

Award-winning poet



Claire McQuerry reads from her poetry collection, "Iacemakers," earlier this month in the Student Center. The collection won her the Crab Orchard First Book Award. Her poetry and nonfiction have recently appeared in *The American Literary Review*, *Louisville Review*, *Mid-American Review*, *Creative Nonfiction*, and other journals. She is a creative writing fellow at the University of Missouri-Columbia and serves as the contest editor for *The Missouri Review*. At RLC, McQuerry read poems from "Iacemakers" about her neighbors in Phoenix, her parents' honeymoon, another woman's man, paintings by Michael Cheval, St. Margaret's Well from her studies at Oxford, and more. She also read some poems from her new series, many of which relate to the economy, before fielding students' questions.

Rend Lake campus prepared for when severe weather strikes

BY STACI JOHNSON

RLC NEWSPAPER STAFF

Atornado warning on the evening of Sept. 25 forced students, staff and faculty into safe areas at Rend Lake College. It was the first warning this fall and prompts everyone on campus to take a look at what to do in an emergency situation.

Maps are posted in each building showing that building's safe areas in case of severe weather, as well as evacuation routes for fire or other emergencies. There are also severe weather shelter area signs on the safe rooms throughout campus.

Criminal Justice Instructor Ron Meek was teaching class during the recent tornado warning.

"When we heard the warnings, several students checked the weather on their phones and verified there was in fact a tornado warning," said Meek. "We then moved into room 140 of the ATC building because it was a severe weather shelter

area. We remained in that room for the remainder of class, and by then the warnings were over."

During severe weather, people become stressed and panicked. There are several things to remember. One of the main things to remember is to remain calm and stay with the group. Faculty and staff are responsible for their students or group, and should account for everyone in their group. Everyone is instructed to report to a responsible party before leaving the campus.

During a fire emergency, everyone should evacuate the building through the nearest marked exit.

Do not use elevators and remember to assist handicapped individuals while exiting. Once outside, students should go to one of the outer evacuation areas, such as a parking lot. These outside group areas are marked on the emergency procedures list in blue. No one should return to any building unless told to by authorized personnel.

RLC Physical Plant Director Randall Shively said safety is a chief concern of officials at RLC. He said they have tried hard to plan for any situation.

"Every classroom and corridor on campus, Pinckneyville, and the MarketPlace has a map explaining the primary and secondary routes to evacuate if necessary," said Shively. "Each map also shows the safer areas to go to during severe weather situations. Red color represents evacuation route and green represents the safer areas. The blue color represents the safer areas to evacuate to on the exterior."

Shively also said there are handbooks at each of the above locations to give written directions for different emergencies. There are also phone numbers to call if the emergency needs back up. When there is severe weather, sirens will sound and the buildings are equipped with speaker-phones that are designed to announce severe weather warnings and update when the warning is over.



Students pass by maps encased on the wall between the Learning Resource Center and theatre lobby. Everyone is encouraged to take a moment and become familiar with the maps, which are located in every building on RLC's campuses. They show primary and secondary evacuation routes, safe areas nearby, and areas to go to outside in an emergency that requires evacuation. This information is also available in every classroom. (RLC Newspaper Photo/NATHAN WHEELER)

SIUC filmmakers guest lecture in Theatre

BY RHEANNA GRIZZELL

RLC NEWSPAPER STAFF

Although Rend Lake College has many displays of what its students have created, the campus is rarely able to view someone's self-expression through a lens. On Oct. 4, two SIUC filmmakers showcased and talked about their films in the RLC Theatre.

The guest speakers, Mike Kartje and Nick Nysten, were invited by RLC English Professor Rob Little and gave aspiring filmmakers an overall view of the joys and woes of amateur filmmaking. Several students showed up for the viewing.

Kartje made *The Armageddon Principle* and Nysten made *The Modern Set*. They are both second-year Master of Fine Arts students. They discussed several details about the making of the films: the ideas and inspiration behind them, and all the hard work that must be put into them.

Between all the equipment,

crew, and other expenses, the two films cost around a \$100 per minute, according to Nysten. One film was around eight minutes long and the other lasted about four minutes. There was a lot of planning and difficult labor that the two filmmakers had to do for such short films, but their passion ultimately created them.

