 62864

618-244-2210

\*\*Serves Jefferson, Clay, Crawford, Edwards, Effingham, Fayette, Jasper, Lawrence, Marion, Richland, Wabash, and Wayne Counties

**John A Logan College Location**

607 S Greenbriar Rd

Carterville, IL 62918

618-985-5975

\*\*Serves Perry, Franklin, Hamilton, White, Jackson, Williamson, Saline, Gallatin, Union, Johnson, Pope, Hardin, Alexander, Pulaski, and Massac counties

# FAFSA

### To apply- FAFSA – Free Application for Federal Student Aid

### https://studentaid.gov/

If you have questions/need help, you can find a Financial Aid staff member on campus in the Administration Building, or call 618-437-5321 x 1385

# RLC FOUNDATION SCHOLARSHIPS

618-437-5321 x 1214

To apply:

<https://www.rlc.edu/foundation>

# INTERNET

### Emergency Broadband Services

GetEmergencyBroadband.org

<https://www.fcc.gov/acp>

1-833-511-0311

# LAPTOP/WEBCAM LOANER PROGRAM

### RLC Laptop/Webcam Loaner Program

Contact RL-Cares

rl-cares@rlc.edu

618-437-5321 x 1225

Laptops require a $60 deposit (you may use FAFSA to pay this deposit). Webcams do not require a deposit.

Must return or renew at the end of the semester.

# GENERAL FINANCIAL ASSISTANCE/OTHER

## Franklin County

### Crosswalk Community Action Agency

410 W Main Street

West Frankfort, IL 62896

618-937-3581

<http://crosswalkcaa.com/>

Low income home energy assistance (LIHEAP), home weatherization, housing rehab (roof, siding), scholarships, etc.

### Dept. of Human Services (formerly public aid)

1602 N Main Street

Benton, IL 62812

618-439-4351

Cash assistance, Supplemental Nutrition Assistance Program (SNAP), medical, refugee and immigration services, and child care.

# Financial & Related Assistance cont.

## Hamilton County

### Wabash Area Development, Inc. (WADI)

108 E. Jefferson

McLeansboro, IL 62859

618-643-2161

<https://www.wadi-inc.com/>

Must live in Hamilton County. Must qualify for benefits.

LIHEAP (Energy Assistance from Sept – May), weatherization, ESG (Rental Assistance), rapid rehousing (for those who are homeless), and head start.

## Jefferson County

### Angels on Assignment

1201 Broadway

Mt. Vernon, IL 62864

618-242-1108

angels@mountvernonfirst.org

Call or email for hours or an appointment.

Food pantry, thrift store, limited financial assistance for rent/utilities. Must be resident of Jefferson County for at least 6 months.

### Crosswalk Community Action Agency

410 W Main Street

West Frankfort, IL 62896

618-937-3581

<http://crosswalkcaa.com/> Low income home energy assistance (LIHEAP), home weatherization, housing rehab (roof, siding), scholarships, etc.

### Dept. of Human Services (formerly public aid)

333 Potomac Blvd. (RLC Marketplace)

Suite F

Mt. Vernon, IL 62864

618-242-1040

Cash assistance, Supplemental Nutrition Assistance Program (SNAP), medical, refugee and immigration services, and child care.

### IDES (Illinois Department of Employment Security)

333 Potomac Blvd (RLC Marketplace)

Suite E

Mt. Vernon, IL 62864

1-800-244-5631 or 618-244-1700

<https://ides.illinois.gov/>

### Man-Tra-Con

3117 Civic Cir Blvd Suite B, Marion, IL 62959

618-998-0970

<http://www.mantracon.org/>

### Tuition, books, mileage, childcare – must qualify

Employment assistance programs

### Mt. Vernon Township General Assistance

811 Harrison

Mt. Vernon, IL 62864

618-242-1613

Must follow DHS criteria. Help with transportation costs, job readiness/work experience, initial employment expenses, books/supplies, etc.

### Prologistix

618-241-9620

<https://www.prologistix.com/locations/mt-vernon-illinois/30080-7513>

Job Search and Placement Assistance

### United Way

United Way of South Central Illinois
PO Box 711
Mount Vernon, IL 62864-0049
**Phone:** (618) 242-8000

[**uwsci.org**](http://www.uwsci.org/)

Stuff the bus – back to school supplies for youth and other community programs

### Warm Neighbors, Cool Friends

Mt. Vernon, IL 62864

618-242-7010 or 242- 1510 (press 6)

Energy assistance (income guidelines different than LIHEAP program)

# Financial & Related Assistance cont.

## Perry County

### Dept. of Human Services (formerly public aid)

342 North St.

Murphysboro IL 62966

618-687-1705

Cash assistance, Supplemental Nutrition Assistance Program (SNAP); medical, refugee and immigration services, and child care.

### Western Egyptian EOC-DuQuoin

317 S Washington

DuQuoin, 62832

618-542-4656

perryoutreach@weeoc.org

Day/Time: Mon-Fri 8 am – 4 pm (closed 12-1)

Weatherization, energy assistance, homeless assistance, head start, emergency food & shelter, budget & housing counseling, child care assistance program, rental assistance program.

## Wayne County

### IL Dept. of Human Services

333 Potomac Blvd., Suite F

Mt. Vernon, IL 62864

618-242-1040

[http://www.dhs.state.il.us/page.aspx?](http://www.dhs.state.il.us/page.aspx)

Cash assistance, Supplemental Nutrition Assistance Program (SNAP), medical, refugee and immigration services, and child care.

### Wabash Area Development, Inc. (WADI)

2004 W. Delaware

Fairfield, IL 62837

618-842-2962 or 618-963-2387

Must live in Wayne Co. Energy assistance, home buyers program, weatherization, homeless prevention, rental assistance and head start.

## White County

### Dept. of Human Services (formerly public aid)

2517 W 9th St, Suite A

Mount Carmel, IL 62863

618-262-5179

Cash assistance, Supplemental Nutrition Assistance Program (SNAP), medical, refugee and immigration services, and child care.

### Wabash Area Development, Inc. (WADI)

110 Latham PO Box 70

Enfield, IL 62835

618-384-5541 or 618-963-2387

Day/Time: Monday-Thursday 7:30 am-5:00 pm

Must live in White County. Must qualify for benefits. LIHEAP (Energy Assistance), housing services, nutrition center, support services, job development & training, and head start/early head start.

## All Counties

### 2-1-1

### (Call 211 to find needed services in your area)

[www.findhelp211.org](http://www.findhelp211.org)

Provides assistance in getting connected with resources

### Benefits Finder

[**https://www.benefits.gov/benefit-finder**](https://www.benefits.gov/benefit-finder)

### DHS Customer Service Hotline

IL **Department of Human Services 1-800-843-6154**

### FamilyWize

<https://familywize.org/>

Prescription Savings Card

### Dental Safari Company

7562 Old Route 13 Marion IL 62959 618-993-8333

Dental services for children, regardless of insurance.

