

The Pressing Times

Rend Lake College, Ina, Illinois 62846

Wednesday, May 2, 1979



Courtney Cox and RLC Jazz Band perform in Chapultepec Park, Mexico City.

RLC Jazz Band is big hit on tour of Mexico

Two encores and a standing ovation from an audience of over 1,000 in the city of Oaxtepec highlighted the RLC Jazz Band tour of Mexico April 16-23.

The band, which was the first Illinois community college band ever chosen to appear in the Fiesta Musical Mexicana, won a bronze medal in that competition.

Directed by Courtney Cox, the band played concerts in Mexico City and Jojutla as well as Oaxtepec. When not performing, they toured the Museum of Anthropology and Chapultepec Castle, home of Maximilian and Carlotta in Mexico City.

To audiences in Oaxtepec, a vacation resort for Mexican residents only, the Jazz Band were celebrities. Besides their en-

thusiastic reception of the band, concert performance, diners in an Oaxtepec restaurant later recognized band member Sly Evans from a photo in a Mexican newspaper. The front-page publicity caused the band to mob paper vendors who completely sold out that issue.

Jazz Band members who travelled to Mexico are Jessica Booker, Pam Bourland, Joan Bourland, Christie Brown, Sly Evans, Brent Gann, Lora Goodman, Albert Gouge, Kell Hamilton, Shawn McCauley, Larry Phipper, Karen Rye, Ted Smith, Brian Summers, John Upcraft, and Kenny Williams.

Three singers from RLC, Karen Woodfin, Susan Derry and Shelley Leek, also toured Mexico with the band in concerts.

J. E. Jones is Chairman of Mining at RLC

J.E. (Jack) K. Jones now chairs the Mining Department at Rend Lake College.

Originally from Benton, Jones comes to RLC with experience in mining. In addition to working for a mining machinery company and a rare metals business, he was a member of a coal and coke consulting firm for some time. He served with the U.S. Navy during World War II and the Korean Conflict.

Prior to coming to RLC, Jones was president of the Aesir Engineering Corporation, a consulting firm in civil and mining engineering.

A graduate of the University of Illinois in Mining Engineering, he also taught engineering at that institution for one year.

Jones replaces Chuck Bender who returned to the electrical engineering business.

The Mining Department serves approximately 3,200 students per year who are enrolled in both long and short term training programs.

Jeananne Dan is named Secretarial Student for 1979

Jeananne Dan, Mt. Vernon, is RLC's Outstanding Secretarial Student for 1979. Her selection for this honor was announced at a reception held in the Secretarial Science Department, April 26.

At that time the department hosted secretaries employed at RLC to a punch and Greek desert break in honor of National Secretary Week April 23-29.

Jeananne Dan was selected as Outstanding Secretarial Student by secretarial students and instructors. Criteria for the nomination include willingness to work, maturity, personal charm, initiative, responsibility, organization, secretarial career goal, minimum of 12 hours in Secretarial Science, and at least a B average.

Dan holds an A average and is working toward the Executive Secretary Certificate. She is employed part-time by Howard and Howard, Attorneys as a secretary.

Bill Hudson resigns as Chairman of AAA

Bill Hudson, chairman of the Agriculture, Automotive, Architecture and Interior Design Department (AAA), has resigned effective June 30.

Hudson came to RLC two years ago. During his tenure here, Hudson instigated several advances in the AAA Department. Agriculture students will begin planting crops on the college farm this spring and will harvest these crops in the fall. Hudson, also supervised the designing of test plots for herbicide usage. These experimental plots are available for students' and local farmers' information.

According to Hudson, enrollment in AAA is the highest it has been in several years. Job opportunities in these areas are "almost unlimited throughout the country," Hudson explains. "We have far more demand than students to fill job openings in business and mechanics in this area."

Hudson plans to return to Ohio to enter adult education. He states, "I've really enjoyed my two years here. Rend Lake College has a fine faculty in terms of technical competence, and they really care about students personally. Graduates should be proud of RLC."

Youth Advocate Program needs young adults

The Youth Advocate Program of the Franklin-Williamson Youth Services Bureau needs young adults to serve as big brothers-big sisters to young people in need of older companions.

The Youth Advocate Program is a Big Brother-Big Sister-Friend program in which volunteers from local communities spend four to eight hours a week for a minimum of six to nine months with youth who have difficulties adjusting to the home, school or community.

The advocate involves the youth in weekly recreational activities on a one-to-one basis and monthly group activities with other participants in the program. While developing a friendship intended to help the youth adjust, the advocate is expected to provide a positive role model for the youth.

All interested young adults in the Franklin County area may call or write Ted Stotlar, program director, Franklin-Williamson Youth Services Bureau, 320 North Main Street, Benton; telephone 439-6338.

Dr. Baker honored by RLC

Rend Lake College's Administration Building is now the "Allen Y. Baker Administration Building."