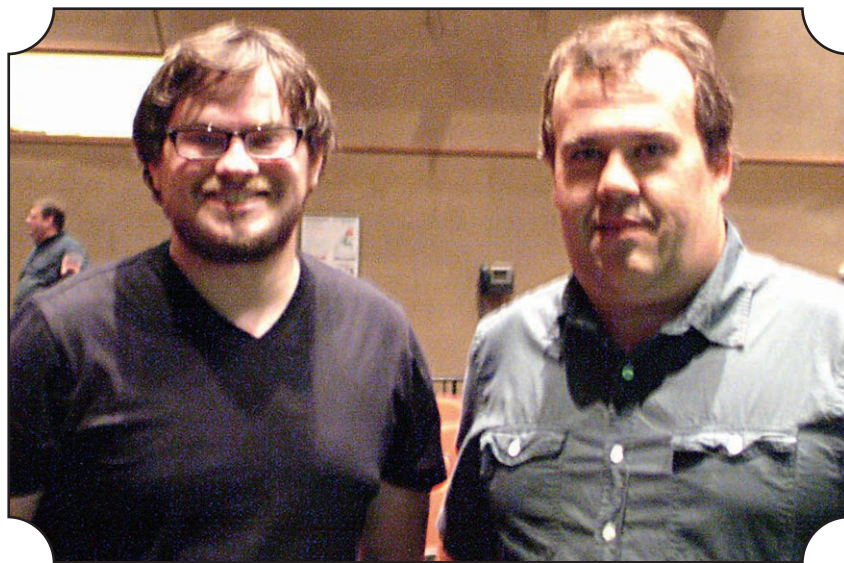
Kartje voiced the struggles of being an amateur filmmaker.

"As a filmmaker with a low budget, friends and family are essential," he said.

While discussing the concepts of *The Modern Set*, Nysten told of the importance of retrospection.

"As a filmmaker, it is important to look back on your work," he declared. "You fish out things you do over time."

With insightful messages and passionate appearances, Kartje and Nysten enlightened the audience and inspired the people interested in filmmaking. Their hard work and costly expenses have truly paid off.



Southern Illinois University at Carbondale filmmakers Mike Kartje, RIGHT, and Nick Nysten met with students in the Rend Lake College theatre to show and discuss their short films — Kartje's "The Armageddon Principle" and Nysten's "The Modern Set."

RLC Board holds Oct. 9 meeting

RLC NEWSPAPER STAFF

Highlights from the Rend Lake College Board of Trustees' Oct. 9 meeting include:

2012 tax levy approved

Accepted the 2012 tax levy, payable 2013. The proposed taxes to be levied for fiscal year 2012 total \$4,827,711, an increase of 2.06 percent over last year. Because the amount of the corporate and special purpose tax levy is not greater than 105 percent of last year's levy, the college is not required to publish a notice of tax increase or to conduct a Truth in Taxation hearing.

Physical Plant's Holman retiring

Accepted with regret the retirement resignation of Thomas Clay Holman, Maintenance Technician, effective Dec. 31. "It has been a good experience being part of Rend Lake College," Holman said in his retirement resignation. He said he plans to return to work part-time for the college after retirement.

In other business, the board:

- Approved revisions to board policy and procedure concerning purchasing technology equipment / audiovisual equipment (second reading).
- Approved the 2013-2014 Academic Calendar as presented.
- Approved revisions to board procedure concerning fees.

Mark your calendars ...

- Faculty Recital, 2 p.m. and 5:30 p.m. Wednesday, Oct. 10, RLC Theatre.
- RLC Foundation Scholarship Dinner, Thursday, Oct. 18, James "Hummer" Waugh Gymnasium.
- RLC Halloween Concert, 7 p.m. Tuesday, Oct. 23, RLC Theatre.
- Criminal Justice Round-Up for Scholarships, 6 p.m. Monday, Oct. 29, Rend Lake Resort, \$25 per person.
- Fall Play: "Tom Sawyer," 7 p.m. Thursday-Saturday, Nov. 8-10; 2 p.m. Sunday, Nov. 11, RLC Theatre.
- Division I Cross-Country Championships, Saturday, Nov. 10, Rend Lake College.
- Christmas Concert, 7 p.m. Tuesday, Nov. 27, RLC Theatre.

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VESTA presenting wine evaluation at Lincoln Land CC

RLC NEWSPAPER STAFF

Rend Lake College, through the Viticulture and Enology Science and Technology Alliance (VESTA) will present the workshop "Sensory Evaluation of Wine" Nov. 10 and 11, at Lincoln Land Community College's Bistro Verde in Springfield.

Illinois VESTA Coordinator Candy Fitch-Deitz said Springfield provides a nice central location for the workshop targeted at Midwest wine makers, enthusiasts and grape growers ages 21 and up. The Nov. 10 session runs from 9 a.m. to 6 p.m. and the Nov. 11 session runs from 9 a.m. to Noon. The cost of \$125 per participant covers classroom instruction,



wine and lunch on the first day.
A block of rooms — \$109

plus tax per night, per room — have been reserved for Nov. 9 and 10 at the Holiday Inn Express on South Dirksen Parkway in Springfield. The block will last until Oct. 20.

Instructor for the workshop is Bradley Beam, Illinois State Enologist, Wine Maker at Willett's Winery & Cellar, and Extension Specialist in Enology for the Illinois Grape Growers and Vintners Association.

Advanced registration is required for this workshop by Oct. 27. Call 618-437-5321, Ext. 1724, or e-mail deitzc@rlc.edu.