# HEALTH DEPARTMENTS

Most health departments have a **WIC** (Women, Infants, and Children) food program, administer immunizations, have free or reduced birth control, and provide educational programs. Call or visit your local health department to learn about the additional resources they offer.

### Franklin-Williamson Bi-County Health Department

403 E Park

Benton, IL 62812

618-439-0951

### Hamilton County Health Dept.

County Courthouse, Rm. 5

McLeansboro, IL 62859

618-643-3522

### Jefferson County Health Department

4102 S Water Tower

 Mt. Vernon, IL 62864

618-244-7134

<http://www.jeffersoncountyillinois.com/contact-health-dept>

Confidential # for questions about Sexually Transmitted Infections – call or text 618-316-1042

Chlamydia, gonorrhea, syphilis, Hep C, and HIV testing

Education – Diabetes, Tobacco Education, Breastfeeding Class. Maternal & Child Heath – Family Case Management, Genetics Screening, Pregnancy Testing,

Safety Seat Guidance, TB Skin Testing

Perry County Health Dept. Pinckneyville, IL - 62274
(618) 357-5371

### Wayne County Health Department

405 N Basin Rd, #645

Fairfield, IL 62837

618-842-5166

<http://www.wchdil.com/>

Day/Time: Mon – Fri 8 am – 6 pm (closed 12 pm – 1 pm)

Monthly food coupons per child, up to age 5. Must qualify, based on income.

### Egyptian Public & Mental Health Department (WIC)

(White County)

1705 College Ave

Carmi, IL 62821

618-382-7311

### Egyptian Public & Mental Health Department

(White County, Hamilton County)

1412 U.S. 45 North
Eldorado Illinois 62930
Phone: (618) 273-3326
Website: <https://egyptian.org/>

 Outpatient mental health services, psychiatric services, substance abuse prevention and recovery, wellness recovery, access to contraception and STD testing.

# Women, Infants, and Children - better known as the WIC program - serves to safeguard the health of low-income pregnant, postpartum, and breastfeeding women, infants, and children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating including breastfeeding promotion and support, and referrals to health care. – usda.gov

# FOOD

# Link to food pantries in Hamilton County, Franklin-Williamson Counties, Jackson County, Perry County, Randolph County, and the Southern IL Food Panty Network

# <https://www.hsidn.org/area-food-pantries>

## Franklin County

###

### Benton Township Food Pantry

Benton, IL 62812

618-439-3181

Must be Franklin County resident. Eligible once every 30 days.

### Benton-West City Ministerial Alliance

320 Main Street

Benton, IL 62812

618-927-6270 Contact: Vickie

<http://illinoissecondcircuit.info/bentonwest-city-ministerial-alliance>

Offer services to individuals within the Benton High School District. Must have proof of address.

### Community of Christ Food Pantry

3663 Chestnut Street

Thompsonville, IL 62890

618-838-1128

<https://bcmissioncenter.wordpress.com/our-congregations/thompsonville-il/>

Day/Time: 8-10 am. Every 3rd Saturday of the month

Must live in Franklin County. Must have photo ID with Franklin County address.

### Crosswalk CCA

410 W. Main Street

West Frankfort, IL 62896

618-937-3581

<http://crosswalkcaa.com/>

Day/Time: Thurs 9 am – 12 pm; 1 - 4:00 pm

Must live in Franklin County. Groceries given once per month. Must be income eligible. Photo ID and proof of address are required. When funding allows, assistance is also available for rent and/or utilities.

###

### Whittington Baptist Church Helps Ministry

200 W. Main Street

Whittington, IL 62897

618-629-2423

<https://whittington.org/>

2nd Wednesdays of every month 9 am – 12 pm

Food vouchers.

Anyone in need can use the service – do not have to be a resident of Franklin County

Also have clothing and household items

**Hamilton County**

### Turning Point Church of God

107 E Broadway St

McLeansboro, IL 62859

618-643-3380

<http://turningpointchurch.church/>

Must live in Hamilton County.

Last Saturday of the month, 9 – 11am

### Wabash Area Development, Inc. (WADI)

110 E. Jefferson McLeansboro, IL 62859

618-643-2161

Must live in Hamilton County. Must qualify for benefits.

Food Pantry (household eligible once a month)

### Ten Mile Baptist Church

Monthly on the 2nd and 4th Thursday at 1:00

618-643-3946, Call ahead please

 <https://tenmilebaptistchurch.org/>

Also offers Pathway Counseling

Popup Food Giveaways

Random, usually 1 Saturday a month in Tequila Parking Lot - follow Christian Chapel Church on Facebook, or call 643-4300. Drive through. Bring your own box.

### Dry goods "give back" boxes

Can take from or leave dry goods there:

The Remnant (next to Tequila in McLeansboro)

4-H Gift Garden - on 142 on the right, after the storage units on the edge of town

# FOOD cont.

## Jefferson County

### Angels on Assignment (First United Methodist Church)

1201 Broadway

Mt. Vernon, IL 62864

618-242-1108

<https://www.mountvernonfirst.org/864-2/>

Food Pantry: Fridays 9-11 am

Must reside in Jefferson County for 6 months. Must meet income based guidelines.

### Central Christian Church

301 N. 10th Street

Mt. Vernon, IL 62864

618-242-4185

<https://centralnow.com/>

Must make appointment and reside in Jefferson County. Referral from agency required (Rend Lake College).

Emergency need – 1x/month

### Epworth United Methodist

401 Main Street

Mt. Vernon, IL 62864

618-242-5394

### His Hands Ministries Food Pantry

1611 S 10th St

Mt. Vernon, IL 62864

618-802-4209

cfreetoluv@mail.com

Follow facebook page for updates and giveaways.

##

### Department of Human Services (DHS)

333 Potomac Blvd, Suite F

Mt. Vernon, IL 62864

618-242-1040

### Cash assistance, Supplemental Nutrition Assistance Program (SNAP), Medical Card

#

### KSM Café

118 S 9th St

Mt. Vernon, IL 62864

618-242-8445 - Lunch by donation.

Day/Time: Tues, Wed, & Thurs 10am – 2pm

### Lively Stone Apostolic Church Food Pantry

618-242-1718 or 618-242-7127 Days and times vary. Call for more information

### Long Prarie Church

Belle Rive IL 618-736-2845

### Park Avenue Baptist Church Food Pantry

900 Park Avenue

Mt. Vernon, IL 62864

618-242-1882 or 618-242-5068

<http://mvpabc.com/>

Must reside in Jefferson County and provide a photo ID with proof of current address.

### Prince of Peace Lutheran Church

3205 Broadway

Mt. Vernon, IL 62864

618-242-5143

Must have referral from Rend Lake College. One time emergency food distribution.

