



# CLOCKTOWER CHRONICLE

## RLC Culinary Arts invites guests to try its bold, new Warrior Showcase, running March to May

**R**end Lake College Culinary Arts will host its first-ever Warrior Showcase from March 20 to May 10 in the RLC Student Center. It is perhaps the most thorough, hands-on experience ever introduced to students in the popular program at the college in Ina.

The Warrior Showcase will run like a restaurant. Rend Lake's fantastic learning lab facilities make this possible with a bi-level kitchen and complete dining room. Students will work in all roles — from executive chef, sous chef and more in the kitchen, preparing dishes from appetizers to desserts; to Maitre D', server and runner, overseeing the front of the house and making sure customers have a great dining experience.

"These are students in our Banquet and Dining Room Management, and Restaurant Operations classes," explained RLC Culinary Arts Lead Instructor Robert Wilson. "Their training up to this point has prepared them for this test and I can't wait to share the experience with them."



**BE OUR GUEST** — Travis Arnold, a former student in Rend Lake College's Culinary Arts Program, gets ready for one of the college's fine dining events last year. Students in the program are putting things in gear for the Warrior Showcase, a must-taste dining experience that runs March 20 through May 10. Reservations can be made by calling (618) 437-5321, Ext. 1714.

**Showcase** ..... continues on page 3

## RLC taking part in National Library Week

**A**s spring quickly approaches, many events will be taking place on the Rend Lake College campus, including National Library Week. The RLC Learning Resource Center plans to celebrate this occasion in April from the 15-19. As the primary source for research information, as well as being a quiet place to study, the LRC offers many services to the RLC campus and community.

Some of the services include access to an open computer lab, copying and printing, books and newspapers, along with the electronic library, which includes e-books, online articles, reference tools and reference help.

Beth Mandrell, reference librarian, says "The LRC is the biggest resource for scholarly research."

Andrea Witthoft, vice president of institutional effectiveness, said "Libraries are champions for open access to whatever you need and protect privacy of using those resources." "Families can go to a library without spending any money and they are important for academic use," Added Sandy West, coordinator of technical services and collection management.

As part of the celebration for National Library Week, Studio RLC will be offering free hand massages from 10 a.m. to noon



**Michelle Hays, an elementary education major from Ina, gets some work done in the quiet of the Rend Lake College Learning Resource Center. The LRC is celebrating National Library Week April 15-19. It's a great time to find out what the LRC offers students and the community. (Photo by Malory Paisley/Clocktower Chronicle photographer)**

and 1-3 p.m. on Wednesday, April 17 in the LRC seating area.

"We will also involve the Children's Center by reading a special book for story time that week," said Mandrell.

"National Library Week allows us to take pride in our services and helps create awareness to what libraries mean in our nation," added Mandrell.

Whether using the LRC's ser-

vices frequently or just passing through to get to a class, students should remember the LRC staff is there to help with finding or ordering any resource materials one may need.

The LRC is open from 7:45 a.m. to 8 p.m. Monday through Thursday and from 7:45 a.m. to 4 p.m. on Friday. It is closed Saturday and Sunday.

- Beka Kash

## INTO the WOODS

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Sierra Harrell - Rapunzel  
Emily Hoffman - Sleeping Beauty  
Veronica Justice - Little Red  
Jay Meagher - Cinderella's Prince  
Levi Overturf - Wolf  
Devin Riley - Steward  
Laura Saxton - Lucinda  
Krystal Schuch - Granny  
Kathleen Sledge - Jack's Mother  
Cale Smith - Narrator/Mysterious Man  
Christine South - Florinda  
Kenzey Stanley - Cinderella's Stepmother  
Troy Stickel - Jack  
Emily Wells - Cinderella  
Angie Youroukos - Snow White

\$12 per ticket

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x1467

## RLC Offers Painting Class

**R**end Lake College Community and Corporate Education is offering a short-term painting class on the main campus in Ina.

Painting Made Easy will be held from 6:30 — 8:30 p.m., Mondays, April 15 through May 6. Participants can learn the "One Stroke" painting technique from a certified instructor. This class is for beginners, as well as expert decorative painters, and will teach basic techniques, combination strokes, insider tips, and more. Students will complete

their very own masterpiece to take home at the end of class. Supplies will be purchased from the instructor the first night of class for a \$15 fee. The registration fee is \$50.