RLC Campus Connection



John Nalley



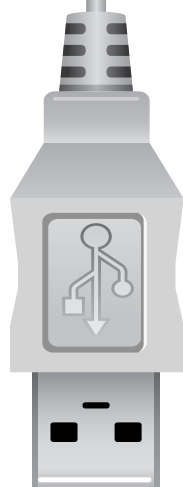
Lynne French



John Austin



Dr. Linda Denton



Students, staff share thoughts on Halloween costumes

Our own Fernando Jacinto set out on campus to find out ...
Q: What are you going to be for Halloween?

John Nalley, 34, Benton, Major: A.A./Undecided

A. Mad scientist. ... I have the hair and the crazy eyes!

Lynne French, 33, Mount Vernon, Major: OFTC

A. A dead little girl, swinging on a swing set. I saw it at a Halloween store.

John Austin, 42, West Frankfort, Major: Radiologic Technology

A. I probably won't. ... I'm probably gonna be busy handing out candy.

Dr. Linda Denton, 54, Pinckneyville, RLC Physics and Physical Science Professor

A. An evil professor. ... I have the costume.

Beth Mandrell, 57, Mulkeytown, RLC Reference Librarian

A. The good witch. ... Well, you know there's a witch in all of us. But, if you're GOOD, then you won't scare anybody and you know you can do good things. You don't have to do witchy kind of things.



Beth Mandrell

Rend Lake College News

Administration:

LuAnn Droege, Senior Editor, Centralia Sentinel

Nathan Wheeler, Editor, Rend Lake College

Advertising:

To place an advertisement, call 246-2000

Postal Information:

Published weekly on Thursdays by Centralia Press Ltd., 232 E. Broadway, Centralia, IL 62801-0627 (USPS 098-600) (ISSN: 1059-8162); periodical postage paid in Centralia; POSTMASTER: Address changes to the Centralia Sentinel, 232 E. Broadway, Centralia, IL 62801-0627

Single Copy Price:

25 cents at retailers and paper racks; \$20 for a one-year subscription; free on RLC campuses

Circulation:

Subscription and delivery information is available by calling 246-2000.

'Frankenweenie' provides fun for all ages

BY TYSON HILL

RLC NEWSPAPER STAFF

Tim Burton has built his reputation on gothic films such as "Beetlejuice," (1988) "Sleepy Hollow," (1999) "Corpse Bride," (2005) and "Sweeny Todd: The Demon Barber of Fleet Street" (2007).

While watching "Frankenweenie" — a remake of his original 1984 short film of the same name — the viewer is once again a visitor to Burton's world. His trademark gothic style is prominently displayed in the decision to

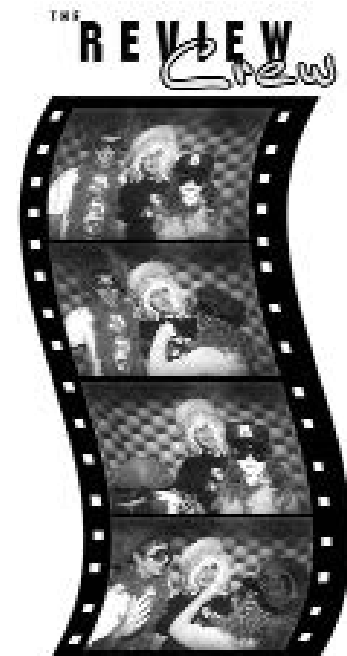
create the film in black and white, the tall spindle-like bodies of the majority of the film's characters, and the long gaunt faces with bulbous eyes that give characters a permanent expression of extreme fright. It's a character design Burton popularized in films such as "The Nightmare Before Christmas," (1993) and "Corpse Bride" (2005).

Despite its dark appearance, "Frankenweenie," from the correct viewpoint, is the heartwarming tale of a young boy, Victor Frankenstein (voiced by

Charlie Tahan), whose extraordinary love for his dog Sparky drives him to do whatever is necessary to keep them together — even if it means bringing his dog back from the dead.

Such an ability is of course rife with danger and it is made clear to Victor early on that the only thing that allowed Sparky to return whole and untainted is his great love for him. It is only when the other children in Victor's age group discover his revival formula that strange things begin happening in New Holland.

Older audiences will delight in the homage made to classic horror films such as "Frankenstein," "Dracula," and "The Mummy" — shown when the other children begin resurrecting their pets into monsters that have striking similarities to these iconic monsters. The beginning of the film's final scenes: a lynch mob chasing Sparky to an abandoned windmill, torches clutched and ultimately setting the windmill on fire could've come straight out of James



Whale's "Frankenstein" (1931). And the film's final showdown between Sparky and Mr. Whiskers — a vampire-esque amalgamation of a student's cat and a bat — are a direct homage to the original horror rivalry, Dracula v. Frankenstein.

The bond between Victor and Sparky provides a great message for younger audiences while the tip of the director's cap to classic horror films and traditional Tim Burton style will keep older audiences enamored of this particular remake.