### Wesley United Methodist Church

1601 Salem Rd

Mount Vernon IL

618-242-5328

### Rescue Mission

811 S. 10th Street

Mt. Vernon, IL 62864

618-242-3756

## Perry County

### DuQuoin Food Pantry

314 N Maple St

DuQuoin, IL 62832

618-571-2527

Must be Perry County resident. Bring photo ID and proof of current address.

### EOC-DuQuoin

310 East South Street DuQuoin, IL 62832

618-542-4656

Must be a resident of Perry county and present photo id. Only eligible once a month.

# FOOD cont.

### Least of the Brethren Ministry – Jesus’ Hands Feed the Hungry

407 S. Douglas St. Pinkneyville IL 62274

Contact: Betty Culley

618-357-6953

Time/Day: Mon & Fri 9-12

Must bring photo id. Available once a month. Serves Perry, Randolph, Franklin, Jefferson, Williamson, Jackson, Saline, Union, and Washington counties

### Reformed Presbyterian Church

321 South Ervin Street

Cutler, IL 62238

<https://reformedpresbyterian.org/>

618-497-2489 Contact: Pat Boyce

Hours of operation: Sat 9 – 11 am

Cutler, Willisville, Percy, Camel Hill and residence.

##

## Wayne County

### Hope Ministries

112 Church St

Geff, IL 62842

618-237-3208

Must meet USDA guidelines.

### Wabash Area Development, Inc. (WADI)

2004 W. Delaware

Fairfield, IL 62837

618-842-2962

Day/Time: Tues 9:30 am – 12 pm (once a month)

## White County

### Crossroads Bible Church

583 Hwy 45

Norris City, IL 62869

Contact: David Scroggins

618-378-3077

<https://theroads.church/>

### Wabash Area Development, Inc. (WADI)

618-384-5541

Must live in White County. Must qualify for benefits. Call ahead to check and see if food pantry is available.

## All Counties - Food

## Rend Lake College

### Rend Lake College Food Pantry

Rend Lake College has a food pantry for students that are currently enrolled in and attending classes.

North Oasis, Room 120

618-437-5321 x 1225

rl-cares@rlc.edu

Are you eligible for SNAP benefits Use this eligibility calculator to find out.

<https://fscalc.dhs.illinois.gov/FSCalc/>

### On-Line Food Pantry Locator <https://www.foodpantries.org/st/illinois>

### Illinois Hunger Coalition -

Hunger Hotline 1-800-359-216

The IHC Hunger Hotline provides bilingual services to low-income households through its statewide toll-free Hunger Hotline.

Callers are assisted in applying for: the Supplemental Nutrition Service (SNAP), All Kids, Medicaid, Medicare, and Temporary Assistance for Needy Families (TANF)

IHC also offers referrals for:

-WIC (Women, Infants, and Children)

-LIHEAP (energy assistance)

-food pantries and meal programs/soup kitchens

-child care

-housing assistance

-other federal nutrition programs: Summer Food Service Program, Child and Adult Care Food Program, Meals on Wheels, and At-Risk After School Child Nutrition Programs

Case Management Services are provided to callers that have been inappropriately denied services from the Illinois Department of Human Services (IDHS).

## CLOTHING

## Franklin County

###

### Whittington Baptist Church

200 Main Street

Whittington, IL 62897

618-629-2423

<https://whittington.org/>

Day/Time: 2nd Wednesday of the month - 10 am – 1pm

Men’s, women’s and children’s clothing available to anyone in need. Both monetary and clothing donations accepted.

### The Giving House

107 Loren Love Dr.

Christopher, IL 62822

618-927-2741 or 618-927-8293

Free clothing and household items as needed.

## Hamilton County

### Hamilton County House of Hope

111 N Pearl Street McLeansboro (618) 798-1354 hchouseofhope@gmail.com

## Jefferson County

###

### Angels on Assignment of First United Methodist Church

1201 Broadway, Angel Center Bldg.

Mt. Vernon, IL 62864

618-242-1108

Thursdays 12:00 pm – 5:00 pm, Fridays 9:00 am – 12:00 Noon, First Saturday of each month 8:30 a.m.-Noon

To qualify, call to make an appointment. Free clothing given away.

### Bargain Box

808 S 10th St

Mt. Vernon, IL 62864

618-244-3110

Offer discounted clothing, furniture and various household items.

### Goodwill

920 S. 42nd Street

Mt. Vernon, IL 62864

618-242-9582

Day/Time: Monday–Saturday 9am – 9pm

Sunday 10am – 6pm

Gently used/worn items available for discounted purchase.

### Mt. Vernon Christian Outreach & Resale

4704 Broadway

Mt. Vernon, IL 62864

618-246-0872

Affordable clothing and household items.

### Rescue Mission

811 S. 10th Street

Mt. Vernon, IL 62864

618-242-3756

Must be a Jefferson County resident. Must have photo ID. Can assist with clothing, bedding, linens, kitchen supplies and sometimes furniture. A referral is appreciated.

### Shepherd’s Closet

Belle Rive Missionary Baptist Church

401 South Main

Belle Rive, IL 62810

618-756-2252

<http://www.bellerivebaptist.com/>

Free clothing for children and adults, household goods, toys, and books.

## Perry County

### Caring and Sharing Thrift Shop

4061 St Rt 127

Pinckneyville, Il 62274

618-357-6196

### HEALTH/SELF HELP/ SOCIAL SERVICES

### 2-1-1

### (Call 211 to find needed services in your area)

[www.findhelp211.org](http://www.findhelp211.org)

Provides assistance in getting connected with resources

### Healthy Southern IL Delta Network Resource Locator

<https://www.hsidn.org/resources>

### SAMHSA Service Locator

(Substance Abuse and Mental Health Services Administration)

800-662-HELP (4357)

<https://findtreatment.samhsa.gov/>

### Alcoholics Anonymous

Benton Meetings:

<http://southernillinoisaa.org/meetings2.htm#BENTON>

Mt. Vernon, Belle Rive, Salem, Centralia:

<http://district7aa.com/meetings/>

Perry County:

<https://betteraddictioncare.com/aa-meetings-du-quoin-il>

### Al-Anon

Al-anon.org

For family and friends concerned about the substance use of their loved one

### American Cancer Society

1-800-227-2345

[www.cancer.org](http://www.cancer.org)

### American Red Cross

**Central & Southern Illinois Region**
<https://www.redcross.org>

800-753-2767

(217) 787-7602

Help in Emergency situations such as fire, flood, tornado, etc.

### Amy Schulz Child Advocacy Center

500 Fairfield Road

Mt. Vernon, IL 62864

618-244-2100

<http://www.amycenter.mvn.net/>

M – F 8:30 – 4:30

Interviewing, advocacy, and referrals for child (18 and under) sex abuse victims. Prevention education programs.

### Anchored Hope

6 S Washington St, Du Quoin, IL 62832

618-790-9156 Therapy for families, individuals and couples

### Angela Center (St. Mary’s Hospital)

444 North Pleasant Ave

Centralia, IL 62801

618-436-5665

Counseling for adults and children (outpatient only)

Payment options: Most private insurance, Medicare, & Medicaid accepted.

