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FALL CARNIVAL CREATES A SPLASH

Children of all ages enjoyed games and activities at the Rend Lake College Foundation Children's Center Fall Carnival Tuesday evening, including fishing for ducks and winning prizes. Other activities included a petting zoo, cake walk, face painting and many more. The event helped raise money for the Children's Center and raise awareness of the childcare options at RLC.

CNAs need CEUs: RLC offers them FREE on Oct. 18

REANNE PALMER
RLC PUBLIC INFORMATION

A free CNA (Certified Nursing Assistant) Conference is being held in Rend Lake College's Theatre from 8 a.m. – 4 p.m. Friday, Oct. 18 for those interested in learning more about their field. The conference is the first of its kind at RLC and will feature several sessions and guest speakers. First to speak

will be Phil Gillespie, Ombudsman of Shawnee Alliance for Seniors in Carterville. He will speak about culture change. Speaker Tracy McCord of Hospice of Southern Illinois will follow with a session on hospice care. Three breakout sessions will be available in the afternoon: communication, the language of culture change and hospice case study.

One attendee will be named the 2013 Outstanding CNA Award recipient from a list of nominees of area long-term care facilities at 1 p.m. Door prizes and giveaways will also be featured throughout the conference, and vendors will be on hand to speak to participants. "Rend Lake College is very excited to host the CNA Conference for the first time," said Kim Robert, Dean of Allied Health. "The sessions and guest

speakers will offer a great continuing education event for CNAs who attend, and it's a great way for RLC to stay involved with our students and our community. We're optimistic about the success of the conference and hope to host it every year." Each participant of the conference will receive 0.5 college credits for the day and certification of completion. The CNA Conference is sponsored by

RLC, Certified Nursing Assistant Educator Association and Illinois Nurse Assistant/Aide Training Competency Evaluation Program of Southern Illinois University. To register or for more information, contact the Community and Corporate Education Division at (618) 437-5321, Ext. 1714. Registration can be done beforehand or the day of the conference. Find this event online at www.rlc.edu/events.

RLC Board of Trustees September meeting highlights

FY 2014 budget adopted, tax levy decreases

CHAD COPPLE
RLC PUBLIC INFORMATION

The board adopted the final Fiscal Year 2014 budget, which was provided in tentative form at the August board meeting. A public hearing on the budget was held at 6 p.m., prior to the regular board meeting. There were no comments from the public. In a related action, the board accepted the 2013 tax levy (payable 2014). The levy represents a slight decrease – 0.04 percent – over last year. The Corporate and Special Purpose levy went from \$3,143,098 last year to \$3,003,038 this year, a decrease of 4.46 percent. The Debt Service levy rose from \$1,682,679 last year to \$1,820,902 this year, an increase of 8.21 percent. The total of the two levies dropped slightly, from \$4,825,777 last year to \$4,823,940, a decrease of 0.04 percent. Because the total of the proposed Corporate and Special Purpose and Debt Service levies is not greater than 105 percent

of last year's levy, no Truth in Taxation hearing is required. **TWO NEW EMPLOYEES JOIN COMMUNITY, CORPORATE EDUCATION** The board appointed two people as Administrative Assistants for the Community and Corporate Education Division: • Erin Morris, effective Sept. 23. She holds a Bachelor's Degree in Journalism from Southern Illinois University Carbondale and Associate in Arts and Associate in Science degrees from Rend Lake College. She most recently was a deputy treasurer for Hamilton County. • Whitney Chaudoin, effective Sept. 30. She holds Master's and Bachelor's degrees in Business Administration from McKendree University and Associate in Arts and Associate in Science degrees from Rend Lake College. She most recently served as front office scheduler at Asbery and Associates. In a related action, the board accepted with regret the resignations of Lora Phillips, effective Aug. 18, and Kristy Meagher, effective Sept. 11. Both were Administra-