In a dinner gathering of state-wide educational leaders Friday evening, April 20, to honor Dr. Baker, Rend Lake College announced the naming of the Administration Building in his honor. With Dr. Richard Simpson, current chairman of the College Board of Trustees, assisting Dr. Baker, Baker unveiled the bronze plaque designating the new name for the Administration Building. The bronze plaque displays a graphic likeness of Dr. Baker, gives the building its name and states, "For outstanding service to Rend Lake College, 1967 through 1979."

Baker recently retired from RLC's Board of Trustees after serving over 12 years. He was one of the leaders in establishing the college, served on its first board of Trustees, and has served continuously since. Baker declined to run for reelection in the recent election of Board members.

College President, Dr. Harry J. Braun presented Dr. Baker with a folder of letters from people unable to attend but wanting to express their appreciation.

Dr. Loren Klaus, president of Shawnee Community College, Ullin, in a letter in the folder, cited Baker as "... the man who has done more for community colleges of the state than any other." He indicated the community owed Baker their gratitude for the present system of funding for community colleges and called Baker "an eloquent speaker for the needs of this area."

The folder also had a copy of the Illinois State Senate Resolution passed on April 18 that cited Baker for his contribution to all the community colleges in the State.

In the first of the after-dinner speeches, Dr. Fred L. Wellman, Executive Director of the Illinois Community College Board, praised Baker for this work in organizing the Illinois Community College Trustees Association and for his leadership in equalizing funding efforts.

Horton provided the guests a rather

specific list of some of Baker's accomplishments. While Baker was President of the Illinois Community College Trustee Association, all 39 colleges in the system joined that organization.

Under Baker's leadership, the community college act was codified. He helped establish a sound financial basis for community colleges, particularly through the equalization concept. And he gained the first override of a governor's budget.

In his remarks after unveiling the bronze plaque, Baker indicated that he intends to remain interested in the community college system and to assist in whatever he can in its continued success.



Dr. Allen Y. Baker, Pinckneyville, displays the bronze plaque designating the Rend Lake College Administration Building as the "Allen Y. Baker Administration Building." Baker was one of the early boosters for the college, worked hard for its establishment and served on the Board of Trustees for over 12 years. He declined to run again in the recent election.

COMING EVENTS

May 8 — Mt. Vernon Community Chorus Concert
May 21 — Last day of regular classes
May 22-25—See schedule of semester examinations
on Page 4
May 27 — Commencement
June 4 — Registration for summer semester
August 22 — Instruction begins for fall semester

Editorial

ERA: SUPER ?? AMENDMENT

Destined to leap male chauvinism in a single sentence, more powerful than a housewives' revolt, as slow as the seven-year itch—Super Amendment is taunted and tainted, loved and hated, celebrated and debated!

Yet somewhere on the way to ratification Super Amendment (in real life the Equal Rights Amendment) lost its momentum and stalled in a quagmire of misinformation, ignorance, suspicion, libel, innuendos and downright lies.

First introduced to Congress in 1923, the Equal Rights Amendment bounced from committee to floor and back to committee for 49 years. Eventually, the House of representatives passed the resolution, and the Senate confirmed that endorsement March 22, 1972.

But ERA was burdened with a seven-year nemesis—a deadline for state ratification. Super Amendment just couldn't succeed in such a short time. So in October, 1978, Congress extended ERA's deadline for ratification 39 months. The new D-Day is June 30, 1982. A provision allowing states to reverse ratifications during this extension was defeated by Congress.

The entire gaggle of legislative pitching and balking, ratifying and rescinding, hindering and extending, has almost completely obscured the original intent of ERA.

In the beginning of the ratification process, proponents of ERA said women were treated unfairly by the law, their husbands, employers and little kids. Opponents said American women held the most respected position ever attained by mankind. (Proponents would have said "womankind," but that turned out to be only a peripheral issue.)

From her ivory tower the "true" American woman looked with disdain on equal opportunities to barter in the money market with newly created rights of credit, jobs, promotion and education. But even the most defensive homemakers did like the idea of equal pay for equal work.

Then both sides started jumping from opposite ends of the seesaw toward the middle with never a care for keeping a sane balance and never a fear of leaping on unrelated issues and tottering off completely.

Proponents decided equal meant equal, and women should be entitled to all the fun that men had in the Armed Forces. After all, typing at a safe desk stateside was not nearly as adventurous as floating on a battleship.

Opponents decided equal meant equal, too, and women should never be exposed to the indignity of sharing a public restroom with a man.

All were shocked, but if one atrocity could upset an enemy, then surely two would send her reeling. Now it was rumored that ERA meant physical education (locker rooms included) must be coed and lesbian marriages would be legalized.

With all the excitement jousts seemingly forgot where they started. Opponents in 1979 say American women have all the rights ERA is supposed to initiate. And that's true. The 1963 so-called Equal Pay Act, the 1964 Equal Rights Act, the 1972 Equal Employment Opportunity Act, the 1972 Higher Education Act, the 1973 Comprehensive Employment and

Training Act, the 1975 Equal Credit Opportunity Act—all guarantee equality in the public realm, which is where proponents first wanted equal rights.

Proponents now compromise, "ERA would add a certain symbolic weight to the women's movement." This seems a mild request compared to original demands.