For more information or to register, call RLC Community and Corporate Education at 618-437-5321, Ext. 1267 or 1714 or toll-free at 800-369-5321, Ext. 1267 or 1714. Make contact by e-mail at [CommCorpEd@rlc.edu](mailto:CommCorpEd@rlc.edu).

- RLC Public Information

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**RLC Criminal Justice student Staci Johnson fires her weapon during a qualifying exercise one morning at the Police Department's shooting range in Mt. Vernon. Rend Lake's Community and Corporate Education department is offering an \$89 women's self defense and handgun safety course in two sessions on April 20 and 27. Leading the training are RLC's instructor Ron Meek and MVPD's Capt. Jeff Bullard. Call (618) 437-5321, Ext. 1267 to register.**

## RLC Offers Women's Self-Defense and Handgun Safety Course in Mt. Vernon

**R**end Lake College Community and Corporate Education will be offering a class on women's self-defense and handgun safety at the Rend Lake College MarketPlace in Mt. Vernon.

Women's Self-Defense and Handgun Safety will be held

from 8 a.m. to noon on Saturdays, April 20 and 27. This class will focus on basic self-defense skills, safe gun handling, and basic marksmanship. After teaching the types and functions of different handguns, RLC Criminal Justice Instructor Ron Meek and Capt. Jeff Bullard of the Mt. Vernon

Police Department will help students learn how to maximize ability to deliver accurate hits with a handgun.

The class will also cover weapons presentation, ready positions, loading and unloading, malfunction clearances, carry positions, and more. The first session will be held at the

RLC MarketPlace in Mt. Vernon in Room 343 and the second session will be held at the police shooting range in Mt. Vernon.

Handguns and supplies will be provided. Participants must be at least 21 years old. The registration fee for the course is \$89.

For more information, or to register, call RLC Community and Corporate Education at 618-437-5321, Ext. 1267 or 1714 or toll-free at 800-369-5321, Ext. 1267 or 1714. Make contact by e-mail at [CommCorpEd@rlc.edu](mailto:CommCorpEd@rlc.edu).