RLC Board continues on page 2

American Heart Association offers courses at RLC MarketPlace

REANNE PALMER
RLC PUBLIC INFORMATION

More than two dozen training courses in the emergency medical services field are available for students through the American Heart Association (AHA) Training Center at the Rend Lake College MarketPlace in Mt. Vernon. One-day courses are offered in CPR/First Aid, Advanced Cardiac Life Support and Pediatric Advanced Life Support. The courses are all held from 9 a.m. – 5 p.m. at the AHA Training Center. The CPR/First Aid courses are scheduled for Tuesday, Oct. 29; Thursday, Nov. 21 and Tuesday, Dec. 10. This course teaches students to respond to emergencies, such as burns, cuts and other injuries, as well as cardiac and breathing emergencies for adults. Advanced Cardiac Life Support (ACLS) also teaches students to help adults by gaining skills to treat victims of cardiac arrest or other cardiopulmonary emergencies. This course will be held on Monday, Oct. 28; Tuesday, Nov. 19 and Friday, Dec. 6. On the other hand, Pediatric Advanced Life Support (PALS) trains students to respond to emergencies for infants and children. This class meets from 9 a.m. – 5 p.m. on Tuesday, Oct. 22 and Wednesday, Dec. 18. Several two-day courses will also be offered at the Training Center in the RLC MarketPlace: BLS Instructor, PALS Preparatory and ACLS Preparatory. The two day courses last from 9 a.m. – 5 p.m. both days. To become a BLS (Basic Life Support) Instructor, students must learn about life-

adults. **AHA** continues on page 2

RLC celebrates Adult Education and Family Literacy Week

REANNE PALMER
RLC PUBLIC INFORMATION

Rend Lake College is once again celebrating national Adult Education and Family Literacy Week Sept. 23-29 by encouraging adult students to enroll in the GED and other programs. The week is recognized every year across the nation to celebrate adult education and family literacy programs, and the successes and achievements of those students. The programs serve adult students needing to improve upon basic literacy skills, math skills, or oral or written English, and to prepare for a high school equivalence degree, community college or vocational training. "Throughout the year, the Adult Education staff

works closely with community partners to ensure that class locations and times meet the needs of the students," said Christina Hutcheson, Director of Adult Education at Rend Lake College. "Our classes are all about meeting students where they are, both geographically and academically. We want to help students get on the road to their future. A GED certificate is not the end, it is only the beginning of their journey." Some of the community partners include the Department of Human Services, the United Methodist Children's Home, local public schools and Head Start programs, and many others. These partners work with RL to refer students, **Literacy** continues on page 3

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New library items

The Rend Lake College Learning Resource Center recently added these items:

- "Hammer and the Anvil: Fredrick Douglass, Abraham Lincoln and the End of Slavery in America"
- "Republic of Suffering: Death and the American Civil War"
- "From Bloody Shirt to Full Dinner Pail: the Transformation of Politics and Governance in the Gilded Age"
- "Opening Minds: Using Language to Change Lives"
- "Assessing Critical Thinking in Middle and High School: Meeting the Common Core"
- "Teaching Students to Dig Deeper: the Common Core in Action"
- "Supporting Online Students: a Guide to Planning, Implementing, and Evaluating Services"
- "Hating Perfection: a Subtle Search for the Best Possible World"
- "Land of Lincoln, the Wondrous Story: Through

- the Eyes of the Illinois State Society"
- "When the United States Invaded Russia: Woodrow Wilson Siberian Disaster"
- "Shifting Instruction to Meet Fewer, Clearer, and Higher Expectations: a Handbook for Leaders"
- "Using Rigor and Relevance to Create Effective Instruction: a Handbook for Teachers"
- "Leveraging Formative Assessment to Improve Instruction: a Handbook for Teacher"
- "Roger Williams and the Creation of the American Soul: Church, State, and the Birth of Liberty"
- "Harry S. Truman: Continuity and Change"
- "Year in the Life of a Duchess: Catherine, HRH the Duchess of Cambridge"
- "This is How: Surviving What You Think You Can't"
- "Confessions of a Public Speaker"
- "From Suffrage to the Senate: America's Political Women: an Encyclopedia of Leaders, Causes, and Issues" (Reference)

Board continued from page 1

tive Assistants for the Community and Corporate Education Division, necessitating the hires of the new employees. Phillips resigned to become RLC's new Medical Coding Instructor.