### Angels’ Cove Maternity, Adoptive, & Foster Care - Baptist Children’s Home & Family Services

4243 Lincolnshire Dr.

Mt. Vernon, IL 62864

618-242-4944 or 618-382-4164

1-800-458-BABY

<http://bchfs.com/>

### ARC Community Support Systems

1902 Miller Drive

Olney, IL 62450

217-718-3753 or 618-395-2418

### Assessment Services Provide Evaluation of: Vocational-Related Aptitudes, Abilities, and Interests; etc

### Aspire Integrated Health PLLC

3 Cusamano Professional Plaza Drive

Mount Vernon IL 62864

<https://www.aspirepcs.org/>

 618-634-7753

Mental Health Counseling

### Best Beginnings / Nurse-Family Partnership

United Methodist Children’s Home

2023 Richview Rd

Mt. Vernon, IL 62864

618-242-5600 ext 234

<https://sperofs.org/>

Help during pregnancy & parent skills after birth

# HEALTH/SELF HELP/ SOCIAL SERVICES cont.

### Byrd-Watson Pharmacy

3401 Broadway

Mt Vernon, IL 62864

618-244-5400

Med-D Counseling, Medical Equipment, Post-Mastectomy Products, etc

### Caregiver Connection

1400 S 34th St

Mt. Vernon, IL 62864

618-242-4050

2nd Tues of each month at 3pm

Meet at Lavender Ridge

### Caregivers Support Group

Addus Adult Day Center

108 N 3rd St Mt. Vernon, IL 62864

618-241-9503 or 618-244-5621

### Caritas Family Solutions

321 S 10th Street

Mt. Vernon, IL 62864

618-244-0344

10286 Fleming Rd

Carterville, IL 62918

618-985-2000

<https://caritasfamilysolutions.org/>

Offers services such as: adoption, counseling, foster care, pregnancy care, and senior assistance. Counseling available at Carterville location only.

Payment options: Accepts most private insurance. Medicare & Medicaid not accepted. Sliding pay scale available based on income.

### Center for Autism Spectrum Disorders – SIU

625 Wham Dr.

Carbondale, IL 62901

618-453-7130

### Celebrate Recovery

[www.celebraterecovery.com](http://www.celebraterecovery.com)

Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind.

Franklin Co:

200 West Main St., Whittington, IL 62897

618-927-1884

**Jefferson Co: 18147 E. IL Highway 15**Mount Vernon, IL 62864 (618) 553-6864

Perry Co:

Spirit of Life Christian Church - DuQuoin, IL 62832

618-663-7574

### Centerstone

902 W Main St

West Frankfort, IL 62896

Or 3111 Williamson Co Pkwy

Marion, IL 62959

Information & Appointments: 855-608-3560

Cares Line: 800-345-9049

Career Connect, Re-entry services, halfway house, transitional living program, crisis stabilization unit, Psycho-social rehabilitation, outpatient counseling, early intervention, substance abuse, vocational development, SASS

Payment options: Accept all types of insurance including Medicaid and Medicare.

Client Assistance (need proof of income) for low-income self-pay clients (reduced rate of service)

### Christopher Rural Health Clinic

4241 State Highway 14 West

Christopher, IL 62822

Phone: 618-724-2401

The Corporation’s clinical sites provide comprehensive primary health care to include health maintenance and prevention, acute/episodic care, and case management of chronic health conditions to all life cycles. Nutritional, obstetrical and gynecological care, preventive and restorative dental services are also provided.

Accepts Medicaid, Sliding Scale program for low-income self-pay clients.

# HEALTH/SELF HELP/ SOCIAL SERVICES cont.

### Christian Counseling and Family Services

301 N 10th

Mt. Vernon, IL 62864

618-242-4185

<https://centralnow.com/>

Offer counseling services. Call for appointment.

Sliding scale available based on income. Looking to accept insurance in the near future.

### Coach Kill Cancer Fund

The Fund assists financially burdened patients residing in the southern 16 counties of Illinois with expenses such as fuel to treatments, cancer-related medical bills, prescriptions, nutritional needs, lodging, public transportation costs, or medical equipment while actively seeking treatment for cancer.

 Email: sihfoundation@sih.net

 618-457-5200 ext. 67841

### Community Connections Counseling & Professional Services

107 N Shiloh Dr

Mt. Vernon, IL 62864

618-242-6944 or 214-5915

### Community Resource Center (CRC)

904 M L King Dr.

Centralia, IL 62801

618-533-1391

<https://www.crconline.info/>

Jefferson, Marion, Clinton, & Fayette Counties only. Counseling, substance abuse services, PTSD, gambling addiction, Men Challenging Violence, parenting classes, anger management

Payment options: Most private insurance accepted, Medicaid accepted, sliding scale for self-pay based on income

### Comprehensive Connections

16338 N IL Hwy 37

Mt. Vernon, IL 62864

618-242-1510

<http://compconnect.org/>

Offer services for: Behavioral Healthcare, Substance Abuse, Services for Developmentally Disabled Adults, Senior Nutrition, and Transportation Services

### Cornerstone Family Counseling

3600 S Water Tower Place

Mt. Vernon, IL 62864

618—244-0212

<https://cornerstonefamilycounselingllc.net/>

Payment options: Accepts most private insurance. Limited # of Medicare and Medicaid accepted

-Individual counseling, marriage and family counseling

### Diabetes Education & Support Group

St. Mary’s Good Samaritan Hospital

618-899-2085 or 618-899-1264

Meets 1st Tues at 6pm in Mt. Vernon, IL

### Department of Children & Family Services

321 A Withers Dr.

Mt. Vernon, IL 62864

618-244-8400

1-800-25-ABUSE (to report child abuse or neglect)

### DORS (Department of Rehabilitation)

333 Potomac Blvd, Suite F

Mt. Vernon, IL 62864

618-244-0331

Serves individuals with disabilities

### DSCC UIC Specialized Care for Children

2309 W Main St

Marion, IL 62959

618-997-4396

<https://dscc.uic.edu/>

Mon – Fri 8am – 4:30pm

Free diagnostic tests, developing a care coordination plan, preparing for transition, paying for medical expenses.