- RLC Public Information



# ATHLETICS

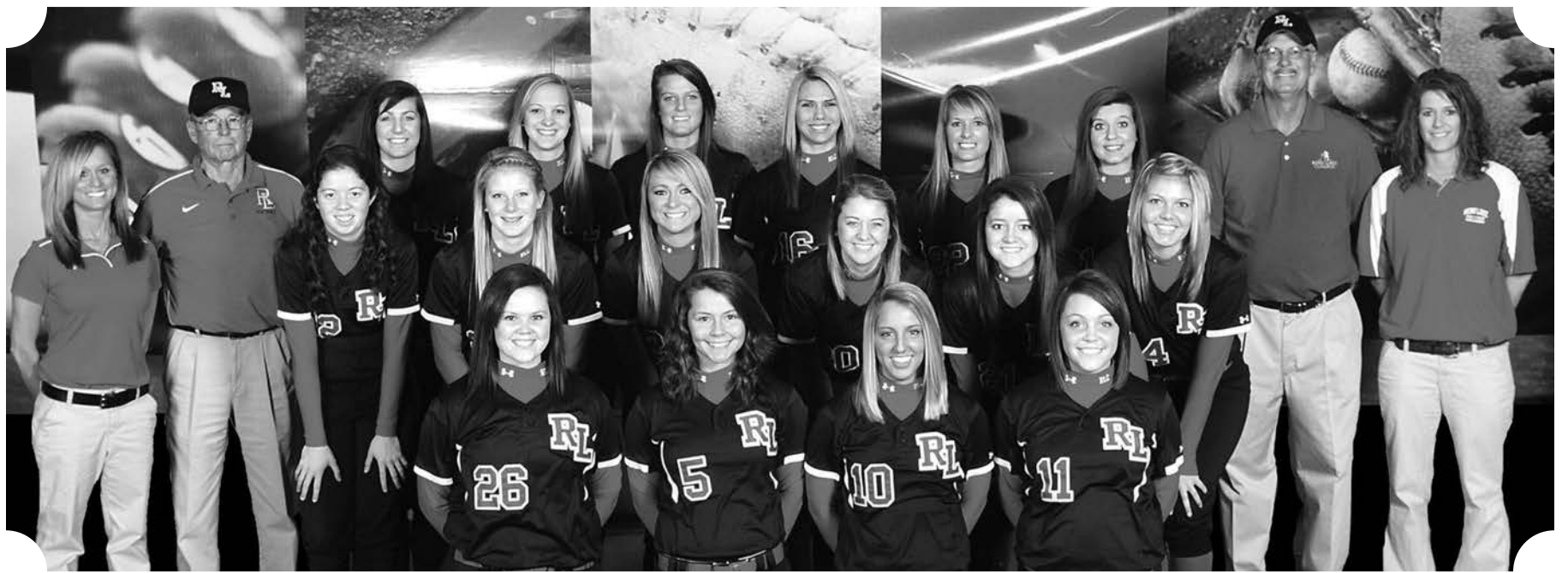
## W S E C T I O N S

### Lady Warriors softball wins fourth straight, back to .500

Rend Lake College softball wrapped up its spring break trip to Florida on March 15 with a shutout sweep of Carl Sandburg College, 3-0 and 5-0. The Lady Warriors finished 5-3 in the Sunshine State's University of West Florida Spring Fling in Pensacola.

It improved to 5-5 with the sweep on Friday - its fourth straight win. RLC lost two to Lincoln University (Mo.), 2-1 and 7-2, on Tuesday; split with Black Hawk College, 1-0 and 8-2, on Wednesday; and swept Southeastern Illinois College, 6-3 and 7-3, yesterday. The 1-0 win over Black Hawk was in walk-off fashion and was the highlight of the trip, according to Head Coach Dave Ellingsworth. Taylor Cheek (Pinckneyville, Ill.) hit a two-out single to score Molly Whaley (Benton, Ill.) who had walked earlier in the inning.

Fellow Benton native Amanda Holloway threw the first shutout against Carl Sandburg today. Holloway threw all seven innings - striking out three, walking three, and giving up five hits.



Rend Lake College 2012-2013 Women's Softball Team

She finished 3-1 at the Spring Fling. In the second game, it was Erica Wilson (O'Fallon, Ill.) getting the shutout win. She also went all seven innings. Wilson struck out one, walked three and gave up three hits. Hitting was spread around the lineup in both games today, according to Ellingsworth. Besides fresh-

man Fallon Clayton (Anna, Ill.) at the lead-off spot, Ellingsworth has been experimenting with his lineup. Three players have hit cleanup so far — Breanne Pelker (Nashville, Ill.), Whaley and Taylor Thomas (Arcola, Ill.). "That's one thing good about this whole trip. Everybody contributed," said Ellingsworth. Thomas strained a quad

against Black Hawk. Ellingsworth is hoping she will be out for only about a week. "She was walking on it pretty good today, but walking on it and playing on it are two different things," he said. In three of its last four wins, Rend Lake has scored all or most of its runs in one inning. "We would have runners

on base but we just couldn't drive them in. I don't really like that, but we are scoring a lot of runs, so you kind of have to like it. I told them, you have to have that killer instinct where you just jump on them." RLC's next opportunity is

Tuesday, March 19, at home, against Kaskaskia College. The first pitch is scheduled for 2 p.m. For all things athletic at The Lake, visit RLC online at [www.rlc.edu/warriors](http://www.rlc.edu/warriors). - Nathan Wheeler

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We need your response

St. Theresa School, currently K-8 located at 190 N. Ohio St., Salem, IL, is exploring interest in an all day Pre-school for 3 and 4 year old children. Regular hours of operation would be 8:00 am - 2:45 pm, Monday through Friday. This program would begin in the Fall of 2013. Full day and half day pre-school options would be available in a safe, Christian environment with a focus on preparing children for kindergarten. Extended hours of care after 2:45 pm would also be available for a nominal fee.

For more information and to verify interest, please call 548-3492 or email [sttheresaparish@hotmail.com](mailto:sttheresaparish@hotmail.com).

Contacting us is not considered registering, but simply letting us know of your possible interest. Deadline to respond is April 1st.

We are eager to hear the level of community interest so that a final decision can be made. Thank you.

### SALEM BOARD OF POLICE COMMISSIONERS ACCEPTING APPLICATIONS FOR POSITION OF PATROLMAN FOR THE SALEM POLICE DEPARTMENT

Applicants must be a high school graduate or G.E.D. equivalent, over 21 years of age; and must be under 35 years of age at the time of the written examination and posting of eligibility register, unless proof of employment as a full-time police officer or has served as an auxiliary police officer for a minimum of 5 years and under 40 years of age. Copies of following documents must be submitted with completed application:

1. High school diploma, or its equivalent
2. Military discharge - Form DD-214, if applicable
3. Certified copy of birth certificate
4. Associate or Bachelor Degree, if applicable

Applications may be picked up at Salem Police Department, 201 S. Rotan, must be returned to Salem City Hall, attn: Jane Marshall, City Clerk, 101 S. Broadway, Salem, IL 62881, on or before 5:00 p.m. Wednesday, April 3, 2013.