TWO INSTRUCTORS JOIN FACULTY RANKS

Two new instructors were appointed:

- Lora Phillips, Medical Coding Instructor, on a temporary full-time basis effective Aug. 19. She has a Bachelor of Science Degree in Health Information Management from Illinois State University and Associate in Arts and Associate in Science degrees from Rend Lake College. She has served as an adjunct instructor for RLC and most recently was an administrative assistant in the Community and Corporate Education Division.
- Melissa Bertschi, Cosmetology Instructor, effective Sept. 1. She holds a Cosmetology Instructor certificate and Associate in Arts and Associate in Science degrees from Rend Lake College, and a Cosmetology certificate from Kaskaskia College. She has worked as an adjunct instructor and as service desk leader in RLC's Cosmetology program.

HILL-STOVER TAKES REINS OF AHEC

The board employed Kelli Hill-Stover as Director of the Area Health Education Center on a temporary full-time basis effective

Sept. 23. She earned a Bachelor of Science Degree in Sociology from the University of Southern Indiana and recently was a project coordinator for Hamilton Memorial Hospital / Southern Illinois Rural Health Workforce Development.

WAGNER TO HEAD UP AMERICORPS

Appointed Margo Wagner as Director of Land of Lincoln AmeriCorps effective Sept. 23 and approved a revision to the accompanying job description. Wagner holds a Master of Science Degree in Educational Administration from Eastern Illinois University and a Bachelor of Science Degree in Elementary Education from Southern Illinois University. She has served as principal of Selmaville School District 10 and curriculum Director at Bluford Community Consolidated District 114.

BRADEN TRANSFERS TO STUDENT SERVICES

Created an additional Records Specialist position and transferred Summer Braden to that position effective Sept. 20. Braden previously had served as Administrative Assistant to the Applied Science and Technology Division.

NORTH OASIS ROOF REPLACEMENT PROJECT GOES TO ICCB

Granted permission to submit to the Illinois Community College Board a Protection, Health and Safety Project application for replacement of the EPDM roof on the North Oasis. The project is expected to exceed the \$50,000 limit set by ICCB

guidelines and must be let for bids.

In other business, the board ...

- Approved revisions to board policy and procedure regarding Drug and Alcohol Free Workplace (second reading).
- Authorized the destruction of closed session tapes having been held for more than 18 months, in accordance with the Illinois Open Meetings Act.
- Approved revisions to board procedure concerning employee selection and responsibilities for the selection process to reflect the current organizational chart.
- Approved creation of board policy and procedure concerning employee background checks (first reading).
- Approved revisions in salary regarding three employees.
- Approved the termination of employment of a maintenance technician.
- Mark your calendars ...**
- RLC Foundation Golf Outing, Thursday, Sept. 19, Rend Lake Golf Course, noon shotgun start.
- Fun Fest, Noon-3 p.m. Wednesday, Sept. 25, RLC Campus.
- RLC Foundation Scholarship Dinner, 5 p.m. Monday, Oct. 14, Rend Lake Resort.
- Rend Lake College CNA Conference, 8 a.m. to 4 p.m. Friday, Oct. 18, RLC Theatre.
- Halloween Concert and Party, Tuesday, Oct. 29; 6 p.m. concert in the Theatre, 7 p.m. party in the Student Center.

AHA continued from page 1

threatening emergencies and how to respond, including the uses of CPR and first aid. The course will meet on Wednesday, Nov. 20 and Thursday, Nov. 21.

Students interested in continuing to help infants and children can take the PALS Preparatory course to become recertified. The class meets on Wednesday, Sept. 25 and Thursday, Sept. 26; and Tuesday, Nov. 12 and Wednesday, Nov. 13.

