



CLOCKTOWER CHRONICLE

LRC Furniture gets a facelift

BY BEKA KASH

CLOCKTOWER CHRONICLE STAFF

With new pretty patterns and comfy cushions, the furniture in the Learning Resource Center at Rend Lake College has received a little makeover.

Through the Illinois Correctional Industries (ICI), 20 pieces of furniture have been updated to a modern look and made more comfortable. According to the Illinois Department of Corrections website, the ICI provides inmates with the skills and training necessary to be successful upon release from prison. The revenue the ICI generates from the sale of its products funds its entire operation.

Randall Shively, director of RLC's Physical Plant, said,

"Through the ICI there is a program where inmates at correctional facilities in Illinois do the work of refinishing and upholstering furniture. They pick up the furniture and bring it back when they are done and RLC pays a fee for each piece. The furniture in the LRC is from the [mid-1970s] and this is only the second time it has been refurbished."

Beth Mandrell, reference librarian at RLC, said, "The furniture was worn, dirty and the material was torn." Mandrell also mentioned that the furniture was fixed quickly and she is happy with the work done.

So, for students looking for a place to kick back, relax, and do some studying, head on over to the LRC and put the refurbished furniture to good use!



Andrea Hetzel catches up on some reading last week on the reupholstered furniture in the Learning Resource Center. The furniture was improved through a self-funded Illinois Department of Corrections program.

Zeroing in



Jacob Loos of Pinckneyville, LEFT, was one of a handful of Rend Lake College Criminal Justice students who qualified with weapons during a recent Saturday morning visit to the shooting range in Mt. Vernon. The Criminal Justice Program at the college prepares students for all types of professions in the field. (Clocktower Chronicle Photo by Alaina Reeves)



Students train with Studio RLC Director Daphne Mitchell. The cosmetology program at RLC, by operating as a full-service salon at discounted prices, does an effective job of combining training with practical application for its curriculum.

Studio RLC blends training with services for all-around experience

BY BRECCA MULLINAX

CLOCKTOWER CHRONICLE STAFF

Over the years, Rend Lake College has continued to give students an effective mix of education and real-life experiences. Much of that is due to the slew of great assets leading students in that direction, such as terrific administrators, Associate Professor Greg Hollmann, and, of course, our wonderful in-depth programs such as Cosmetology at Studio RLC.

The Cosmetology program Studio RLC, located at the Rend Lake College Market-Place in Mt. Vernon, is run by

Director Daphne Mitchell. It is one of the newer programs to RLC and happens to be fairly competitive, with approximately 50 students enrolled this fall semester. Luckily for the students on the waiting list, the program takes only 11 months for full-time day students, attending 8:30 a.m. to 4:30 p.m. Monday through Friday and every third Saturday.

If that doesn't fit the schedule, there's also a 24-month evening course. This convenient format is offered to students from 5:15-9:15 p.m., Monday through Thursday, and every other Saturday.

That all sounds great. But what about the actual things students learn in the program? Do students get hands-on experience?

"We are a full-service cosmetology school offering haircuts, color, foiling, perming, hair removal, facials, makeup application, specialty styles, hair extensions, pedicures, manicures, and acrylic nails," Mitchell said.

For all of the anxious students, don't worry. Students must clock in a minimum 160

Cosmo continues on page 2

A look at this year's elections

CLOCKTOWER CHRONICLE STAFF

As the general election draws closer and closer every day, the Clocktower Chronicle staff thought it would be nice to provide a roundup of area races and who is running in them. The staff hoped to poll each political candidate in contention. However, time was short, life got in the way — as it often does — and this goal was not met. Writers were able to grab a sample ballot from Jefferson, Franklin, Hamilton, Perry and Wayne counties in order to take a look at each seat up for grabs in the presidential, congressional, state and local races. With all the political commercials, billboards and road signs to take in lately, the Chronicle hopes this will help the student body get an organized look at the November election.

Election day is Nov. 6. The most important reason for this story is to encourage Rend Lake College students to vote. The nation's 32nd President, Franklin D. Roosevelt, once said, "Nobody will ever deprive the American people of the right to vote except the American people themselves and the only way they could do this is by not voting."

The step before voting is registering to vote.

For those away from home or without time on Tuesday, there are mechanisms in place to help get to the polls. Grace period voting started Oct. 10. This is for individuals who are not registered to vote either because they never registered or they have moved — like students away from home at college. The grace period continues through election day, Nov. 6. Students away from home, such as from another state or another part of Illinois, have the option of voting absentee (see more about that later) or registering to vote here in the county where they are living. This is especially good for students who are mostly concerned with voting in the presidential race.

Early voting is going on now for those who are registered and would like to do so.

"We've had people come in here and vote early because they are not going to be here for the election and they want to vote. The last day for [early voting] is November 3," said Debbie Richardson, deputy clerk of Wayne County.

Absentee voting is for those who are age 60 years or older,

Elections continues on page 4

INSIDE:

| | |
|---|---|
| Meet the Clocktower Chronicle Staff | 2 |
| Crossword | 2 |
| Architecture Program Goes 3-D | 3 |
| Sports | 5 |
| Classifieds | 7 |

With a name for the paper, Chronicle staff show their faces

Meet the Clocktower Chronicle staff! Now that the newspaper has a name, meet the faces of The RLC Clocktower Chronicle. Here's our wonderful staff! If you'd like to see your face here, call 437-5321, ext. 1234 or drop an email to wheelern@rlc.edu. We will always welcome more help!

Lindsey Cox is a 32-year-old part-time speech and human relations instructor from Southaven, Miss. She loves to run.



Lindsey Cox

Rheanna Grizzell is an 18-year-old English major from Buckner. She enjoys online games and reading, and hopes to one day work as either a writer or in the healthcare field.



Rheanna Grizzell

Tyson Hill is an 18-year-old accounting major from Mount Vernon.



Tyson Hill

Tyson wants to one day work as a CEO and "live the high life in the penthouse." He enjoys watching movies, reading great books, playing football, video games, and would like to learn how to play piano. (Hey Tyson! RLC has a class for that!)

Mark Hopkins is a 26-year-old journalism major from Benton. He wants to be involved in the media as either a journalist or



Mark Hopkins

radio broadcaster in the future. He enjoys competing in mixed martial arts, drinking wine, watching football and baseball, and participating in fantasy sports.