**SALEM BOARD OF POLICE COMMISSIONERS**  
 William R. Vogt, Chairman  
 Michael Phillips and Lynn Gardner

# Warriors make All-Region Team

Rend Lake College student-athletes Cortez Macklin and Bronson Verhines have been selected to the NJCAA DII All-Region XXIV Team for basketball.

Macklin, a freshman guard from Louisville, Ky., averaged a team-high 13.7 points per game and shot 67.5 percent from the free-throw line and 44.4 percent from the field. Macklin also led the team in three-pointers made per game, and averaged 3.5 rebounds, 1.7 assists and 1.2 steals per game.

Verhines, a sophomore forward from Woodlawn, Ill., led the Warriors in rebounds and blocks per game with 8.1 and 1.9, respectively. Verhines averaged 9.5 points per game, and shot 52.8 percent from the field and 60.3 percent from the free-throw line. His brother, Dawson Verhines, also plays for the Warriors.

Joining them on the All-Region team are Region XXIV Player of the Year Chris Whitehead of Danville Area Community College, Derek Shouse of DACC, Brad Hamilton of John Wood Community College, Dominique Walls of Parkland College, Aaron Simpson of Lincoln College, Ronnie White of DACC, Sam Feehan of Illinois Central College, A'Darius Porter of John Wood, Marcus Graham of



Cortez Macklin



Bronson Verhines

Lincoln Land Community College, and James Lane of John Wood.

After winning the Region XXIV championship on Sunday, the Warriors are getting ready to play at the national championship tournament, March 19, in Danville, Ill. RLC plays at 8:30 p.m., against Cecil College of Maryland.

For all things athletic at The Lake, visit RLC online at [www.rlc.edu/warriors](http://www.rlc.edu/warriors).



Rend Lake College 2012-2013 Men's Basketball Team

# Region 24 Champs, Warriors dancing in Danville for second straight year

Rend Lake College men's basketball won the NJCAA DII Region XXIV Championship 86-78 over John Wood Community College and advances to the national championship tournament for the second straight year. The 28th Annual NJCAA DII Men's Basketball Tournament is March 19-23 at Danville Area Community College.

Rend Lake is the #4 seed in the tournament and will face #13 Cecil College (Md.) at 8:30 p.m., Tuesday, March 19. The Seahawks, with a regular season record of 14-14, edged the top-ranked DII team in the country, Community College of Beaver County, 96-95, to become one of two teams

advancing to nationals from Region XX.

RLC was the top seed in the region tournament. It beat Lincoln College 76-65 on Saturday to advance to the championship with John Wood, which had eliminated Danville Area - ranked #2 in the nation - 66-58.

Down by two at the half, RLC scored 60 points in the second half with sophomore guard Dawson Verhines (Woodlawn, Ill.) going off from three-point range. He scored 15 of his team-high 26 in the second half.

The following is courtesy of John Wood CC Sports Information.

The Warriors pulled away from a two-point lead in the final four minutes to advance to the NJCAA Division II national tournament for the second straight year.

Jon White's 3-pointer cut Rend Lake's lead to 71-69 with 4:05 left in the game but the Warriors responded with a 9-2 run, taking an 80-71 lead on Jeril Taylor's two free throws with 35.8 seconds left.

Of Rend Lake's final eight field goals in the game, seven were 3-pointers. For the game, the Warriors were 12 of 19 from behind the arc.

A 6-0 run early in the second half put Rend Lake ahead 36-30. But JWCC, the No. 3 seed, answered with a 9-2 spurt, taking a 39-38 lead on Brad Hamilton's 3-pointer from the right side with 14:44 left.

Rend Lake took the lead for good when Montez Buford scored to make the score 42-41 with 13:58 left. Stephon Bryant's two free throws with 10:50 left capped off a 10-0 Warriors run which stretched their lead to 50-41.

Hamilton led JWCC, which played in the title game for the first since 1996, with 17 points, while White came off the bench to score 15 and T.J. Tisdell added 12.

Dawson Verhines led Rend Lake with 26 points, 15 in the second half, while Taylor scored 17 of his 19 points after halftime.