# HEALTH/SELF HELP/ SOCIAL SERVICES cont.

### Dynamic Counseling & Consultation Services

2 Cusumano Professional Plaza Dr, Suite B

Mt Vernon, IL 62864

618-316-7080

<https://dynamic-counseling.com/>

Individual, Group, and Family Counseling

### Egyptian Mental Health

1412 U.S. 45 North
Eldorado Illinois 62930
Phone: (618) 273-3326
Website: <https://egyptian.org/>

 Outpatient mental health services, psychiatric services, substance abuse prevention and recovery

### Epilepsy Foundation of So. IL

1100 S 42nd Street, Suite D

Mt. Vernon, IL 62864

618-244-6680

<http://www.efgreatersil.org/>

### Family Foundations

107 Shiloh Dr

Mt. Vernon, IL 62864

618-242-6944 or 618-242-1070

<https://sperofs.org/counseling-wellness-center/>

In-home parenting education, interventions, family counseling

### Gamblers Anonymous

<https://www.gamblersanonymous.org/ga/>

### Gateway Foundation

1080 East Park St

Carbondale, IL 62901

1- 877-381-6538 or

618-310-0707, 618-319-7523, 618-529-1151

<https://www.gatewayfoundation.org/location/carbondale/?utm_source=google&utm_medium=organic&utm_campaign=GMB_Carbondale>

Alcohol and Drug Residential & Outpatient Treatment

Accepts most insurance and Medicaid

### Grace Haven Pregnancy Center

4227 Lincolnshire Drive Mt. Vernon, IL 62864 618-816-7526Free, confidential pregnancy testing, STD testing, parenting classes and resources

### Hope Group

Grief Support Group

Meets for 8 weeks 2x year

Held at Central Christian Church

301 N 10th St, Mt Vernon, IL 62864

[618) 242-4185](https://www.google.com/search?q=central+christian+church&rlz=1C1SQJL_enUS866US866&oq=central+chris&aqs=chrome.0.0l4j69i57j0l3.12143j0j8&sourceid=chrome&ie=UTF-8)

### Horizon Healthcare

213 NW 10th Street, Suite A

Fairfield IL 62837

<https://www.fairfieldmemorial.org/horizon-healthcare>

Opening in Carmi March 2020

1101 W Main

Carmi IL 62821

(618) 842-4617 (both locations)

Rural Health Clinic Based – routine and acute care,

Behavioral Therapy in Fairfield and Carmi locations

Diabetes Educator

### Hospice- SSM Hospice of Illinois

St. Mary’s Good Samaritan Hospital

Mt. Vernon, IL 62864

618-241-1679

Care for the terminally ill & family support (social work, pastoral, and massage therapy services available)

Grief Support Group

11 -1, every 3rd Thursday (medical plaza next to Good Sam)

Camp Magic- for kids, once a year

### Hospice of Southern IL

204 Halfway Road

Marion, IL 62959

618-997-3030

<https://hospice.org/>

Nursing car, grief counseling, grief support groups

### IL Department of Human Services – Family Resource Center

333 Potomac Blvd, Suite F

Mt. Vernon, IL 62864

618-242-1040

# HEALTH/SELF HELP/ SOCIAL SERVICES cont.

### IDHS – IL Dept. of Rehab Services

1-800-447-6404 or 1-877-581-3690

Office Locator: <https://www.dhs.state.il.us/page.aspx?module=12&officetype=7>

IDHS is the state's lead agency serving individuals with disabilities. DRS works in partnership with people with disabilities and their families to assist them in making informed choices to achieve full community participation through employment, education, and independent living opportunities.

### IL Breast and Cervical Cancer Program

St. Clair County Health Department 19 Public Square, Suite 150 Belleville, IL 618-233-7703,ext.4408

Covers: Clay, Clinton, Fayette, Franklin, Hamilton, ,Jefferson, Marion, St. Clair, Washington, Wayne

### Prairie State Women’s Health

 11191 Illinois Route 185 Hillsboro, IL 62049 217-532-2001, ext. 229 Covers: Edwards, Gallatin, Jackson, Perry, Randolph, Saline, Wabash, Williamson You may be able to receive free services if you are a woman \*living in Illinois \*without health insurance
*\**35 – 64 years old (*younger women may be eligible in some cases)* For additional information, call the Women’s Health-Line toll free at **888-522-1282**

### IL Family Caregiver Coalition

773-727-9340

Illinoisfamilycaregiver.org

### Integrity Clinical Network

4230 Lincolnshire Dr, Suite E

Mt. Vernon, IL 62864

618-242-4205

Individual, Marriage, and Family Counseling Services

### Knights Shield

301 E Garland Street

West Frankfort, IL

618-932-6400

<http://thenightsshield.org/>

Their mission is to provide a safe haven to children, especially sibling groups, who are in crisis.

### Lions of IL Foundation

815-756-5633

lionsofillinoisfoundation.org

Services to IL residents for the detection and treatment of visual and hearing impairments

### Lutheran Child and Family Services

800 South 45th St (Wells Bypass)

Mt. Vernon, IL 62864

618-242-3284

### Man-Tra-Con

333 Potomac Blvd, Suite F

Mt. Vernon, IL 62864

618-944-2419

Job Search and Placement Assistance

### Manpower Temporary Services

4111 North Water Tower Place, Suite D

Mt. Vernon, IL 62864

618-242-0690

Job Search and Placement Assistance

###

### Military Family Assistance Center

600 Shiloh Dr

Mt. Vernon, IL 62864

217-622-9530
The mission of the Family Assistance Center is to provide information, referral, and outreach for service members and families.

### Moore Than Behavior

Salem IL

618-231-5528

Developmental & Behavioral Services dedicated to giving more back to those who need a helping hand.

# HEALTH/SELF HELP/ SOCIAL SERVICES cont.

### Narcotics Anonymous

Southern IL

618-322-3178

### National Immigration Project

617-227-9727

<http://www.nationalimmigrationproject.org/find.html>

#### National non-profit organization that provides technical assistance and support to community-based immigrant organizations, legal practitioners, and all advocates seeking and working to advance the rights of noncitizens.

### National Suicide Prevention Lifeline

Call or text 988

### To chat on-line with someone, visit: <https://suicidepreventionlifeline.org/talk-to-someone-now/>

### National Domestic Violence Hotline

1-800-799-7233

### National Sexual Assault Hotline

1-800-656-4673

### National Human Trafficking Hotline

1-888-373-7888

### New Horizons Counseling Services

1325 W Whittaker CC

Salem, IL 62881

618-479-5055 or 309-681-9432

Counseling Services (outpatient mental health counseling for 12 and older, adults, couples)

Payment options: Accepts most private insurance. Medicaid & Medicare not accepted. 30% off for Medicaid & Medicare patients.

### One Hope United

4110 N Water Tower

Mt. Vernon, IL 62864

618-242-8266

Cares Line: 800-345-9049

<https://onehopeunited.org/>

Child Welfare Services, Foster care, Counseling, SASS etc. Services available for up to age 21 only.

Payment options: Medicaid accepted only.

### Opportunities for Access

4206 Williamson Pl, Suite #3

Mt. Vernon, IL 62864

618-244-9212

<http://www.ofacil.org/>

Helps individuals with physical or intellectual challenges

### Pathways Counseling – a ministry of the Baptist Children’s Home and Family Services

McLeansboro, IL

Carmi, IL

618-643-3946

618-382-4164

Counseling for families, couples, and individuals

Depression, Anxiety, Grief, Marriage Counseling, Addiction, Parenting, Stage of Life Concerns, Behavioral Issues

### Perry County Counseling Center

1016 S Madison St.

DuQuoin, IL  62832

618- 542-4357

Payment options: Accepts most private insurance. Medicare & Medicaid accepted.