Fernando Jacinto is a 20-year-old print and electronic journalism major from Mount Vernon. One day, he wants to be a radio and television personality. When he's not at school or working, Fernando likes to spend time with his family, play soccer, watch sports and travel.



Fernando Jacinto

Staci Johnson is a 27-year-old criminal justice major from Mount Vernon. She is pursuing a career in the probation and parole functions of the field, and she likes watching movies, going to the Benton Drag Strip, and spending time with her husband, Richard, and friends and family.



Staci Johnson

Beka Kash is a 19-year-old undecided major from Waltonville. She is considering a career in journalism after transferring to Murray State University. She enjoys cheerleading (Beka's a member of the RLC cheerleading team), spending time with family and friends, and baking.



Beka Kash

Brecca Mullinax is a 19-year-old undecided major from Woodlawn. She aspires to be the President of Rend Lake



Brecca Mullinax

College. "Watch out Terry Wilkerson!" She has one hobby — working on plans to dethrone Terry Wilkerson from his current position.

Josh Myers is a 19-year-old journalism major from Mount Vernon. Josh's dream job is working as a sports journalist. He's into Transformers and "Da' Bears!"



Josh Myers

Alaina Reeves is a 20-year-old advertising major from Mount Vernon. She is actively involved in softball and photography, and wants to someday work at an advertising firm somewhere in the southern part of the U.S.



Alaina Reeves

Daniel Tolley

Caitie Wisniewski

Tirey Burch

Sherry Bean

RLC Campus Connection

In this edition of Campus Connection, the Chronicle's Beka Kash hit the sidewalks of campus to find out ...

Q. Who is going to win the World Series?
Daniel Tolley, 31, Royalton, Major: Computer Programming
 A. Giants. I don't like the Tigers.

Caitie Wisniewski, 18, Waltonville, Major: History
 A. Giants. Matt Cain. Enough said.

Tirey Burch, 19, Santa Claus Ind., Major: Business
 A. Tigers. They're more talented and hotter right now than the Giants.

Sherry Bean, 39, Benton, Major: Advertising
 A. Tigers. They are a better team than the Giants.

Carrie Ragan, 41, McLeansboro, RLC Associate Professor of Biological Science
 A. Tigers. It's sentimental. Detroit has had a tough time, so this would be good for them.

Carrie Ragan

Crossword

ACROSS

- 1 One of the guys
- 4 Resort
- 7 Removes, as a hat
- 12 Remiss
- 13 Jungfrau, for one
- 14 Wear away
- 15 Recede
- 16 Site of the Caymans
- 18 Blood group letters
- 19 Prepared to propose
- 20 New Zealander
- 22 Curvy character
- 23 Equipment
- 27 Old hand
- 29 To-do list
- 31 Thespian
- 34 Firebug's crime
- 35 Half a legendary comedy team
- 37 Doctrine
- 38 Nervous
- 39 Charged bit
- 41 Tart
- 45 More than enough
- 47 Sch. org.
- 48 Source of a pseudo-chocolate
- 52 "Monty

| | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | | 4 | 5 | 6 | | 7 | 8 | 9 | 10 | 11 |
| 12 | | | | 13 | | | | 14 | | | | |
| 15 | | | | 16 | | | 17 | | | | | |
| 18 | | | | 19 | | | | | | | | |
| 20 | | | 21 | | 22 | | | | 23 | 24 | 25 | 26 |
| | | | 27 | 28 | | | 29 | 30 | | | | |
| 31 | 32 | 33 | | | | | | 34 | | | | |
| 35 | | | | | 36 | | 37 | | | | | |
| 38 | | | | | 39 | 40 | | | 41 | 42 | 43 | 44 |
| | | | | 45 | | | | 46 | | 47 | | |
| 48 | 49 | 50 | 51 | | | | | | | 52 | | |
| 53 | | | | | | 54 | | | | 55 | | |
| 56 | | | | | | 57 | | | | 58 | | |

- Python" opener
- Roam predatorily
- Disencumber
- Trawler need
- Saunter
- Billboards
- Mound stat
- Credit user's problem
- Sphere
- Adversary
- Rx watchdog
- Sun Yat- —
- "Casablanca" heroine
- Floating soap brand
- Bacteria
- Type measures
- Commotion
- Skedaddled
- Before
- Petrol
- Milwaukee product
- ski
- Yank
- Branch
- Embedded
- "Tosca" or "Turandot"
- Put one's two cents in
- Say
- Selassie worshiper
- Competent
- Tackles' teammates
- Bookkeeper (Abbr.)
- Upper 36-Down
- Plagiarize
- Hooter

DOWN

- 1 Dismal
- 2 Synagogue
- 3 U-shaped part of a yoke
- 4 Bag
- 5 Pluto, once
- 6 — -ski

© 2012 King Features Synd., Inc.

Crossword solution on page 4 of this week's Clocktower Chronical.

Rend Lake College Clocktower Chronicle

Administration:
 LuAnn Droege, Senior Editor, Centralia Sentinel
 Nathan Wheeler, Editor, Rend Lake College

Advertising:
 To place an advertisement, call 246-2000

Postal Information:
 Published weekly on Thursdays by Centralia Press Ltd., 232 E. Broadway, Centralia, IL 62801-0627 (USPS 098-600) (ISSN: 1059-8162); periodical postage paid in Centralia; POSTMASTER: Address changes to the Centralia Sentinel, 232 E. Broadway, Centralia, IL 62801-0627

Single Copy Price:
 25 cents at retailers and paper racks; \$20 for a one-year subscription; free on RLC campuses

Circulation:
 Subscription and delivery information is available by calling 246-2000.

PIZZA MAN

We Honor All Competitor Coupons

Carry Out Special

Free Order Of Cinnamon Sticks

With Purchase Of 14" Large Pizza — Carryout Only —

Your Hometown Pizza Man

We Make Our Own Dough Fresh Daily!!!!

Not valid with any other discount offer.

Expires 11/8/12

Offer good Monday & Tuesday only!

1413 W. Main
Salem

548-5331

"A Salem Tradition"

Twin Willows NURSING CENTER

- Medicare approved rehabilitation services provided by "Rehab Care" a provider of physical, occupational and speech therapy in forty-three states.
- Locally owned and operated.
- Public Health annual inspection for 3-2007 cites no deficiencies-public health's Highest compliment.
- When you've been in the hospital and need therapy to get back home call 548-0542.