Likewise, students needing recertification in Advanced Cardiac Life Support for adults can take the ACLS Preparatory course. The class meets four times this fall: Wednesday and Thursday, Sept. 18-19; Monday and Tuesday, Oct. 7-8; Wednesday and Thursday, Nov. 6-7 and Thursday and Friday, Dec. 12-13.

There are also two three-day courses available for students with the dream to become the instructor. The courses meet from 9 a.m. – 5 p.m. all three days. PALS Instructor training meets Tuesday through Thursday, Sept. 24-26; and ACLS Instructor training meets Tuesday through Thursday, Nov. 5-7.

To register for one of the trainings above, contact the AHA Training Center at (618) 437-5321, Ext. 2032 or by email at myers@rlc.edu.

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Nathan Wheeler, Editor, Rend Lake College

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To place an advertisement, call 246-2000

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BY MARIALISA CALTA

Diane Cowen lives a double life. As an editor at the Houston Chronicle, she oversees both the Religion and the Food sections. Her professional lives converged in a new book, "Sunday Dinners: Food, Family, and Faith from Our Favorite Pastors" (Andrews McMeel, 2013). Certainly, most parents of teenagers can understand Pastor Ron Carpenter, of the Redemption World Outreach Center in Greenville, S.C., when he speaks of Sunday dinners as a way to enjoy his children while they're still home. "We won't have these times forever, so let's enjoy them now," he tells Cowen.

Pulled pork tacos & southern fried apples

"My youngest is a freshman in high school, and for the next four years I'm going to milk every moment I can." Amen to that.

PULLED PORK TACOS

Yield: 10 servings
3 pounds boneless Boston butt pork roast
1 (28-ounce) can whole fire-roasted tomatoes
1 (14-ounce) can crushed fire-roasted tomatoes
1 chipotle pepper (see note)
1 T. adobo sauce (see note)
1 medium-size yellow onion, minced
2 tsp. salt
1/2 tsp. freshly ground black pepper
1 tsp. dried oregano
2 bay leaves
For serving:
Corn or flour tortillas
Sour cream
1 bunch fresh cilantro,

chopped
Shredded Cheddar or Monterey Jack cheese
Lime slices
Put the pork roast in a slow cooker, then add both cans of tomatoes.
Mince chipotle pepper and add it and adobo sauce to slow cooker. Add onion, salt, pepper, oregano, and bay leaves. Cover slow cooker and cook on high for 4 hours or on low for 8 hours.
Remove the roast from the slow cooker and place it in a shallow baking dish or on a cutting board. Remove any excess fat, then pull the meat apart using two forks.
Serve the pulled pork on tortillas with sour cream, cilantro, cheese, and the juice from the lime slices.
Note: Chipotle peppers are smoked jalapeños, often sold canned in a spicy adobo sauce in the aisle of the

supermarket where Mexican foods are sold. Covered and refrigerated, the unused portion of chilies and adobo will last indefinitely.
SOUTHERN FRIED APPLES
Yield: 6 servings
8 medium Granny Smith apples
4 T. (1/2 stick) butter
1/2 cup firmly packed brown sugar
1/2 tsp. ground cinnamon
1/8 tsp. grated nutmeg
Quarter and core the apples and chop into bite-sized pieces.
Melt the butter in a heavy skillet over medium-low heat. Add the brown sugar, cinnamon and nutmeg. Add the apples and gently toss until they are coated in the brown sugar mixture. Cook for 15 to 20 minutes, stirring occasionally, until tender. Serve as a side dish.

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Thank you ...

*to everyone who helped in making the 2013
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— Fundraiser made \$8,000.00! —*

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We apologize if we have failed to recognize anyone's contribution to the success of the fundraiser. We appreciate the contributions of the community, past students and supporters of the One Room School.