Rend Lake has won 10 straight games and 18 of

their last 19.

Cecil College is listed as the best DII, three-point shooting team in the nation at 54.4 percent, according to stats on the NJCAA website at [www.njcaa.org](http://www.njcaa.org). The Seahawks are also reportedly third in the nation in overall shooting - also 54.4 percent. According to the NJCAA, they are led in scoring by 6-4 freshman guard Donte Adams at 21.8 points per game. Adams is a product of Eagle Academy in Bronx, N.Y. In the title game against Beaver County, Adams scored 34 points. Stedman Allen, a 6-5 freshman also from Eagle Academy, was named tournament MVP. He scored 14 points and pulled

down 10 rebounds. But it was 6-6 freshman Amadius Derweer (Virgin Islands) who hit the put-back with 16 seconds left to give the Seahawks the one-point win that Cecil Head Coach LeShawn Hammett called "one of the most exciting I've ever been a part of," according to the Cecil website at [www.cecil.edu](http://www.cecil.edu).

If RLC beats Cecil on Tuesday, it will play at 8 p.m., Wednesday, against the winner of #5 South Suburban (30-3, South Holland, Ill.) and #11 Phoenix College (20-12).

Get more at [www.rlc.edu/warriors](http://www.rlc.edu/warriors).

- Nathan Wheeler

## Showcase .....

continued from page 2

Wilson and fellow faculty members Jeff Fairbanks, Brad Stout and Nicole Black will supervise the students and identify training moments along the way.

"The college has offered community members a wonderful fine dining series in years past," Wilson said. "The Warrior Showcase takes that one step further as students take the order from the floor to the kitchen and it is then prepared for the customer. This is the complete experience in operating a restaurant. Our students managed a budget to prepare this menu that I think will gratify a wide range of patrons."

### Guests have a choice of

#### Appetizers:

1. Chicken & Bacon Satay includes juicy bite-size chicken wrapped in bacon on a skewer, then brushed with our homemade Teriyaki sauce and grilled to perfection;
2. Goat Cheese Crostini two of our homemade crostinis with a generous spread filled with pine nuts, goat cheese, sundried tomatoes; and
3. Sweet Potato Croquette served with a creamy, tangy coconut green curry sauce.

#### Soup and salad:

1. Tomato Basil is our

signature tomato basil soup served with homemade herbed croutons;

2. Soup Du Jour (See Server);
3. House Salad is a wonderful lettuce spring mix with tomato, cucumber, carrot, bell pepper, & herbed croutons with a choice of dressing from Orange / Blackberry Vinaigrette, Ranch, Italian, or White Wine Vinegar and Olive Oil Cruets; and
4. Spinach Salad is a bed of spinach with egg, mushrooms, red onions, croutons, topped with warm bacon vinaigrette.

#### Entrees:

1. Grilled Quail on a Sweet Potato Waffle is a whole grilled quail resting on top of a sweet potato waffle served with sweet maple sauce, dried cherries, and toasted pecans;
2. Stuffed Pork Filet Mignon is a pork filet stuffed with a mix of fresh and dry fruits, fresh herbs and feta cheese, and wrapped with bacon, pan-seared and finished with a beurre blanc sauce;
3. Smoked Cheese & Pasta with Scallops is sautéed scallops atop our unique style of mac and cheese;
4. Philadelphia Stuffed Peppers is a bell pepper fully stuffed with grilled sirloin strips and melt-in-your-mouth provolone cheese;

5. House Ground Steak Slider Burgers are hand-ground steak seasoned with our special seasoning and served on a fresh baked bun and topped with bacon and provolone cheese;
6. Portobello Vegetable Strata is a colorful blend of vegetables topped with a fresh tomato sauce and provolone cheese; and
7. Daily Special (See Server).

#### Sides:

1. twice-baked sweet potato;
2. sautéed green beans with almonds;
3. parmesan mashed potatoes;
4. tarragon-glazed carrots;
5. rice pilaf; and
6. hand-cut fries.

#### Dessert:

1. lemon cheesecake with raspberry sauce;
2. apple pie A La Mode with salted caramel;
3. Granny Smith Apples baked in a home-made crust served with vanilla ice cream with salted caramel swirl;
4. New Orleans style bread pudding served warm with a bourbon caramel sauce.

The Warrior Showcase is open Wednesday through Friday, from March 20 to May 10. It will be closed for Good Friday. To make a reservation, call (618) 437-5321, Ext. 1714.

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