As a film meant to be seen in 3D, "Frankenweenie" delivers spectacularly on this front. The stop-motion style and understated 3D in this film provide an interesting combination and beautiful presentation. For visuals, quality of 3D, and overall presentation; "Frankenweenie" receives 4.5 3D glasses out of 5. For the film's ability to capture the audience, Tim Burton's masterful storytelling, and the moving performances given by the voice actors in the film, "Frankenweenie" receives 4 movie tickets out of 5. "Frankenweenie" comes close to showing violent content a couple of times. This is primarily during the death of Sparky and the confrontations with the film's monsters. But the film, stays well within its PG rating and is otherwise completely clean. "Frankenweenie" receives 4.75 popcorn buckets out of 5 for family friendliness.

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Alstat shares background, advice for aspiring musicians

BY FERNANDO JACINTO
RLC NEWSPAPER STAFF

Rend Lake College newspaper staff member Fernando Jacinto sat down with Music Associate Professor Sara Alstat for this edition of Teacher Feature.

FJ: Tell me about your background.

SA: Starting when?
FJ: Let's say... high school. What did you do in high school?

SA: Ok. I went to Elverado High School in Elkhart. I had 23 in my graduating class and because of that, if you're referring to any musical things, we really did not have any music at Elverado High School. We had a band of six and no choir when I graduated high school (laughing).

FJ: So why did you choose music?

SA: Um, actually, I didn't choose music at first. I went to John A. Logan College because John A. Logan was in my district. I went into Computer Science. Then I got into my first Computer Science math course where you are doing the binary system and I said, 'This is not for me.' So then I spent my next year and a half trying to figure out what I wanted to do. So I completed my generals. I took Music Appreciation and I took Music Fundamentals. I sang in the choir one semester. And then I got done with my Associates and I said, 'Ok. What am I going to major in?' I looked at my life and what I enjoyed and said, 'The only thing that I can see myself doing for the rest of my life is something in music.' So that is why I decided to become a music

major.

FJ: How about theater?
SA: That wasn't even on my mind at that time. I just wanted to be a singer. And so I went to transfer to SIUC — into the music department. I had no clue what I was doing. I went in blindly and said, 'I am a music major,' and went in for music business thinking I was going to Nashville to become a famous country music singer. While I was at SIUC, at age 20 or 21, I had my first voice lesson ever and my voice teacher said, "Ok! What are you going to sing today?" I said, "What do you mean?" And he said, "What did you bring?" I said, "Nothing." I mean, I was clueless. He said, "Well. What do you like to sing?" And I said, "I like to sing country, gospel, hymns: things like that..."

FJ: So what made you choose teaching then?

SA: Once again, it wasn't probably something I pursued. I'm working on my doctorate in educational leadership and we always talk about whether you actually pursue a leadership position or you drift into a position... you fall into it. People recognize those qualities. That's kind of how I fell into this position at Rend Lake College. I had just finished my master's in Music (Opera Musical Theater) from SIUC. I was working at SIUC as a travel service accountant. So I was a civil service worker at SIU. My

FJ: I wasn't privileged like a lot of students are to grow up in an area where they had a lot of theater opportunities. Again, that really wasn't on my scope when I was growing up — you know, going through grade school, junior high and high school. I was mainly just singing. I just liked to sing, not really acting and singing together. I did one musical at John A. Logan. I was a nun in The Sound of Music. Hated it! Hated it! Hated it! (laughing).

When I went to SIU — I think it was maybe my first semester, I would have been a junior transferring in with an associate's, my voice teacher suggested that I audition for the opera Magic Flute. So I did and I got a

friend saw the ad in the paper for a music coordinator at Rend Lake College and she said, "You should apply for this." I said, 'I will never get that job. I have no experience in teaching.' And she goes, "Well you should apply for this anyways." I did. I got another interview. And I got the job. So I kind of drifted into this position. I never thought in a million years that I would be teaching. I actually had instructors in college tell me that I'd be a great teacher and I never believed them. I got here thinking... 'Well. I'll try it out. See if I like it. If I don't, then I'll move on.' I love it! I've been here ever since and this is my eighth year.

FJ: So tell me about your experience in plays. I see that you worked at the Sesser Opera House and the SIU Theater. You've even been a part of the musical, Catz. So tell me about all the plays you've been in and what you've been doing in the plays.