Come Live With Us,
Phone 548-0542

Route 37 North • Salem

Todd Woodruff
Administrator Since 1976

CENTRALIA COIN, STAMP, ETC.

- Coins & precious metals for Collectors and Investors
- Estates Appraised and Purchased
- Buying All U.S. Gold & Silver Coins and Jewelry

TOP PRICES PAID.

533-4200

Corner of Broadway & Cherry

Buying Scrap Gold Jewelry!

Established in 1989.

Pell Grants make college accessible to many students

BY RHEANNA GRIZZELL
CLOCKTOWER CHRONICLE STAFF

Going to college is a huge step towards becoming a more successful worker, a more educated individual, a more critical thinker, and a more team-oriented communicator — but who is going to pay for it?

College students, young and old alike, must find a way to make ends meet while buying books, paying for tuition, keeping gas in their car, and feeding themselves and their families. Even though the costs are high, there are a few options to the undergraduate community, and one of them is the Pell Grant. Without it, many students would not be able to step foot in a college classroom.

A Pell Grant is a form of money given to undergraduates by the government, based on financial need,

and — different from student loans — does not have to be paid back. In essence, this money ensures an easier and less stressful educative process for low-income students and their future success. One must fill out an application — the Free Application for Federal Student Aid, or FAFSA — to determine if a student is eligible to receive Pell funding.

According to the American Association of Community Colleges, the Federal Pell Grant program has enabled 9.5 million students overall to pursue a degree in 2010-2011, — 3 million of which are pursuing an education at a community college. That is a large amount of people who could potentially not be able to attend college.

At Rend Lake College, several students attribute their current attendance and financial ease to the Pell Grant. As stated by officials in RLC's Financial Aid

Office, there are 11,059 people receiving Pell Grants this year alone, and the dollar amount those people have collected equals \$2,557,680.55.

Alissa Webb, a current Radiologic Technology student, says, "It helped me pay for my college. ... If I had to pay, I would have to get loans and pay for it after I graduated."

One man described his dire need of the Pell Grant. "It gives me the opportunity to provide for myself and my future family. Without it, I would not be able to do any of that," said Casey Johnson, a student of Big Sandy Community Technical College in Kentucky.

Obviously, the Pell Grant program is extremely necessary to the pursuit of higher education for most people. It enables thousands of individuals at RLC and millions of students in the United States to attain a degree.



A student in Rend Lake College's architecture program uses the program's new 3D printer.

Printing goes 3D in architecture program

BY BRECCA MULLINAX
CLOCKTOWER CHRONICLE STAFF

Rend Lake College architecture students recently printed a crescent wrench. They didn't print a picture of a crescent wrench. They printed an actual wrench that can be held and works, thanks to the program's new 3D printer.

How does it work? The printer itself makes use of two materials in its system: an ABS plastic and a water-soluble support material. The materials are fed into the machine and heated by two print heads. Using the X axis and Y axis, the printer builds the object from the ground up.

The support material is then soaked in a post-print solution in order to dissolve it from the ABS plastic. After developing the model, this printing process can take anywhere from 30 minutes to 30 hours, depending upon the size of what a student is printing.

It may sound difficult. Not to worry, according to Architecture Instructor Matt Jackson, the process is fairly easy for users trained on making their third-dimensional digital models compatible to the printer's setup. Although it may be difficult for those who have



Rend Lake College instructor Matt Jackson shows off the crescent wrench printed with the architecture program's 3D printer.

not had the training, RLC does offer the curriculum in architecture to help with that.

The 3D printer itself has already benefited RLC's students with its ability to create architectural, industrial, and mechanical prototyping, which enables them to see the models they create come to life. In fact, furniture pieces, organic pieces, and small architectural

models have already been created!

"We can actually replicate what the industry is doing, here at Rend Lake College, and train our students to better fit the industry needs," said Jackson.

With the training, benefits and experience this 3D printer gives students, it has made it both a great asset and investment to RLC.

AREA EVENTS

- Free Zumba Class. Meets weekly on Fridays 5:30-6:30pm from September 7, 2012 until November 9, 2012. Marion Carnegie Library, Marion, IL. Advance registration is required, call Erica Hanke at 993-5935.

- The Shawnee Volunteer Corps invites volunteers to join them to help assist with upcoming trail work days. Daily from September 15 through November 4 at various locations. Contact info: 618-833-8576, ext. 103 kdpearson@fs.fed.us http://www.fs.usda.gov/shawnee

- Pheasant Hollow Winery live music and complementary snacks. 7-10 p.m. Third Friday of every month. Highway 37 in Whittington. Free.

- Pheasant Hollow Winery Murder/Mystery. Once a month. Highway 37 in Whittington. \$35 plus tax. Call (618) 629-2302.

- The 4th Annual Chili Cook Off to benefit the American Cancer Society. November 3rd at Mollie's Bar and Grill in Marion. Come and sample all the team chili for \$5 per person!

- http://www.facebook.com/#!/ACSchillicookoff

- Cedarhurst's School of Performing Arts presents Harry the Dirty Dog at Cedarhurst Center for the Arts. November 1. For more information call (618) 242-1236 or visit www.cedarhurst.org.

- Christmas Ideas Day and Health Fair at the Benton Civic Center. November 3: Doors open at 8 a.m. Those wanting blood work may come at 7 a.m. No admission. A donation to the Ministerial Alliance Food Pantry, veterans or Women's Center would be appreciated.

- Homeless Hike in Mt Vernon. November 3rd. Proceeds go to Lifeboat Alliance to help with the homeless shelter.

- 30th Annual Mt. Vernon Knife Show at Veterans Park Community Building. November 3-4. Saturday 9 a.m. - 4 p.m. and Sunday 9 a.m. - 3 p.m. Admission is \$3 for adults, and 10 and under free with adult. For more information call (618) 242-4514.

- Cedarhurst Chamber Music presents La Catrina Quartet at Cedarhurst Center for the Arts. November 4. Visit www.cedarhurst.org

- Cedarhurst Book Club will discuss Just Kids by Patti Smith at Cedarhurst Center for the Arts, November 7 at noon.