### Perry County Health Department

907 S. Main St.

Pinckneyville IL  62274

618-357-5371

### Perry-Jackson Child Advocacy Center

5512 IL 154

Pinckneyville, IL 62274

 (618) 357-2990 Emergency Cell – 618-924-1997

<https://www.perryjacksoncac.com/>

# HEALTH/SELF HELP/ SOCIAL SERVICES cont.

### Planned Parenthood

317 Salem Place

Fairview Heights, IL 62208

618-277-6668

<https://www.plannedparenthood.org/health-center/illinois/fairview-heights/62208/fairview-heights-health-center-2712-90770>

Confidential health care, even if you don’t have insurance

Services Provided: [Abortion](https://www.plannedparenthood.org/health-center/illinois/fairview-heights/62208/fairview-heights-health-center-2712-90770/abortion), [Birth Control](https://www.plannedparenthood.org/health-center/illinois/fairview-heights/62208/fairview-heights-health-center-2712-90770/birth-control), [HIV Services](https://www.plannedparenthood.org/health-center/illinois/fairview-heights/62208/fairview-heights-health-center-2712-90770/hiv-testing)

[LGBTQ Services](https://www.plannedparenthood.org/health-center/illinois/fairview-heights/62208/fairview-heights-health-center-2712-90770/lgbtq), [Men's Health Care](https://www.plannedparenthood.org/health-center/illinois/fairview-heights/62208/fairview-heights-health-center-2712-90770/mens-health)

[Morning-After Pill (Emergency Contraception)](https://www.plannedparenthood.org/health-center/illinois/fairview-heights/62208/fairview-heights-health-center-2712-90770/emergency-contraception)

[Pregnancy Testing & Services](https://www.plannedparenthood.org/health-center/illinois/fairview-heights/62208/fairview-heights-health-center-2712-90770/pregnancy-testing-options)

[STD Testing, Treatment & Vaccines](https://www.plannedparenthood.org/health-center/illinois/fairview-heights/62208/fairview-heights-health-center-2712-90770/std-testing-treatment)

[Women's Health Care](https://www.plannedparenthood.org/health-center/illinois/fairview-heights/62208/fairview-heights-health-center-2712-90770/womens-health)

### Poison Control Hotline

1-800-222-1222

### Pregnancy Matters Inc.

Carbondale 618-549-2794

Marion 618-997-2790

 <https://pregnancymatters.org/>

Mon-Thurs Walk-Ins 10am-2pm

Fri by appointment only

Or 808 W Prairie St

Marion, IL

618-997-2790

Pregnancy tests, prenatal vitamins, baby & maternity items, pregnancy workshops, prevention education.

### Prevent Child Abuse IL

618-993-7122 <https://www.preventchildabuseillinois.org/>

Child advocacy, education for parents and providers

### Project Child

327 Potomac Blvd, Suite C

Mt. Vernon, IL 62864

 618-244-2210

Child Care Assistance, parenting resources/education

## Quitline – Smoking Cessation

1-866-QUIT-YES

### SAFE: Sexual Assault and Family Emergencies

618-244-9330

24 Hour Hotline: 1-800-625-1414

Emotional support, individual & group counseling, prevention education, crisis intervention.

Counseling is FREE for victims/survivors.

### Safe Families for Children – Mt. Vernon/Southern IL

403 N 42nd St
Mount Vernon, Illinois 62864

618-319-5751

southernil@safefamilies.net

Safe Families for Children is a volunteer movement of compassion, hospitality and generosity that wraps around struggling families who have no support.

### Solutions4Wellness

4230 Lincolnshire, Suite D

Mt. Vernon, IL 62864

618-322-6424

Individual, Couple, and Group Therapy.

### Southern Illinois Al-Anon/Alateen Family Groups

Children/Individuals/Families Affected by Alcohol

<http://www.siafg.org/>

### Southern 30 Adolescent Center

17077 N IL Hwy 37

Mt. Vernon, IL 62864

618-242-2238

<https://www.lcfs.org/STAC/>

Emergency shelter care for adolescents 11-18m, clinical assessments, counseling and foster care.

### Southtown Family Advocacy Center

1108 South 15th St

Mt. Vernon, IL 62864

618-242-4077

Assist children and their families with academic problems, child care, computer literacy training, effective parenting classes, family support groups, alumni foster care services, mentoring groups, youth basketball program

# HEALTH/SELF HELP/ SOCIAL SERVICES cont.

### Special Needs Support Group

618-731-1383

For all caregivers, family members, and siblings of those with special needs

Meets once a month in Mt. Vernon

### Spero Family Services

618-242-1070

Community Programs, Clinical Services (Counseling), and Child Welfare Services

### SWAN Domestic Violence Services

### Senior Services, Adult Protective Service

212 S 9th

Mt. Vernon, IL 62864

618-899-9110

DV – Shelter in Olney

SSM Health Behavioral Health in Illinois (Outpatient and Inpatient)
444 N. Pleasant Ave.
Centralia, IL 62801
[618-436-5665](https://www.ssmhealth.com/6184365665)

SSM Health St. Mary's Hospital - Centralia (Inpatient)
400 N. Pleasant Ave.
Centralia, IL 62801
[618-436-5665](https://www.ssmhealth.com/6184365665)

### Sunspire Health Heartland

1237 E 1600 North Rd Gilman, IL 618-367-0647

Private treatment facility for adult men and women suffering from substance use and co-occurring mental health disorders.

### Tasc, Inc. (Treatment Alternatives for Safe Communities)

1-855-827-2444

### Therapist Finder

https://www.psychologytoday.com/us/therapists

### Trevor Project

**1-866-488-7386** **– Trevor Lifeline**

Trained Counselors 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk, call the Trevor Lifeline or visit <https://www.thetrevorproject.org/get-help-now/> to chat online with a trained professional.

### United Way of South Central Illinois

802 S 42nd St

PO Box 711

Mt. Vernon, IL 62864

618-242-8000

[www.uwsci.org](http://www.uwsci.org)

Free tax preparation, hospice, senior services, CASA (Court Appointed Special Advocates), Life Boat Alliance Family Shelter, and Youth Services

### Volunteers of America – Illinois

312-564-2300

[**https://www.voaillinois.org/veterans**](https://www.voaillinois.org/veterans)

Veterans, Children, Elderly, Housing Needs

### Wabash Area Development, Inc. (WADI)

106 W Cherry St

McLeansboro, IL 62859

618-643-3022

Must live in Hamilton County. Must qualify for benefits.

Early Head Start and Head Start programs that offer parenting courses and other services for pregnant women and up to age 4 children.

### Warm Line Hotline

**1-866-359-7953**

The Warm Line is a new opportunity in Illinois for persons with mental health challenges and their families to receive support by phone. Peer and Family Support Specialists are professionals who have experienced mental health recovery in their own lives as an individual or family member. They have been trained in recovery support, mentoring, and advocacy and are ready to listen and help you. The warm line is not a crisis hotline, but is a source of support as you recover or help a family member to recover.