SA: I wasn't privileged like a lot of students are to grow up in an area where they had a lot of theater opportunities. Again, that really wasn't on my scope when I was growing up — you know, going through grade school, junior high and high school. I was mainly just singing. I just liked to sing, not really acting and singing together. I did one musical at John A. Logan. I was a nun in The Sound of Music. Hated it! Hated it! Hated it! (laughing). When I went to SIU — I think it was maybe my first semester, I would have been a junior transferring in with an associate's, my voice teacher suggested that I audition for the opera Magic Flute. So I did and I got a

part in the chorus in the Magic Flute by Mozart. [I] didn't really care for that experience too much and then a couple years later, they were doing a musical called Starting Here, Starting Now by Maltby and Shire. I auditioned for that and I got a really large part in it. I've loved musical theater ever since. So that was the first show I had a really decent part in. I've done two shows with the McCloud Summer Playhouse [at SIUC]. I was Grisabella in Cats — the old cat that gets to go to Cat Heaven. I actually got to fly into the rafters and all this other stuff. That was a great role to play. I was also in The Producers in 2008, I believe at SIUC, at McClasner Playhouse. McClasner Playhouse is actually a professional theater outside of SIUC. But they use SIU's facilities. And so, I actually got paid! In The Producers, I was just a chorus member. But I loved every bit of it. I was the oldest chorus member at 30. I got to be about eight different characters. I think I had eight different costume changes [and] five or six wigs. That was a lot of fun! I got to tap dance... [a lot of dancing and singing].

I've also done dinner theater in Mt. Gretna, Penn., at a place called Timbers Dinner Theater in the summer of 2003. The way an actor gets one of those jobs is you actually go to a large audition. The audition I went to was called the SETC [South-eastern Theater Conference]. I had to fly to Arlington, Va. That was where the actual audition was and those are cattle-call auditions. There are probably 2,000 people there audition-

ing. You get 90 seconds to show your stuff in front of about 200 companies at once. And it's a cattle-call, literally. You get up. You say, 'Number 802.' As soon as you say your number, they start timing you. You get 90 seconds to sing and act. As soon as you're done, you're done. You're cut off. So it's a very stressful situation to be in. After that, you have two days of callbacks. It's in this big hotel. I had probably 12 callbacks that I went to for 12 different companies. And I was running up and down stairs because it was like a 25-floor hotel and you have to find all these companies and these hotel rooms and then I was lucky enough to get a job at Timbers. That was a musical revue called Curtain Up. It was probably a 90 minute show. We learned the entire show the first two weeks I was there. After that, it was eight weeks of six shows a week. So, I probably performed close to 70 shows that summer within 10 weeks. And Mt. Gretna is just as humid as Southern Illinois.

[Timbers] was an outdoor theater. I sweated a lot that summer. But it was a great experience. I got to meet a lot of interesting people.

There were only seven of us in the cast: three guys [and] four girls. There were college-age people there performing that were from NYU. There was someone who graduated from California State University at Pittsburgh. I mean all over the place. They all had different backgrounds. I also met one of my best friends while I was there.

I started doing things at the Sesser Opera House while I was beginning to work up here at Rend Lake. I found out they needed an ingenue to play the lead role in an operetta by Gilbert and Sullivan called Rattygore. I



RLC Music Associate Professor Sara Alstat performs "The Music that Makes Me Dance," from Funny Girl, at the recent RLC Faculty Recital.

went and auditioned and I got the role. I've done Rattygore. I was in HMS Pinafore and Guys and Dolls these last five years.

FJ: So what do you usually do when you're not teaching?

SA: When I'm not teaching, I am usually working on something for the college or because I am working on my Doctorate in Educational Leadership through Oakland City University in Indiana. So I am usually working on assessment things that have to do with my dissertation. If I have time, I still like to perform on the side. That is my biggest passion and I miss it right now because I really don't have time. Besides that, I do live on a farm. I have 14 ducks, about 20 chickens, cats and dogs and my boyfriend is a farmer. So I'm usually pretty busy helping him by feeding animals or something like that. I love to go out and eat because I don't cook.

FJ: So how do you usually relax or de-stress?

SA: Dinner with drinks is relaxation. I do like to enjoy a

Criminal Justice program rounding up scholarship support Oct. 29 at Rend Lake Resort

BY STACI JOHNSON
RLC NEWSPAPER STAFF

The Criminal Justice Department at Rend Lake College is hosting the first-ever Criminal Justice "Round Up for Scholarships" at 6 p.m., Oct. 29, at the Rend Lake Resort and Conference Center Room A.

The cost will be \$25 per person. All proceeds will go to scholarships for Criminal Justice students. Hors d'oeuvre will be served and there will be a cash bar.

"The biggest reason I want to see this work is because I hate to see a good student unable to finish his or her degree because of financial hardships," said Ron Meek, Criminal Justice instructor at RLC. "I have had many great students and do not want to see any of them not complete their goals." Meek is in charge of designing the scholarship and is determined to see it through.

Sara Palmer and Shana Hughes, graduates of the Criminal Justice program, will be guest speaking at the event.

"I feel that it would really help students that do not meet the criteria for Pell grants. And it opens up more options to people wanting to advance their careers that otherwise couldn't," said Palmer. "I think it is a good idea and it will allow students to finish school that otherwise wouldn't be able

to," said Hughes. Palmer and Hughes agree that Rend Lake's program is amazing.

"I feel that they have a diverse group of teachers. Ron Meek has worked for years in the Criminal Justice field, ranging from police officer to sheriff and warden to teacher. Scott Peeples is an investigator in the St. Louis area. Trisha Martin-Dick has passed the bar exam and Mike Schneider is a deputy. They even have Captain Bullard from the Mt. Vernon Police Department teaching there," said Palmer.