- Pizza & Politics with Illinois State Senator Toi Hutchinson at the Paul Simon Institute in Carbondale. November 8. Please RSVP to Carol Greenlee at cgreenlee@siu.edu or 618-453-4078. Website: http://paulsimoninstitute.org/

- Charlie Birger and Gangsters in Southern Illinois in the 1920s at C.E. Brehm Memorial Library, November 8 at 6:30 p.m. Local attorney, Lane Harvey will present a program on the famous Southern Illinois Gangster Charlie Birger and gangsters in the early 1920s in Southern Illinois.

- Ladies are invited to this fundraising event at the Black Diamond Warehouse in Marion, IL benefiting The Poshard Foundation for Abused Children. November 9 from 6:00 p.m. to 10:00 p.m. \$30 for General Admission with limited availability or a table of 8 may be purchased for \$400 with limited availability. To purchase single tickets go to southernticketsonline.com or call 618-453-6000 or to reserve a table contact Jeremy at Black Diamond at 618-997-4577 or email marketing@blackdiamondhd.com.

- Women's Self Defense Seminar and Health Awareness Fundraiser. November 10 at 10am at Sports Blast in Carbondale. http://WWW.talkaboutteal.blogspot.com

- National Gaming Day, November 10 from 1 to 5 p.m., Benton Public Library.

- Saline County Chamber of Commerce is hosting it's 2nd Annual 5K Reindeer Run/Walk in Harrisburg Illinois at the Harrisburg Middle School on Saturday, November 24. Contact (618) 252-4192 for more information.

Cosmo continued from page 1

hours of time — approximately seven weeks of class — before dealing with customers in the salon. Plus, there is always an instructor present, watching closely and ready to step in and provide any additional assistance the student may need.

The students love it. While visiting the studio for this story, there was an opportunity to walk

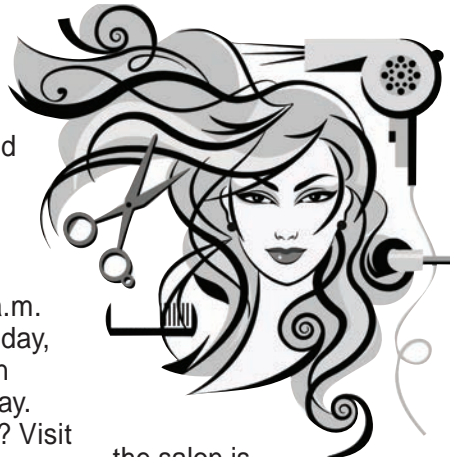
around, see the students, and even ask a question or two. A couple of students from the local area, Chelsea and Jori, simply replied, "It's fun," when asked what they liked about this program.

RLC cosmetology students aren't the only ones to benefit from the program. Customers in the community who seek services from the salon are enjoying the savings Studio RLC provides by being substantially less expensive than other salons in the area. In addition, the consistency of the Paul

Mitchell hair care line that is offered, paired with specialty classes for both the students and instructors, truly makes it something special.

The salon is open for service from 10 a.m. to 3 p.m. Monday-Friday, and 5:30 to 8 p.m. on Tuesday and Thursday.

Still not convinced? Visit the salon on Potomac Boulevard in Mt. Vernon. It looks every bit like a well-run business. And with all of the different areas they have created to cater towards waxing, nails, hair cuts, coloring, and so on;



the salon is big enough to meet the different needs of many customers at once.

Give Studio RLC a try. Schedule an appointment or talk to a teacher today by calling 618-242-8459.

RLC EVENTS

- Fall Play: "Tom Sawyer," 7 p.m. Thursday-Saturday, Nov. 8-10; 2 p.m. Sunday, Nov. 11, RLC Theatre

- Veterans Day Holiday, Monday, Nov. 12

- "Into the Woods" auditions, 6 p.m. Monday, Nov. 19, Theatre

- Allied Health Wellness Bazaar, 1-5 p.m. Tuesday,

- Nov. 20, South Oasis Pit

- Thanksgiving Holiday, Wednesday - Saturday, Nov. 21-24

- Christmas Concert, 7 p.m. Tuesday, Nov. 27, RLC Theatre

- Last Day of Regular Classes, Friday, Nov. 30

- Semester Exams, Saturday-Thursday, Dec. 1-6

Wilson & Wilson
Monument Co., Inc.

MAUSOLEUMS, MONUMENTS, MARKERS,
GRANITE SIGNS & BENCHES,
CEMETERY LETTERING, PET MARKERS

406 W. Poplar Odin, Illinois 62870
P.O. Box 247 1-800-966-6488 (618)775-6488
Web: wilsonandwilsonmonuments.com
E-mail: wwmconco@gmail.com

Take Charge of Your Future.

Create and implement a strategy designed to help you achieve your long-term financial goals.

Do something positive for yourself. Call today for a no-cost, no-obligation portfolio review. Together, we can create a strategy that's right for you based on your current situation, objectives and risk tolerance.

Edward Jones ranked "Highest in Investor Satisfaction with Full Service Brokerage Firms" according to the J.D. Power and Associates 2012 Full Service Investor Satisfaction Study™.

Edward Jones received the highest numerical score among full service brokerage firms in the proprietary J.D. Power and Associates 2012 Full Service Investor Satisfaction Study™. Study based on responses from 4,401 investors who used full-service investment institutions. Fourteen investment firms that received a representative sample of investor opinions were measured on seven factors: investment advisor; investment performance; account information; account offerings; commissions and fees; website; and problem resolution. Proprietary study results are based on experiences and perceptions of consumers surveyed in February 2012. Your experiences may vary. Rating may not be indicative of future performance and may not be representative of any one client's experience because it reflects an average of experiences of responding clients. Visit jdpower.com.

Bill Dwyer, AAMS®
Financial Advisor

521 West Main
Salem, IL 62881
618-548-6555

Darren L Dwyer
Financial Advisor

521 West Main
Salem, IL 62881
618-548-6555

www.edwardjones.com Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

Things to remember

| | |
|---|---------------------------|
| Open registration by <u>appointment</u> for Spring semester | NOW!! |
| Grant and scholarship refund checks | October 19 th |
| Last day to drop Fall classes | Nov 9 th |
| Deadline for Spring graduation applications | December 7 th |
| Last day to return Fall textbooks | December 11 th |
| First day of Spring semester | January 14 th |

Some nursing classes will have different drop dates than general education courses.