Thank you to everyone that has made pictures available to the Committee of the Omega One Room School.

~~~~~ UPCOMING EVENTS ~~~~~

donors and recipients, and to celebrate the generosity of new and existing supporters of scholarships at RLC. For more information, contact the RLCF at (618) 437-5321, Ext. 1214 or 1324.

INA, Ill. - Rend Lake College will host its first ever CNA Conference from 8 a.m. to 4 p.m. Friday, Oct. 18, in the RLC Theatre. The event is packed with speakers and education about nursing topics. CNAs who attend will earn 6 CEUs and 0.5 college credits. For more information, contact RLC Allied Health at 618-437-5321, Ext. 1251.

Show on Saturday, Oct. 19 at the Ina Campus. Registration takes place from 9 a.m. to noon with judging starting at 11 a.m. and trophy presentations at 2 p.m. It's \$10 to register. Dash plaques will be handed out to the first 125 entries. High school students who attend will automatically qualify for a scholarship to RLC's Auto Tech program. Event t-shirts will be on sale. The event will also feature a swap meet, kids activities and food by RLC Culinary Arts. The event is free for the public to attend. All details are online at www.rlc.edu/carshow.

INA, Ill. - A Halloween Concert and Costume Party will take place Tuesday, Oct. 29 at Rend Lake College.

The concert begins at 6 p.m. in the Theatre and features RLC students performing Halloween selections. The costume party will start at 7 p.m. in the Student Center and features refreshments, a DJ and dancing, and photographs. For more information, contact RLC Liberal Arts at (618) 437-5321, Ext. 1263 or 1790.

Do you have a local event you would like added? E-mail the who, what, when and where to newspaper@rlc.edu and we'll get it in.

Jobs at RLC

As of Sept. 23, Rend Lake College was seeking candidates for the following positions:

- Computer Technician Specialist (Part-Time)
- Administrative Assistant for the Applied Science & Technology Division (Full-Time)
- Records Specialist (Full-Time)
- Instructors in Math & Sciences at the Pinckneyville Campus (Part-Time)

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IN GOOD HANDS



Kelly Brinson receives a free hand massage from Rend Lake College Studio RLC student Tammy Smith during the RLC MarketPlace Open House. Other RLC programs and businesses offered free activities, giveaways and prizes throughout the evening. (ReAnne Palmer / RLC Public Information)

GAME ON



Silas Stachyra plays bean bag toss at Rend Lake College's Project CHILD office during the RLC MarketPlace 12th Anniversary Open House in Mt. Vernon. Project CHILD had a number of game and activities set up for children and information for adults. (ReAnne Palmer / RLC Public Information)

FUN AT THE ICE FAIR



Nick Villani, LEFT, and his father Hank speak to representatives from Columbia College Tuesday evening at the Illinois College Exposition Fair, held in Waugh Gymnasium at Rend Lake College in Ina. Hundreds of students and parents attended the event to get up close and personal with more than 40 colleges and universities from across the country.

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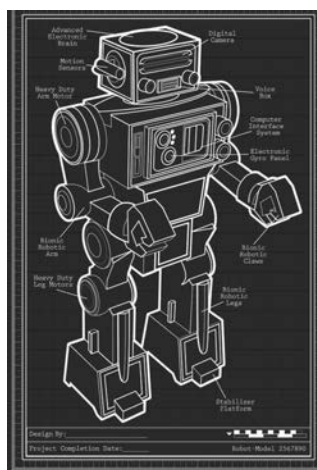
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Google begins barring browser plug-ins from Chrome

BY STEPHEN SHANKLAND
 (SOURCE: CNET-NEWS)

Reliant on plug-ins like Silverlight, Unity, and Java? Make plans to move on or change browsers, because most plug-ins will be banned from Chrome in the next year.

In case it wasn't clear before, a Google decision has shown the writing is on the wall for plug-ins such as Java and Silverlight that for years have been used to extend what browsers can do. Starting in January 2014, Google will ban all but the most widely used browser plug-ins in favor of programming methods that use standards built directly into the Web, Chrome security engineer Justin Schuh announced in a blog post (Sept. 23). And those plug-ins will be barred "over the coming year," he said. Most Chrome plug-ins (not to be confused with the lighter-weight add-on option called extensions)