Hughes said, "I love that Ron teaches hands-on and real-world situations. He is trying to prepare the students for what it's really going to be like when we get into the field."

After speaking to several students, most of them agree that one change could be made to better the program. Rend Lake currently offers a class called Inside-Out, which allows the students to interact with detainees at the Jefferson County Justice Center. They would like to see more classes along these lines.

"I would like to see more interaction with the police departments, jail, or prisons," said Hughes.

Meek said the scholarships could go to help students with tuition, book fees, and possibly help with times of hardship, such as with



Photo by Staci Johnson

gas funds, or some car repairs.

"Sometimes, it's the little things that could mean the difference between graduation or not, such as when a student has a flat tire or no gas to get to class," said Meek.

Several of the Criminal Justice students plan to be present at the event. They are all in agreement that they would love to see it have a great turnout and would love for the scholarship to work out.

"We are reaching out to state's attorneys, public defenders, judges, and others for help with the scholarship," said Meek.

Illinois 2nd Judicial Circuit Court Judge Nicole Villani and Jefferson County State's Attorney Douglas Hoffman will be presenting a check to help with this endeavor. The funds for this donation are from the State's Attorney Drug Forfeiture Fund.

"I like the idea of taking something negative and turning it into something positive by using seized drug money," said Meek.

The event is open to all persons interested in supporting the Criminal Justice Program. For more information about the event, contact Ron Meek at 437-5321, Ext. 1239 or by email at meekr@rlc.edu.

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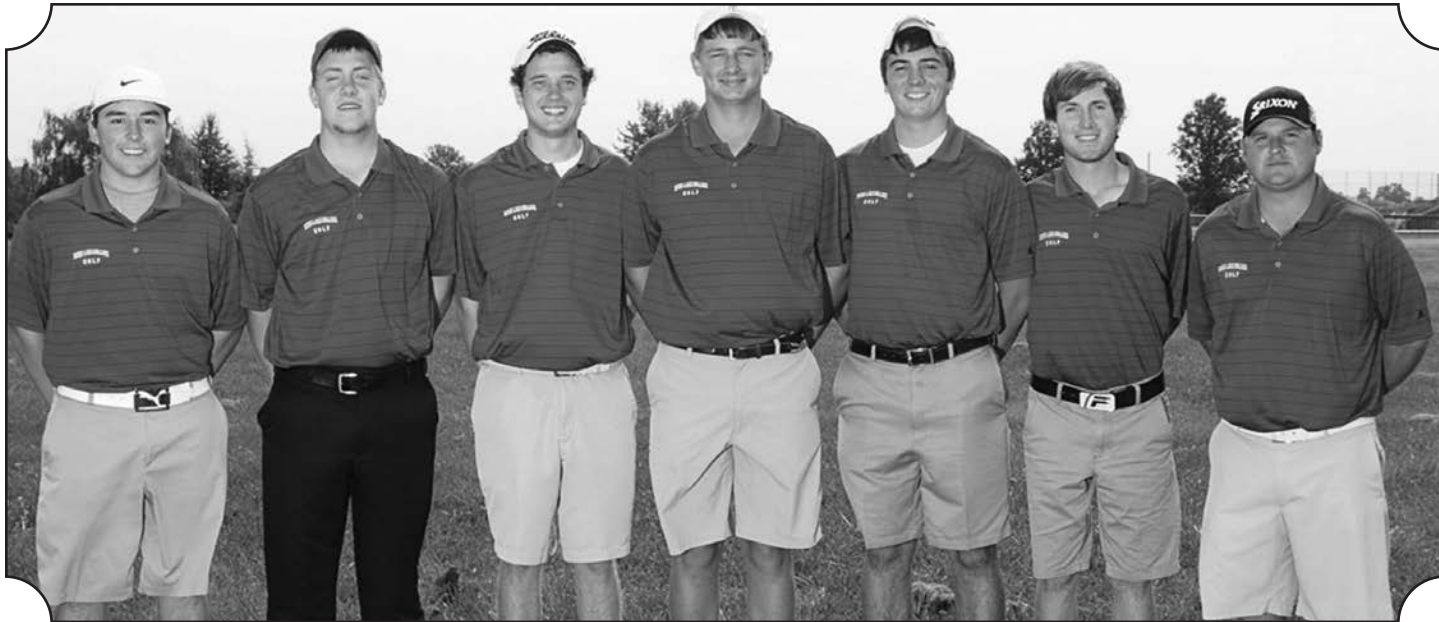
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Financial Advisor
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Salem, IL 62881
618-548-6555

Darren L Dwyer
Financial Advisor
521 West Main
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618-548-6555

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SPORTS SECTION



Meet the RLC Men's Golf Team

The 2012 Rend Lake College Men's Golf Team includes, FROM LEFT, Travis Waninger of Chrisney, Ind.; Patrick Heller of Campbell Hill; Seth Bullard of Mt. Vernon; Dayton Jones of Hopkinsville, Ky.; Cody Drone of Altamont; Sam Penrice from Hastings, New Zealand; and Head Coach Lucas Cromeenes.