# HEALTH/SELF HELP/ SOCIAL SERVICES cont.

### Western Egyptian EOC-DuQuoin

317 South Washington

DuQuoin, 62832

618-542-4656

[www.weeoc.org](http://www.weeoc.org)

LIHEAP (energy assistance) for Perry, Jackson, Monroe, and Randolph counties

### Survivor Empowerment Center

### (formerly The Women’s Center)

610 S Thompson St

Carbondale, IL 62901

24 Hour Crisis Line: 1-800-334-2094

**618-549-4807**

### Youth Build of Jefferson and Marion Counties

107 Shiloh Drive

Mt. Vernon, IL 62864

618-242-6723

### Y.M.C.A.

Mount Vernon IL

618-242-7500

**SENIOR SERVICES**

### Addus Healthcare

Mt Vernon, IL 62864

618-244-4481

### DCFS Contracted Supervised Visitation, Habilitation, and Housing cases. Home health care for elderly.

### Adult Care Dentures

101 Marshall Place

Carmi, IL 62821

618-382-8010

Dentures/ very low cost

### Alzheimers Association

618-292-9583 1-800-272-3900

### Alzheimer’s Support Group

Mt. Vernon Health Care Center

#5 Doctors Park Rd

Mt. Vernon, IL 62864

618-242-1064

<http://www.petersenhealthcare.net/mt-vernon/>

### Egyptian Area Agency on Aging

200 E Plaza Drive

Carterville, IL 62918

618-985-8311

Resources and advocacy

### Franklin County Senior Services

225 East Poplar Street

West Frankfort, IL 62896

618-937-3511

### Grandparents Raising Grandchildren Group

Christian Fellowship Church

2416 Cherry Street

Mount Vernon, IL

217-347-7179 x 1062

### Hamilton County Senior Citizens Center - WADI

108 East Jefferson McLeansboro, IL 62859

618-643-2676

### Midland Area Agency on Aging

434 South Poplar

Centralia, IL 62801

618-532-1853

### Senior Services of Jefferson County

409 Harrison St

618-242-3530 or 242-3505

Community Care – homemaker can help with light housing keeping, bathing, Med D prescription access program, money management, and transportation

for eligible adults over age 60

Elder Abuse – See SWAN

### Senior Circle – Crossroads Community Hospital Chapter

8 Doctors Park Rd.

Mt. Vernon, IL 62864

618-244-5500 ext. 8567

Caregiver Resource Guide to Older Adult Services

### Shawnee Alliance for Seniors

618-519-9200

800-642-7773

### Southeastern IL Agency on Aging

602 E 5th Street

Mt. Carmel, IL 62863

217-262-0678

### SWAN Domestic Violence Services

### Senior Services, Adult Protective Service

212 S 9th

Mt. Vernon, IL 62864

618-899-9110

DV – Shelter in Olney

### Sunshine Center

1300 Park Avenue Mt. Vernon, IL 618-242-7010 <http://www.compconnect.org/>

**SENIOR SERVICES cont.**

### Wayne County Senior Center - WADI

211 SE 2nd Fairfield, IL 62837

618-842-2261

### Grandparents Raising Grandchildren Support Group

Christian Fellowship Church

Contact: Trisha Ratliff

Mt. Vernon, IL

217-347-7179 ext.1062

2nd Tues at 10:30am

### Senior Care Locator

<https://www.seniorcare.com/directory/il/>

**VETERANS**

###  IL Department of Veterans Affairs

800-437-9824

### Illinois National Guard Family Programs out of Mt. Vernon.

600 Shiloh Drive

Mt. Vernon, IL 62864

Survivor Services:

618-335-1257 or 309-567-4427

Family Assistance Center:

618-241-4412, or 618-241-4409

IL National Guard Military Family Relief Fund:

<https://www.il.ngb.army.mil/Public-Resources/>

### Illinois Joining Forces

1-833-463-6453

<https://www.illinoisjoiningforces.org/>

### Volunteers of America

312-564-2300

### Veterans of Foreign Wars Post 1376 Aux

VFW post, 110 S. 8th Street

Mt. Vernon, IL 62864

618-242-2430

### Marion VA Medical Center

2401 W Main St

Marion, IL 62959

618-997-5311

[www.marion.va.gov](http://www.marion.va.gov)

Primary care and mental health services for veterans

### Mount Vernon IL VA Clinic

4000 S Water Tower Pl

618-246-2910

### Rend Lake College Veterans Club

Contact :Lauren Turner 618-437-5321 x 1256

### This Able Veteran

618-964-1162

1714 Wolf Creek Rd, Carbondale, IL 62902

Trauma resiliency program, service dog program

**LGBTQA**+

### Acorn Equality Fund

### <https://www.acornequalityfund.org/>

Acorn Equality Fund in Peoria, Illinois, is a grassroots nonprofit organization that provides financial support for the advancement of education, health, and civil rights of gay, lesbian, bisexual, and transgender persons and their allies.
Acorn Equality Fund is a not-for-profit 501(c)(3) organization. They provide scholarships and organization grants to LGBT persons, organizations, and allies to impact lives in a positive fashion.

### Queer-Oriented Rural Resource Network

<https://www.qorrn.com/>

### National Center for Transgender Equality

NCTE was founded in 2003 by transgender activists who recognized the urgent need for policy change to advance transgender equality. With a committed board of directors, a volunteer staff of one, and donated office space, we set out to accomplish what no one had yet done: provide a powerful transgender advocacy presence in Washington, DC.

Today, NCTE is a team of hard-working staff members supported by a nationwide community of transgender people, allies, and advocates with an extensive record of winning life-saving change for transgender people.

<https://transequality.org/documents/state/illinois>

### Rainbow Café

118 North Illinois Avenue

Carbondale, IL

618-525-9922

<https://www.rainbowcafe.org/>

Rainbow Cafe has served the queer community in Southern Illinois for over 20 years, providing a safe and welcoming environment for those who are lesbian, gay, bisexual, trans/gender expansive, queer, intersex, asexual, or questioning their orientation and/or gender identity, and their friends and family, by creating a space in which they are affirmed and offered non-judgmental support and access to personal, community, spiritual, and health resources.

Offers Social and Support Groups and Events, Community Activism, and Pride Events

### Southern IL LGBTQIA+ Resource Guide Serving Southern IL

<https://www.hsidn.org/lgbtq-resources>

### Trevor Project

**1-866-488-7386** **– Trevor Lifeline**

Trained Counselors 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk, call the Trevor Lifeline or visit <https://www.thetrevorproject.org/get-help-now/> to chat online with a trained professional.