Information you need to know while at RLC

How to get a transcript

There are two ways to request a transcript while at Rend Lake College.

1. Come into the Administration Building, speak to Student Records and fill out a transcript request form.
2. Log onto your online student records account to fill out the request form online.

Keep in mind it is 5 dollars per transcript.

How to avoid even one alcoholic drink

Alcohol has its place in society but not behind the wheel — and not at all if you're the designated driver, responsible adults agree. For college students and baby boomers alike, just one drink of alcohol can impair the senses to a degree, and just one seems to lead too easily to another.

The trick for pulling off abstinence when others are drinking is to be resolute from the start by bringing, or ordering, a tasty alternative, experts say.

"Today you can actually get a zero-alcohol, whisky-flavored drink," says Sylvie Seguinard at ArKay Beverages Inc., a leading name in

this field. "We worked for several years to produce a genuine simulation of whisky for its taste, looks and aroma — and to date, the public response has been phenomenal. Drink it straight up, on the rocks or with your favourite mixers. This fall, a pre-mixed version with cola will be on grocery shelves, too."

And yet, a few pointers on how to turn down a drink effectively are always welcomed, especially for students. Here's a few tips, courtesy of ArKay:

- Don't feel alone or less cool for abstaining since a good slice of the trending is doing it, too. Recent stats from the American College Health Association show that

at least one-quarter of undergraduates are non-drinkers. Even those who do drink occasionally don't do it every week.

- Pour your own drinks and if anyone tries to persuade you differently, decline gracefully and simply resume the conversation.
- Enjoy the setting as much as everyone else; some will be drinking, some won't, and no one needs to judge anyone else. If the party gets too rowdy for you, just leave quietly since no one will likely notice.
- If peer pressure persists, use a few deterrent tricks:
 - State a reason that no one can dispute, like health or driving;
 - Keep your non-alcohol drink topped up to avoid offers from a helpful host;
 - At a bar, order your beverage with lime, olives, cherries and a stir-stick to look like a mixed drink;
 - If someone puts a drink in your hand, accept it but don't drink it; find a way to discard it discreetly;
 - Ahead of time, tell the bartender your drink-of-choice and to omit the alcohol if anyone buys you something different.
 - Offer to be the designated driver. This keeps you resolute and keeps your friends from pressuring you.
 - If partying, recognize your responsibilities, even alcohol free. Use a buddy system to watch out for each other and remember: if you are present in an unlawful situation you may be in just as much trouble as the heavy drinkers.

Solution to Crossword puzzle printed on page 2.

Solution time: 27 mins.

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| B | R | O | | S | P | A | | D | O | F | F | S | |
| L | A | X | | A | L | P | | E | R | O | D | E | |
| E | B | B | | C | A | R | I | B | B | E | A | N | |
| A | B | O | | K | N | E | L | T | | | | | |
| K | I | W | I | | E | S | S | | G | E | A | R | |
| | | | | V | E | T | | A | G | E | N | D | A |
| A | C | T | O | R | | | | A | R | S | O | N | |
| L | A | U | R | E | L | | | I | S | M | | | |
| E | D | G | Y | | I | O | N | | S | O | U | R | |
| | | | | A | M | P | L | E | | P | T | A | |
| C | A | R | O | B | B | E | A | N | | I | T | S | |
| P | R | O | W | L | | R | I | D | | N | E | T | |
| A | M | B | L | E | | A | D | S | | E | R | A | |

Elections

continued from page 1

unable to vote without assistance at the polls, expecting to be out of town on election day, in jail awaiting arraignment or trial, unable to attend the polls due to religious reasons, or appointed to work as an election inspector in a precinct outside of the precinct of residence.

Richardson said by the time this story runs, it may be too late to vote absentee. But she added that the time from absentee application to voting will differ from place to place. Students can find out by contacting the county clerk where they are registered to vote back home.

Here are the races and candidates:

FEDERAL For President and Vice President of the United States:

- Barack Obama and Joe Biden (Democrat)
- Mitt Romney and Paul Ryan (Republican)
- Gary Johnson and James P. Gray (Libertarian)
- Jill Stein and Howie Hawkins (Green)

CONGRESSIONAL For Representative in Congress 12th District (Jefferson, Franklin, Perry counties):

- William L. Enyart (D)
- Jason Plummer (R)
- Paula Bradshaw (G)

For Representative in Congress 15th District (Hamilton, Wayne counties):

- John Shimkus (R)

STATE GENERAL ASSEMBLY

SENATE races: For State Senator 58th District (Jefferson, Perry counties), Michael Bigler (D) or David Luechtefeld (R); For State Senator 59th District (Hamilton, Franklin counties), Gary F. Forby (D) or Mark Minor (R); and For State Senator 55th District (Wayne County), Dale A. Righter (R) is unopposed.

REPRESENTATIVE

races: For Representative in the General Assembly 109th District (Wayne), David B. Reis (R) is unopposed; For Representative in the General Assembly 115th District (Perry, Jefferson), Mike Bost (R) is unopposed; For Representative in the General Assembly 116th District (Perry), Jerry Costello II (D) or Julie Bigham Eggers (R); For Representative in the General Assembly 117th District (Hamilton, Franklin), John Bradley (D), Christopher McCann (R) or Dale E. Dorch (Constitution); and For Representative in the General Assembly 118th District (Hamilton), Brandon W. Phelps (D) is unopposed.

JUDICIAL

For Judge of the Appellate Court 5th District (Jefferson, Wayne, Franklin, Perry, Hamilton) Stephen McGlynn (R) or Judy Cates (D); For Judge of the Circuit Court 2nd Circuit (Jefferson, Franklin, Hamilton, Wayne, Perry) Eric J. Dirnbeck (D) is unopposed; For Judge of the 2nd Circuit Court (Jefferson) Jo Beth Webber (D) or Nicole Villani (R); For Judge of the 20th Circuit Court (Perry) Vincent J. Lopinot (D) or Ronald R. Duebber (R); For Judge of the 20th Circuit Court (Perry) Zina R. Cruse (D) or Laninya A. Cason (R); To retain 5th Circuit Appellate Court Judge Melissa Ann Chapman (Jefferson, Hamilton, Perry, Franklin, Wayne) and 2nd Circuit Court Judge Melissa A. Drew and Judge Christopher L. Weber (Jefferson, Hamilton, Franklin, Wayne); To retain 20th Circuit Court Judge Jan Fiss (Perry).