Meet the RLC Women's Golf Team

The 2012 Rend Lake College Women's Golf Team includes, FROM LEFT, Lexie Shoemaker of Mt. Vernon; Chandra Weddle of Royalton; Laura Bremer of Vienna; Kylee Henager of Mt. Carmel; Taylor Koeller of Marissa; and Nina Jackson of Martinsville, Ind.

Santasy Football Challenge

WEEK 6

RLC Sports Writers Mark Hopkins and Josh Myers are going head-to-head this Fantasy Football season. They tossed a coin, held a draft and here we are. Who's ready for some fake football?!

Mark's Team			Josh's Team		
Previous pts	294		375	Previous pts	
Pos	Player	Pts	Pts	Player	Pos
QB	M. Ryan (ATL)	11		(NO) D. Brees	QB
	E. Manning (NYG)		38	(GB) A. Rodgers	
RB	R. Rice (BAL)	22	15	(HOU) A. Foster	RB
	CJ Spiller (BUF)		10	(PHI) L. McCoy	
	R. Bush (MIA)			(SF) F. Gore	
	A. Peterson (MIN)	12		(SEA) M. Lynch	
WR	V. Cruz (NYG)	11	13	(DET) C. Johnson	WR
	S. Smith (CAR)	0		(CHI) B. Marshall	
	V. Jackson (TB)	18	15	(ARI) L. Fitzgerald	
TE	T. Gonzalez (ATL)		6	(NE) R. Gronkowski	TE
	J. Graham (NO)	0	3	(SF) V. Davis	
K	L. Tynes (NYG)	14		(CHI) R. Gould	K
	M. Bryant (ATL)		6	(GB) M. Crosby	
DEF	Texans	6		Bears	DEF
	Ravens		2	49ers	
Week 5 Total Pts	94		108	Week 5 Total Pts	
FF Total Pts	388		483	FF Total Pts	

This symbol means the guys picked that player to start.

Fantasy Football Tip for Week 7 -
Chris Johnson would be a great player to add to your starting line-up in week 7. His Tennessee Titans are taking on the Buffalo Bills. The Bills rush defense is allowing 171.8 rushing yards a game. That's 3rd worst in the league. Johnson has been off and on this season aside from a game or two. Expect him to explode for 100+ yards and a touchdown this week. - Josh

Don't buy into the one-week wonders. As we experienced with Kevin Ogletree in week 1 he jumped up the rankings but where has he been since? With teams keying on Dez Bryant and Jason Witten, Ogletree found empty spaces in the Giants defense. Since the first game he's only had 9 catches for 107 yards in 3 games and 0 tds - after posting 8 receptions for 114 yds and 2 tds in week 1. - Mark

Meet the Coach: Randy House

BY MARK HOPKINS
RLC NEWSPAPER STAFF

Randy House is in his third year at Rend Lake College as the

Men's Head Basketball Coach.

Last year was his best year after leading his team to the National Junior College Athlete Association (NJCAA) Tournament appearance and winning the Region XXIV Tournament.

It was the first time in Rend Lake College school history.

House has been coaching for 11 years. He got his start in Johnson City where he coached for two years before moving on to Benton where he coached for another five years.

He runs an up-tempo offense and an aggressive hard-nosed defense. He doesn't just teach his players about basketball, he teaches them life lessons too. He is a coach on and off the court.

He played basketball for Benton High School and also played for SIU-Carbondale. As a Saluki, House made the All-Valley Freshman Team and is the ninth all-time leading scorer in SIUC history. He graduated with a degree in business management.



Randy House

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**Source: Based on EPA fuel economy 2010 MY data at http://www.epa.gov/otaq/feetrends.htm and the \$3.83 average price of a gallon of regular unleaded gas in the U.S. on April 30, 2012 at www.fueleconomy.gov.

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Rend Lake readies for postseason volleyball

BY JOSH MEYERS

RLC NEWS STAFF

It's win or go home as the postseason nears for the Lady Warriors volleyball team.

They currently sit at 6-20 on the season with only a home tri-match remaining, Oct. 20, against Vincennes University and Lincoln College.

Head Coach Sara Crews knows the remaining regular season matches are important.

"We're going to use our last regular season matches to prepare ourselves for the postseason," Crews stated.

RLC will play its first postseason match

in the Great Rivers Athletic Conference Tournament, Monday, Oct. 29, at Lake Land College in Mattoon. Crews feels the seeding could be to Rend Lake's advantage.

"We know there have been a few good teams that were upset. They could be a lower seed and we may be stuck in the middle," she explained.

The Lady Warriors have had some good individual performances all season. Sophomore Jennifer Moeller of Nashville has averaged a kill per game this season.