use a technology that pre-date Google's browser by years: the Netscape plug-in application programming interface, or NPAPI. Chrome, unique among browsers, has a second interface called Pepper (PPAPI) that isn't affected by the change — and that's how Google connects Adobe Systems' Flash Player, by far the most widely used plug-in. The move is the newest step to move beyond an earlier era of browser development, when Internet Explorer 6 ruled the roost and much online innovation moved to plug-ins such as Flash Player. Microsoft already banned most plug-ins from Internet Explorer when running in Windows 8's newer touch-focused interface. "The Web has evolved. Today's browsers are speedier, safer, and more capable than their ancestors," Schuh said. "Meanwhile, NPAPI's '90s-era architecture has become a leading cause of hangs, crashes, securi-

ty incidents, and code complexity. Because of this, Chrome will be phasing out NPAPI support over the coming year." The company said it will "temporarily whitelist" these popular plug-ins on Chrome to run through NPAPI starting in January 2014: Silverlight (which Google said was launched by 15 percent of Chrome users in the last month, though not necessarily used by them), Unity (launched by 9.1 percent), Google Earth (9.1 percent), Java (8.9 percent), Google Talk (8.7 percent), Facebook Video (6.0 percent). And of that list of most-popular NPAPI plug-ins, Java is already blocked by default for security reasons. Microsoft chose to enable Flash Player in Windows 8 through an exceptional procedure. Google also gets some special favors of its own, Google's PDF reader and Native Client plug-ins also use the Pepper API.

Literacy continued from page 1

host class sites and provide services to the students. Adult education programs

nationwide are aimed at the 93 million American adults who have basic or below basic literacy skills that limit their ability to advance at work and in education, help their children with school work, take care of their family's health and participate in their communities. In addition to helping those students, adult education programs promote economic opportunity by giving students access to higher-paying jobs, providing options to become economically independent and improving opportunities for themselves and their children. Research suggests that

a high school diploma could amount to more than \$250,000 per graduated student over a lifetime, yet there are 1.3 million high school dropouts annually. To worsen that statistic, by 2018, approximately 63 percent of jobs will require a postsecondary education, adding to the amount of schooling an individual may need to be successful. Last year, Rend Lake enrolled 212 students in the GED program. Seats are open for this year's program, which will begin enrolling Oct. 21. For questions or to enroll in RLC's program, contact Christina Hutcheson at (618)437-5321, Ext. 1220.

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MAKING SENSE OF INVESTING



ATHLETICS

W S E C T I O N

Lady Warriors finish top 10 at USI Golf Classic

REANNE PALMER
RLC SPORTS INFORMATION

The Rend Lake College Lady Warrior golf team finished 10th this week out of 13 at the two-day Screaming Eagle Golf Classic at Cambridge Golf Course on Sept. 17 in Evansville, Ind.

The golfers held 10th place through both days and ended the tournament with a 676 (335-341).

The University of Indianapolis placed first with a team score of 608 (300-308) and the tournament host, Southern Indiana University, placed second at 619 (312-307).

The Lady Warriors were led by freshman Kaylyn Fuhrhop (Okawville) who finished with a 162 (80-82), closely followed by fellow freshman Ashley Sexton (Anderson, Ind.) at 163 (82-81).



Kaylyn Fuhrhop

The five-player team was rounded off by freshman Madison Burgett (Charleston) with a 174 (86-88), freshman Emily Thomas (Moline) with a 177 (87-90), and sophomore Kylee Henager with a 184 (93-91).

As an individual, freshman Katie Garver (Campbell Hill) finished the tournament with a score of 180 (93-87).

Other local teams participating in the tournament were Lindenwood University, who placed seventh with a score of 646 (328-318), and John A Logan College, who placed eighth with a score of 649 (323-326). For the full results of the tournament, go online to <http://gousieagles.com/custompages/wgolf/stats/2013-14/1-usi.pdf>.