COUNTY

Jefferson County — For Circuit Clerk John Scott (R) is unopposed; For State's Attorney Nobel Y. Dowell Jr. (D) or Douglas R. Hoffman (R); For Coroner Eddie Joe Marks (D) is unopposed; For Treasurer Sabrina (Eastham) Wheatley (D) or Dan Knox (R); For County Board District 1 Steve Draege (R) is unopposed; For County Board District 2 Calvin McClintock (D) or Joey McDermott (R); For County Board District 3 Tommy Hayes (R) is unopposed; For County Board District 4 Pat Garrett (D) or John Keele (R); For County Board District 5 David Stewart (D) or Randy Jay Edwards (R); For County Board District 6 Ted Buck (D) or Jeff L. Williams (R); For County Board District 7 Jim Laird (D) is unopposed; For County Board District 8 Don Rector (D) is unopposed; For County Board District 9 Robert J. "Bob" White (R) is unopposed; For County Board District 10 Robert "Bob" Watt (R) is unopposed; For County Board District 11 Jeremy Hall (D) or Stan Elliott (R); For County Board District 12 Wayne Hicks (D) or Scott D. Taaka (R); and For County Board District 13 James H. Malone (D) is unopposed. Voters are also being asked: Shall the Board of Education of Farington Community Consolidated School District #99, Jefferson and Marion counties, be authorized to issue \$150,000 bonds for a working cash fund as provided for by Article 20 of the School Code; and Should the people of Mount Vernon return the power to raise

local taxes only by a vote from the people approving said tax, effectively revoking the City Council's ability to raise taxes through Home Rule.

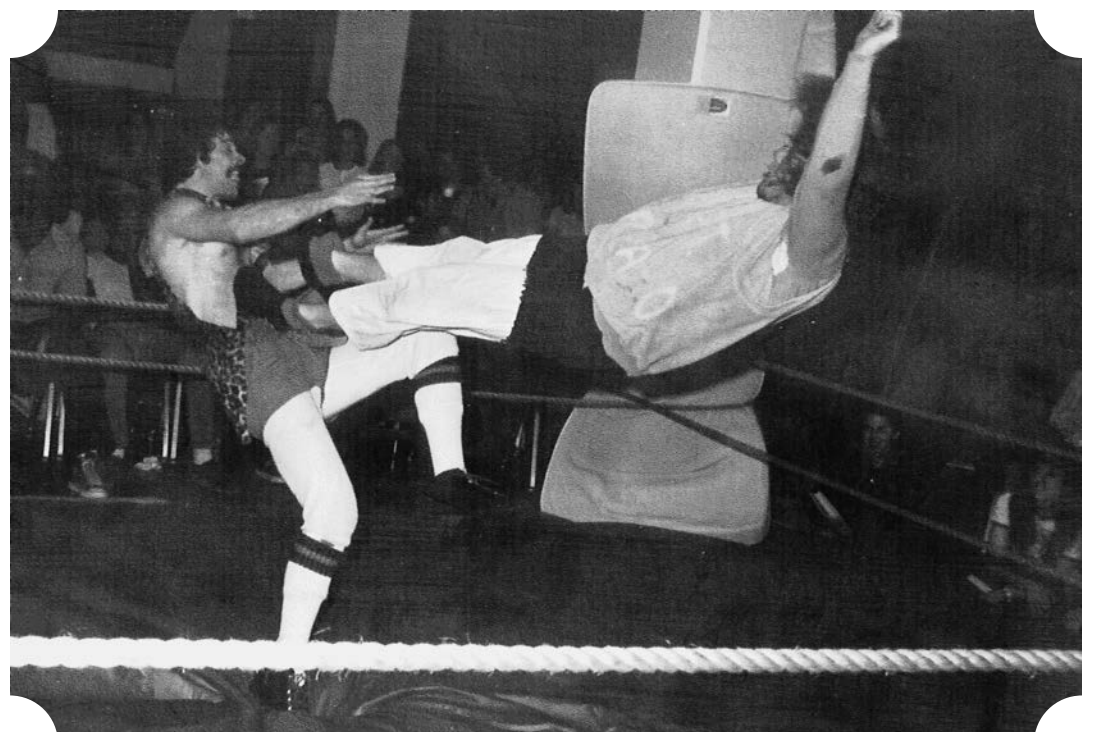
Wayne County — For Circuit Clerk Sharon L. Gualdoni (R) is unopposed; For State's Attorney David M. Williams (R) is unopposed; For County Coroner Jimmy Taylor (D) is unopposed; For County Board — District 1 (vote for two) Jerry Donoho (R) and Gary Sloan (R), District 2 (vote for two) Robert W. Pearce (R), Gordon Endsley (D) and John W. Forth (D), District 3 (vote for two) Shirley A. MacDavid (R), Larry Edward Barbre (R), Patricia Pottorff White (D) and Jeff Grieve Sr. (D), District 4 (vote for two) Steve D. Ehrhart (R) and Ronnie Windland (R), District 5 (vote for two) Herman D. Simpson (R), Elizabeth Woodrow (R) and John M. Keoughan (D), District 6 (vote for two) Vern Hutson Sr. (R), District 7 (vote for two) Galen Esmon (R) and Deborah Bradham (R). Voters are also being asked: Shall the number of trustees of the Xenia Fire Protection District be increased from three to five; and Shall the trustees of the Xenia Fire Protection District be elected, rather than appointed.

Franklin County — For Circuit Clerk Nancy Hobbs (D) is unopposed; For State's Attorney Evan L. Owens (D) is unopposed; For County Coroner Marty P. Leffler (D) is unopposed; For County Board — District 1 (vote for three) Tom Vaughn (D), Randall Crocker (D) and Christy Guill Powers (D), District 2 (vote for three) Alan W. Price (D), David R. Rea (D) and Ken Hungate (D), District 4 (vote for three) Linda C. Clark (D), Danny Melvin (D) and Jim McPhail (D). Voters are also being asked: Shall the Cities of Benton, Christopher, Sesser and West Frankfort have the authority to arrange for the supply of electricity for its residential and small commercial retail customers who have not opted out of such program.