**LGBTQA**+ cont.

# LGBT+ Friendly Faith Communities in the Area

### Prince of Peace Lutheran Church

3205 Broadway

Mt. Vernon, IL 62864

618-242-5143

### Mt. Vernon Unitarian Universalist Fellowship

1600 Isabella Ave.

Mount Vernon, IL

For information, email: information@mtvernonuuf.org.

<https://mtvernonuuf.org/>

# Support Groups in the Area

### Spero Counseling and Wellness Center

107 Shiloh Drive

Mount Vernon IL

Adults (18 and over)

Every 3rd Tuesday at 7PM

618-242-6944

### SAFE Space Support Group

Meets in Salem/Centralia area

Youth and Adult Groups

618-533-0475

aduffy@safecrisiscenter.org

# HOUSING

## Franklin County

### Benton Place Senior Apartment

1501 N Franklin Drive

Benton, IL 62812

618-439-7528

### Franklin County Housing Authority

1007 Fairland Street

Benton, IL 62812

618-439-2601

### Franklin County Housing Authority

302 E Elm Street

West Frankfort, IL 62896

618-932-2124

### Thompsonville Housing Partners

3610 2nd Street

Thompsonville, IL 62890

618-435-4066

## Hamilton County

### Hamilton County Housing Authority

500 S Marshall

McLeansboro, IL 65859

618-643-3265

### Lamplight Manor of McLeansboro

710 S Hancock Street

McLeansboro, IL 65859

618-544-8645

## Jefferson County

### Chesterfield Village Apartments

618-242-7534

### Habitat for Humanity

Mt. Vernon, IL 62864

618-244-0792

### Housing Authority - City of Mt. Vernon

619 Broadway

Mt. Vernon, IL 62864

618-244-6275

### Housing Authority - Jefferson County

109 N Shiloh Drive

Mt. Vernon, IL 62864

618-244-5910

Income based apartments in Mount Vernon, Ina, and Woodlawn

### Rome Meadows

99 Rome Meadows

Dix, IL 62830

618-266-7325

### Willow Springs Apartments

4100 Willow Springs

Mt. Vernon, IL 62864

618-242-4907

100 units; income-based

## Perry County

### Perry County Housing Authority (main office)

120 South Walnut Street

DuQuoin, IL 62832

618-542-5409

### Pinckneyville Gardens

102 E Randolph Street

Pinckneyville, IL 62274

618-357-8113 or 618-357-8631

# HOUSING cont.

## Wayne County

### Wayne County Housing Authority

303 N 1st St

Fairfield, IL 62837

618-842-9008

## White County

### Baptist Children’s Home & Family Services

Safe Families for Children – Southern IL Chapter

949 County Rd 1300 N

Carmi, IL 62821

618-382-4164

618-382-4165 ext 208

### White County Evergreen Acres

180 Haley Drive #Q

Carmi, IL 62821

618-382-4989

### White County Housing Authority

500 Fourth St

Crossville, IL 62827

618-966-3868

## Emergency Housing

### Find a Shelter or Emergency Resource

<https://www.hud.gov/findshelter>

### Family Life Church Shelter

12580 N Sparrow Lane

Mt. Vernon, IL 62864

618-242-2002

<https://familylifemtv.com/>

e-mail: familylifemtv@gmail.com

Cannot be on parole, but can have a background (not a sex offense)

Must attend bible study

### Good Samaritan House – Carbondale

701 S Marion Street

Carbondale, IL 62901

618-457-5794

### Lifeboat Alliance1717 Jefferson St. Mt. Vernon, IL (618) 244 – 4088

They do a background check.

### Lighthouse Shelter

N Madison St

Marion IL 62959

618-993-8180

The Night's Shield (ages 11 -23)
West Frankfort, IL
Phone: (618) 932-6400
[**thenightsshield.org/**](http://www.thenightministry.org/)

### Swan – Olney – Domestic Violence

1114 S West Street

Olney, IL 62450

618-392-3556

Background check, limited stay, serves Jefferson County. Serves Women.

### Southern IL Coalition for the Homeless

1009 W Cherry St, Marion, IL 62959

(618) 993-0094

<https://sihomelesscoalition.org/>

Provides permanent and transitional housing for low income and homeless families and singles. Services are supported by Housing & Urban Development, Department of Human Services and Illinois Housing Development Authority

Services are provided at home visits and at group meetings every other month.

Opportunities for housing are open to all sub-populations, including ex-felons and persons living with HIV/AIDS. Please contact us also for referrals to all other housing programs and services in our 24 county service area.

## Emergency Housing cont.

### Survivor Empowerment Center – Domestic Violence Shelter

Formerly The Women’s Center

610 S Thompson St

Carbondale, IL 62901

800-334-2094 (24 Hour Hotline)

618-549-4807

### Williamson County Family Crisis Center - Herrin

Herrin, IL 62948

618-988-8020

Homeless shelter in Williamson County but not limited to that county, 30 day maximum, men, women, and children

How do I find emergency housing in Illinois?

**Get Help Now**

1. Call 211 to be connected to health and human service assistance. You can also go online to 211.org.
2. Call the Illinois Department of Human Services Help Line at 833-234-6343 to be connected to food, medical, shelter, recovery, and other resources.

(Source: hud.gov)

# LEGAL SELF-HELP CENTERS

The Second Circuit Legal Self-Help Centers were established as a collaboration among the Circuit Court, the Circuit Clerks’ offices, Land of Lincoln Legal Assistance Foundation, the Benton Public Library, the Fairfield Public Library, the C.E. Brehm Memorial Library, the West Frankfort Public Library, the Shawnee Library System, Illinois Legal Aid Online and the Illinois Coalition for Equal Justice.

For additional information, please contact the Office of the Chief Judge, Jefferson County Justice Center, Mt. Vernon, IL. 618-244-8036.

***Franklin County***

West Frankfort Public Library 618-932-3313

Benton Public Library 618-438-7511

<https://www.illinoislegalaid.org/counties/franklin>

***Hamilton County***

McCoy Memorial Library in McLeansboro 618-643-2125

<https://www.illinoislegalaid.org/counties/hamilton>

***Jefferson County***

C.E. Brehm Memorial Library in Mt. Vernon

618-242-6322

<https://www.illinoislegalaid.org/counties/jefferson>

***Perry County***

Pinckneyville Public Library 618-357-2410

DuQuoin Public Library 618-542-5045

<https://www.illinoislegalaid.org/counties/perry>

***Wayne County***

Fairfield Public Library 618-842-4516

<https://www.illinoislegalaid.org/counties/wayne>

***White County***

Carmi Public Library 618-382-5277

Norris City Memorial Public Library District 618-378-3713

<https://www.illinoislegalaid.org/counties/white>

# LEGAL Assistance

Land of Lincoln Legal Assistance Foundation, Inc.

509 S University Ave #100

Carbondale, IL 62901

618-457-7800

800-642-5335

Their mission is to provide eligible low-income and senior residents of central and southern Illinois with high quality civil legal services in order to obtain and maintain their basic needs.

### CASA – Court Appointed Special Advocates

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Notes