The Lady Warriors will play Thursday at the Rend Lake College Foundation Golf Tournament at the Rend Lake Golf Course in Whittington. They will end their season with the Kaskaskia Fall Invitational at Greenview Golf Course in Centralia on Sept. 27 and at the Ashford Tournament at Short Hills Golf Course in East Moline on Sept. 30 and Oct. 1.

For all things athletic at The Lake, visit RLC online at www.rlc.edu/warriors.



2013-14 RLC WOMEN'S GOLF — Members of the 2013-14 Women's Golf Team at Rend Lake College are, **KNEELING, FROM LEFT: Kaylyn Fuhrhop (Okawville), Ashley Sexton (Anderson, Ind.) and Madison Burgett (Charleston). STANDING, FROM LEFT: Katie Garver (Campbell Hill), Emily Thomas (Moline) and Kylee Henager (Mount Carmel).** The Lady Warriors are coached by Cindy Corn. (Photo by Nathan Wheeler / RLC)

RLC Athletics seeking men's basketball alumni to join celebration

REANNE PALMER
RLC SPORTS INFORMATION

Rend Lake College's Athletic Department is searching for men's basketball alumni to participate in an Alumni Game on Sunday, Nov. 17 as a part of an alumni weekend celebration.

RLC Athletic Director Tim Willis said that several alumni have already shown interest in taking to the court to play

with and against one another once more. He added that more alumni are needed to make teams.

The Alumni game would take place at 12:30 p.m. Sunday, and will be followed by the Warrior's game against Illinois Central College at 3 p.m. The Warriors 2013 Championship banner will be unveiled before the start of the 3 p.m. game.

On Saturday, Nov. 16,

alumni and a guest are invited to attend a catered dinner and presentation at the Rend Lake Resort, sponsored by the RLC Foundation. Details of the dinner will be released at a later date.

Those interested in attending the weekend or playing in the Alumni Game should RSVP to the event by visiting RLC's website at www.rlc.edu/basketball-event-rsvp.

BCHS Class of '93 registering now for Oct. 5 Fun Run at RLC

REANNE PALMER
RLC SPORTS INFORMATION

With a registration deadline in sight and race day coming fast, members of Benton Consolidated High School (BCHS) Class of 1993 are making final plans for the fundraising event to honor three fallen classmates in the form of scholarships for Rend Lake College students.

The 5K Fun Run/Walk and Kid's Run is scheduled to begin with registration at 8 a.m. Saturday, Oct. 5, at RLC's Hitting Zone at the Ina campus. The race itself will start at 9 a.m.

Cindy Ward, one of the event organizers and graduate of the BCHS Class of 1993, said that the registration deadline is Saturday, Sept. 21 for those wanting event T-shirts, though runners and walkers can register the day of the event as well.

The Fun Run is open to everyone, from walkers to runners of all ages, and even those with strollers. There will be a one-mile kid's run following the 5K at 10 a.m. for children ages 12 and younger. Centre Stage Dance Studio of Mt. Vernon will also be on-hand to perform.

"The Class of 1993 understands that homecoming weekend is a busy time for students and parents, but we appreciate everyone who is working hard to raise money in the memory of some great classmates," said Ward. "We encourage any BCHS and RLC students and teachers, past and present, to come enjoy the morning with us."

So far, the event has already raised \$2,200 in sponsorships from local businesses and individuals. Ward said that she hopes the event will bring out lots of runners and more sponsorships in the form of teams to help future RLC students.

"We're trying to cut all costs so every sponsor donation can go straight to the scholarships," she said. "Although our window for sponsors is closed, businesses can participate by entering walkers and runners. Teams can wear company logos during all of the events."

Ward added that the \$2,200 will go toward three scholarships with the RLC Foundation for BCHS students. The scholarships will be awarded for the fall 2014 academic year.

"We would love if the recipients have a field related to our classmates," said Ward. "Ann Parker studied