Perry County — Voters are being asked: Shall the County of Perry and the Village of Tamaroa have the authority to arrange for the supply of electricity for its residential and small commercial retail customers who have not opted out of such program.

Hamilton County — Voters are asked: Shall the prohibition of the sale at retail of alcoholic liquor be continued in the Village of Broughton.

Blast from the past ...



'Bad Bubba'

Rend Lake College faculty member Larry Williams is pictured here, LEFT, in 1973, showing off his amateur wrestling skills. Williams was a Resident Assistant at Eastern Illinois University where he participated in a charity fundraiser and dressed up in a silly outfit to raise money. His friends from Chicago gave him the nickname "Bubba" because of his Southern Illinois accent, which led to his character name "Bad Bubba." His opponent shown here was named "Captain Freako."

VISIT YOUR REND LAKE COLLEGE SUBWAY® RESTAURANT
LOCATED IN THE STUDENT CENTER

NOVEMBER
\$5 FEATURED FOOTLONG™

SPICY Italian

SUBWAY

LIMITED TIME ONLY. Additional charge for extras. Plus applicable taxes.
© 2012 Doctor's Associates Inc. SUBWAY® is a registered trademark of Doctor's Associates Inc. All rights reserved. subpad_13540

SPORTS SECTION

Cardinals' season comes to a close

BY JOSH MYERS
CLOCKTOWER CHRONICLE STAFF

The St. Louis Cardinals' 2012 season came to a disappointing close on Monday, Oct. 22, against the San Francisco Giants.

The Cardinals finished the regular season 88-74 to earn a Wild Card spot in the National League Playoffs. They defeated the Atlanta Braves in the Wild Card round.

It took the Cardinals all five games to advance past the Washington Nationals in the divisional round. This series included a come-from-behind win in game five over the Nationals — at that time, the best team in baseball.

In the National League Championship Series against the San Francisco Giants, the Cardinals had a 3-games-to-1 lead before losing the next three, including a 9-0 shutout in game seven, which eliminated them from playoff contention. The Giants advanced to the World Series with the American

League's Detroit Tigers.

The season may be over, but the organization and its fans have much to be proud of. The team led the league with a .338 on base percentage and was fourth in batting average (.271). Six players were added to the NL All-Star roster.

Twenty-five-year-old pitcher Lance Lynn went 18-7 with a 3.78 ERA to earn him a spot on the NL All-Star roster, while 34-year-old Kyle Lohse went 16-3 with a 2.86 ERA.

Catcher Yadier Molina had a solid season with a team-high batting average of .315 and excellent defense to earn a spot on

the All-Star roster.

Right fielder Carlos Beltran led the team in home runs with 32 to go along with his .269 batting average.

Left fielder Matt Holliday led the team in three offensive categories. He had 102 runs batted in on 177 hits while leading with a .379 on-base percentage.

Third baseman and hometown hero David Freese ended the season with a .293 batting average and 20 home runs.

Under first-year manager Mike Matheny, the Cardinals may not have won "12 in '12," but they sure put up a fight.



Coach Tate shares philosophy to winning

BY MARK HOPKINS
CLOCKTOWER CHRONICLE STAFF

The men's wrestling team for Rend Lake College is still relatively new.

The program has only been around for seven years. Coach Kevin Tate has been the head coach for all seven years at RLC.

Tate graduated from Southern Illinois University with a degree in history education. He got started coaching high school wrestling in 1988.

His assistant coach, Matthew "Bubba" McLaughlin, is an RLC graduate and former Warrior who went on to wrestle at the University of Wyoming. McLaughlin was also a two-time All-American at RLC.

Tate puts his time in with the Fellowship of Christian Athletes.

"I coach to give back to the kids" Tate said.

Tate has two important factors to winning: Out-



Kevin Tate

work and out-condition your opponent until they can be beaten easily. According to him, if his athletes can put their opponents in an uncomfortable position, the opponent will give up points.

Tate's motto for his wrestlers: "Give 100 percent. Expect 100 percent. Every day."

UPCOMING ATHLETIC EVENTS

November

- Men's Basketball season opener, 6 p.m., Friday, at Southern Institute.

- Women's Basketball season opener, 1 p.m., Saturday, versus Morthland at RLC.

- Men's Basketball, 1 p.m., Saturday, at Southern Sports.

- Wrestling season opener, Saturday, at Eastern Michigan Open in Yisplanti, Mich.

- Women's Basketball, 5 p.m., Wednesday, at Lindenwood Belleville campus.

- Women's Basketball, 1 p.m., Nov. 10, versus Lincoln Land at RLC.

- Men's Basketball home opener, 3 p.m., Nov. 10, versus South Suburban at RLC.

- Cross country — NJCAA, 9 a.m., Nov. 10, hosted by RLC at Rend Lake Golf Course.

Warrior wrestling team hoping for a title run

BY MARK HOPKINS
CLOCKTOWER CHRONICLE STAFF

With five new transfers and 18 freshmen, Rend Lake College's wrestling team is primed to make a strong run for the national title.

Returning to the mat this season for RLC is Jovantae Coleman whose nationals run last year was stopped short due to an injury. Coleman was undefeated and ranked fourth in the country in his weight division heading into the tournament.

"I'm excited about the group. We have an enormous amount of talent," Head Coach Kevin Tate said about his squad.

Division I transfers will play a key part in Rend Lake finding success this season. Eric Tozzi (Belmont Abby) defeated a NCAA qualifier in his weight class by eight points last season. Juan

Stimpson (North Carolina State) was a two-time state champion in high school and Justin Cash (Maryland) was a three-time Tennessee high school champion.

"He's very skilled" Tate said about Cash. Marciano Ali (Elsworth) was a redshirt freshman and also a three-time state champ in North Carolina.

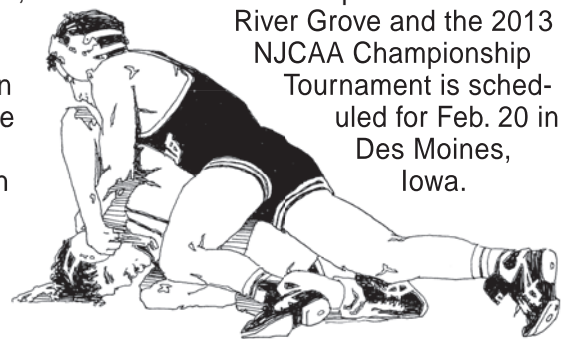
Tate said, "You need a mix of older and younger guys. The younger kids need to look up to the older kids for experience."