Crews added that sophomore Megan Wren is having an outstanding season as she is leading the team in assists.

Jones medalist, RLC T-2 at men's golf outing in Danville

RLC NEWS STAFF

Rend Lake's Dayton Jones took medalist honors and led the Warriors to tie for second, Oct. 6 and 7, at the 44th Annual Danville Area Community College Invitational held at Turtle Run Golf Club.

Jones (Hopkinsville, Ky.) shot a 74-71 for a 145 total in cold, windy conditions. It was one stroke better than Stimac of team-winner Lewis and Clark Community College. The performance lowered Jones' fall stroke average to a team-low 74. Earlier this fall, he finished eighth at RLC's Fall Invitational at Franklin County Country Club after shooting 74-71, and ninth at John A Logan with an 81-74.

Fellow RLC freshman Travis Waninger (Chrisney, Ind.) tied Stimac for the lowest one-round score in the tournament after Waninger shot a 69 the first

day. However, his 79 in the second round pushed his overall score up to 148 — good for third-place and a spot on the all-tournament team.

It was a very close tournament. Rend Lake, as a team, shot 300-306 for 606 overall. That tied Parkland College's A-Team for the runner-up spot and was just two strokes shy of Lewis and Clark.

RLC's Sam Penrice (Hastings, New Zealand) finished seventh at 79-74-150, while Cody Drone (Altamont) shot an 81-82-163 and Pat Heller (Campbell Hill) shot a 91-85-176.

The Warriors will continue its fall campaign with the Lewis and Clark Invitational, Oct. 14 and 15, and the Mississippi Gulf Coast Community College Hilton Garden Inn Invitational, Oct. 29.

For all things athletic at The Lake, visit RLC online at www.rlc.edu/warriors.



Warrior freshman Dayton Jones (Hopkinsville, Ky.) finished first, leading RLC to tie for second, at the 44th Annual Danville Area Community College Invitational.

Alstat continued from page 3

message every once in a while. I like to go to the spa down in Cartersville every once in a while. I like to go boating with my boyfriend. But with this job, there is a lot of stress. There is a lot of work and I'm usually pretty busy and the only time I ever get to de-stress is during summer and Christmas usually.

FJ: So if you weren't teaching, what would you do?

SA: Good question. That's a hard question... I'm sure I'd be trying to do something in the music realm. Originally, I wanted to go and be a singer on Broadway. Then I realized that was not the lifestyle for me — going from audition to audition, not having a steady income, not knowing where your next job would be. That was the thing for me. I really wanted a farm with animals and horses and a family and things like that. So I knew that I wasn't going to do [Broadway]. If I wasn't teaching here at Rend Lake College, I don't know what I would be doing. Probably trying to figure out some way to fit music into my life and trying to live off of it.

FJ: What do you like about teaching?

SA: The student interaction. I love it! I love meeting all the different students. I love the fact that I am still in college. I mean, just because I am a teacher doesn't mean I can't stop learning. I have to continue to learn constantly. We really stress a lot in learning. And that's what I love about this job, as well as the student interaction, especially at a community college level. You have smaller classes. I know all the music majors' names. I get to hear other stories. And I think we are a stepping stone for students from high school to a university. I love that fact. I love that I get to help students who may not have been ready for a university level music program — that we can get them ready to be there and

be successful.

FJ: So what's your advice for students to be successful?

SA: Music students or in general?

FJ: In general.

SA: Never stop learning. Try not to procrastinate. I think that is the biggest downfall for students — even myself. I'm a procrastinator. Try not to overload yourself with work and school. I know we have a lot of students here that are working full-time and going to school full-time. School should take priority over everything because that is your future. Again, always seek more knowledge. Become a lifetime learner.

FJ: How about for music students?

SA: For music students: Practice! Practice! Practice! I can't stress practicing enough. You have to dedicate hours and hours and

hours of practicing your instrument — whether it is voice, percussion, brass, strings, whatever it is. People spend hours a day practicing and that's how you become a virtuoso. That's where you become good enough to move on and get a job at a college or a high school, or wherever it is you might want to go. Practice. Again — no procrastination and always keep learning. Surround yourself with music.

Fernando and the newspaper staff would like to thank Sara for the great interview.

Got an instructor you would like to see in a "Teacher Feature?" Text "AskRLC" to 66746 to sign up. Once you're registered, text the teacher's name to 66746. Or drop a comment on the RLC Facebook page at www.facebook.com/rendlakecollege.

SUBWAY
Athlete
of the Week
Dayton Jones
Men's Golf
Hopkinsville, KY

Dayton won the Danville Area Community College Invitational after shooting a 74-70 in cold and windy conditions. It lowered his fall stroke average to a team-leading 74. He finished 8th at RLC's Fall Invitational at Franklin County Country Club after shooting 74-71, and 9th at John A Logan with an 81-74.

Hungry for more Warriors? visit rlc.edu/warriors

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