early childcare; Josh Odom studied agriculture, and did cross country in high school; and since Tammy Shockley passed away before she could enter college, we could give one to a general education recipient."

To register for the Fun Run, log on to www.runningintheusa.com and search for the event by date, location or name. Fees for the race will be accepted online as well. Registration also will be held the morning of the event, starting at 8 a.m.

The registration fees include an event T-shirt, costing \$20 before Sept. 21. Those who wait to register after Sept. 21 are not guaranteed a T-shirt for their \$25 payment. Shirts will be available on a first-come, first-serve basis at the event.

T-shirts also are available for the Kid's Run registration, costing \$10 before Sept. 21 and \$15 afterward and on race day. Checks can be made payable to the BCHS Class of '93 Memorial Scholarship Fund.

For more information about the BCHS Class of 1993 5K Fun Run/Walk and Kid's Run, check out the BCHS Class of '93 Memorial Scholarship Fun Run Facebook Page.

FREE Saturday Workshops for Science & Math Teachers, Grades 4-12: The Illinois Petroleum Resources Board (iprb.org) in association with participating community colleges and the Illinois Science Teachers Association are offering this free program at the following community colleges.

- Each teacher completing the workshop will take home class curriculum & classroom activity kit worth approximately \$500 and CPDU/CEU credits.
- All classes are 8am to 4pm
- Lunch will be provided
- Class sizes limited!
- Register Early!

Register at: www.iprb.org (click on the red box)

CLICK Date to Register	Location	Workshop Topics
September 21	Rend Lake College 468 N Ken Gray Parkway Ina, IL 62846	1) Core Energy High School Science - Room SCI 109 2) Elementary Petro Science w/Math Component - Room SCI 108
September 28	Olney Central College 305 N West St. Olney, IL 62450	1) Core Energy Middle/High School Math -Ww Hall Room 102 2) Middle School Petro Science - Ww Hall Room 303
September 28	Kaskaskia College 27210 College Rd Centralia, IL 62801	1) Core Energy High School Science - Room ST 108 2) Core Energy Middle/High School Math - Room ST 113
October 5	Lincoln Trail College 11220 St Hwy 1 Robinson, IL 62454	1) Core Energy High School Science - Williams Hall Room 109 2) Core Energy Middle/High School Math - Williams Hall 114
October 12	Wabash Valley College 2200 College Dr. Mt. Carmel, IL 62863	1) Middle School Petro Science - Room SCI 49 2) Elementary Petro Science w/Math Component- Room SCI 61
October 19	Rend Lake College 468 N Ken Gray Parkway Ina, IL 62846	1) Core Energy Middle/High School Math - Room SCI 116 2) Middle School Petro Science - Room SCI 117
October 19	Southeastern IL College 3575 College Rd. Harrisburg, IL 62946	1) Core Energy High School Science - A133 Lab 2) Elementary Petro Science w/Math Component - Room B137
October 26	Kaskaskia College 27210 College Rd. Centralia, IL 62801	1) Middle School Petro Science - Room ST 101 2) Elementary Petro Science w/Math Component - Room ST 113
November 2	To be announced	1) Middle School Petro Science - 2) Elementary Petro Science w/Math Component -

Math & Science Teachers - teaching grades 4-12 register at iprb.org
Note: Current schedule. Please check iprb.org for updates.



Tennis teammates play one another at Benton Tournament

REANNE PALMER
RLC SPORTS INFORMATION

Rend Lake College women's tennis players went head-to-head with each

other at the Benton Pizza Hut Open Tournament, Sept. 14 and 15 in Benton. Marisa Uhls (Mt. Vernon) defeated teammate Evelyn Mendez (West City) in sin-

gles play. Mendez later teamed up with player Paige Hutchcraft (Whittington) to defeat Uhls and Katie Wall (Mt. Vernon) in doubles play.

Coach Dave Junkins said that the tournament was a good opportunity for the girls to play one another, something that doesn't happen too often in the season.

"My players were in an open draw and played various players not in a team event," he said. "It was still a good win for us all."

For all things athletic at The Lake, visit RLC online at www.rlc.edu/warriors.

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