Other transfers include Jameel Carter (Wright College) and Andrew Higgins (Neosho Community College). Higgins was fifth at senior nationals.

The Warriors wrestling squad is heavy on new talent and should be a reckoning force on the mat. The season starts Oct. 27 at the Lindenwood University-Belleville

Scrimmage. The season continues with the Eastern Michigan Open in Yisiplanti, Mich. (Nov. 3), Knox Invite in Galesburg (Nov. 10), the Joe Parisi Open in St Charles, Mo. (Nov. 17), the Kaufman Brand Open in Merryville, Mo. (Dec. 2), the Triton Open in River Grove (Dec. 9), Midlands in Evanston (Dec. 28), the Campbellsville

Duals in Kentucky (Jan. 5), Roger Denker Open in Warrensburg, Mo. (Jan. 13), the CBC Open in Conway Ark. (Jan. 26), and the Greyhound Open in Indianapolis (Feb. 2). The Midwest Regionals will take place Feb. 10 in River Grove and the 2013 NJCAA Championship Tournament is scheduled for Feb. 20 in Des Moines, Iowa.



Santasy Football Challenge

WEEK 7

RLC Sports Writer Josh Myers is absolutely killing Mark Hopkins in fake football so far this season. With poor planning of starters in bye situations, Mark has dug a deep hole and he may not be able to come out of it.

| Mark's Team | | | Josh's Team | | |
|------------------|-------------------|-----|------------------|---------------------|-----|
| Pos | Player | Pts | Pts | Player | Pos |
| QB | M. Ryan (ATL) | 0 | 30 | (NO) D. Brees | QB |
| | E. Manning (NYG) | | | (GB) A. Rodgers | |
| RB | R. Rice (BAL) | 5 | 21 | (HOU) A. Foster | RB |
| | CJ Spiller (BUF) | | | (PHI) L. McCoy | |
| | R. Bush (MIA) | | 18 | (SF) F. Gore | |
| | A. Peterson (MIN) | 21 | | (SEA) M. Lynch | |
| WR | V. Cruz (NYG) | 19 | 3 | (DET) C. Johnson | WR |
| | S. Smith (CAR) | 8 | 14 | (CHI) B. Marshall | |
| | V. Jackson (TB) | 27 | 2 | (ARI) L. Fitzgerald | |
| TE | T. Gonzalez (ATL) | | 19 | (NE) R. Gronkowski | TE |
| | J. Graham (NO) | 0 | | (SF) V. Davis | |
| K | L. Tynes (NYG) | 9 | 7 | (CHI) R. Gould | K |
| | M. Bryant (ATL) | | | (GB) M. Crosby | |
| DEF | Texans | 21 | 16 | Bears | DEF |
| | Ravens | | | 49ers | |
| Week 5 Total Pts | 110 | 130 | Week 5 Total Pts | | |
| FF Total Pts | 498 | 613 | FF Total Pts | | |

This symbol means the guys picked that player to start.

Fantasy Football Tip for Week 8

Week 8 is the week to start Indy's veteran wide-out Reggie Wayne. Factoring in the Colts' bye back in week 4: Wayne is targeted more than any other receiver in the NFL. In week 5, he put up 212 yards and a TD against Green Bay. The Packers have a much better defense than Wayne's opponent at noon on Sunday - the Tennessee Titans. Tennessee is ranked #30 in defense, the third-worst in the NFL. Expect Andrew Luck and the Colts to establish a ground game and then air it out to Indy's favorite go-to receiver, Wayne.

30TH ANNIVERSARY

The Mt. Vernon KNIFE SHOW

Saturday, Nov. 3, 2012 • 9 a.m.-3 p.m. Admission: \$3.00
Sunday, Nov. 4, 2012 • 9 a.m.-3 p.m. Admission: \$1.00

Rolland Lewis Community Center • Veterans' Park, Mt. Vernon
Children Under 10 FREE Accompanied By An Adult
DOOR PRIZES DONATED BY: Knife World, Smith's The Edge Experts, Buck Knives, Spyderco & Columbia River Knife & Tool

For More Information E-Mail: jckc1982@yahoo.com
Or Call 242-4514 before Fri., Nov. 2, 2012

Sponsored By
The Jefferson County
Custom Knife Club

FRED'S PROCESSING

All Types of Speciality Items
Quality Product at Economical Prices!
618-485-6782
Hours: Mon.-Fri. 7 am-5 pm; Sat.-Sun 8 am-Noon
After Hours Call: 314-0631 or 534-9349
26848 St. Rt. 15 • Ashley, IL

THE HARTFORD

"Ask me about the AARP® Auto & Home Insurance Program from The Hartford."

SHERRI LUTZ
THE INSURANCE SHOPPE

This auto and home insurance is designed exclusively for AARP members — and is now available through your local Hartford independent agent!
Call Today for your FREE, no-obligation quote:
618-548-1053

SHERRI LUTZ
THE INSURANCE SHOPPE
1141 S. BROADWAY
SALEM, IL 62881

AARP Auto & Home Insurance Program

FREE CHILDREN'S ORTHOPAEDIC CENTER

Does your child:

- Have feet turning in or out?
- Complain of leg, knee, hip, shoulder, elbow or wrist pain?
- Seem clumsy or fall?

Friday, November 9 from 3:00 pm-5:00 pm
To register for clinic, call 1-800-272-0074
Between 1 pm-4 pm Mon.-Fri.
NEUROMUSCULAR ORTHOPAEDIC INSTITUTE
302 Broadway • Mt. Vernon, IL
Sponsored by: Salem Lodge 1678 and Illinois Elks Children's Care

GOLD WEATHER Hot Savings

KNAPP PROPANE

\$1.39 PER GALLON FILL UP PRICE
\$1.29 AG
* Applies to Home, Church and Ag uses. Limited time offer.

WE SERVICE: Residential, Ag, Church & Transport Loads
• Competitive Pricing • IPGA Certified • Tanks for Sale or Lease
• Installation & Service Work Available

Thank You to our new customers for trusting us with your propane needs!

Call Bryan at
KNAPP OIL CO., INC.
678-2211 or 508-1374
Prices subject to change without notice.