These discrepancies arose because everyone neglected to find out what the ruckus was all about before the war started. No one took time to answer sane, basic questions about our culture, our religion, our hopes, our aspirations, our needs. It is time everyone did.

What our lives are really like now involves our cultural molding, our created sexuality, and our distinctives as individuals. Therefore, any manmade laws must not neglect these areas. Laws must allow individuals the right to choose their own places in life.

A constitutional amendment won't give a woman intelligence, ability or a happy home. Those are gifts from God. But the ratification of the Equal Rights Amendment won't take away security, love and a happy home either.

After all the rhetoric and reasoning, interpreting and pleading, the real need is not for a constitutional amendment but for mending of failures and fears in lives ripped by distrust and disappointment.

Susan Burgess
Editor

*"Were it left to me
to decide whether
we should have a
government without
newspapers or
newspapers without
government, I should
not hesitate a moment
to prefer the latter."*

—THOMAS JEFFERSON



Lt. Governor Dave O'Neal is assisted by Sid Campbell (right), a member of the Illinois Community College Board, as he places a bumper sticker on his car announcing Community College Week April 29 through May 5.

The week is in recognition of the programs of the state's public community colleges which provide low-cost, high-

quality education for all of the state's citizens within their own communities.

Each year over one-half million Illinois citizens study at community colleges in the state. The colleges serve the biggest percentage of students in higher education.

Community College Week was proclaimed by Governor Thompson.

LETTERS to EDITOR

Dear Editor:

The Rend Lake College Engineering and Science Club was begun to promote engineering among students and to better inform students of engineering as an occupation.

In the past this has been done by arranging interviews with working engineers and field trips to various industries. But in the last two years the club has taken on a new dimension. Complaints by former students transferring to some major universities have led to a hard campaign to improve the pre-engineering program here at Rend Lake College.

After a careful comparison was made, it was found that these students' complaints were legitimate. There are four courses that have not been offered by Rend Lake which are required second year courses at all major engineering schools in most

areas of engineering. These are computer science, statics, dynamics, and basic electrical engineering. Computer science is a subject which is growing with importance in many fields. Statics and dynamics were recently approved to be offered next year. However, they will not be offered because the only teachers qualified to teach them are too over-loaded already with classes.

Without the addition of qualified personnel, these courses will most likely be set aside until they are eventually dropped from the catalog without ever really being made available to the students. Basic electrical engineering could seemingly be offered to both engineering and electrical tech students.

Presently the club is engaged in compiling lists of courses presently offered at RLC for more specialization in the different areas of engineering. But this also reveals another problem. Even if we make these courses available most students will not be able to take very many of them. There are too many courses that are required to obtain an AA degree that are unrelated to an engineering degree. For example, at the University of Illinois and the University of Missouri, health education, art, and music are completely unnecessary for an engineering degree. Also, only three to four hours of rhetoric and composition are required. This means that the RLC engineering student is forced to take eight hours of unnecessary courses and is deficient in 12 hours in comparison to students in these universities...

Engineering is a growing field. Since major universities are accepting fewer students in engineering, RLC is in a better position to attract these students if we can offer them a comparable program for the first two years...

All this is not to say that the RLC program is a poor one. By comparison to other junior colleges our students have been superior. All of our students transferring to the University of Illinois and University of Missouri have eventually succeeded in obtaining engineering degrees. This is no doubt a credit to the fine teaching jobs done in math and science. But by comparison to these universities our program is lacking certain courses that a student transferring from RLC will need to avoid having to take extra hours at a university.

The Engineering and Science Club has been working to improve the pre-engineering program here in order to promote the success of its members and encourage the enrollment of more students in the program. The more we have to offer, the more students will attend.

Marshall Ray Porter
President, Engineering and
Science Club

Anania's poetry travels from past to present

By Susan Burgess

From Patricia Hearst to the 1920's Dust Bowl to the Lewis and Clark Expedition, Michael Anania's poetry travels from past to present and back again.

Being able to complete such a circuitous journey in one poem is what makes Anania an outstanding contemporary poet. Anania made another kind of journey from his home in Chicago to Rend Lake College and back again last Tuesday, April 24. He came to read his poetry before RLC and area high school students and to share his creative insights with beginning writers in a workshop.

Anania's insights begin where his poetry begins—with extensive notes he keeps on everything in his environment. He considers his notes and ideas as building materials. "For me, writing is always an experiment in materials I use. I like to be surprised," Anania explained during the workshop.

You have to be willing to let things have their way. A poem is successful when I find out more from it than I knew before."

But what Anania knows before he begins the poem is plenty. His poems are often based on actual historical happenings and journals of those who made that history happen, such as "Riversongs of Arion," which he read in the RLC Theater. This series of 10 poems takes the reader down the Missouri River from Omaha, Nebraska, in a time period ranging from the polluted 1950's to the exploration of Lewis and Clark and even back to the virgin wilderness before Indians fished the river.

Although Anania says, "I don't ever really make anything up," he does admit, "I do change things." But this basis in reality is what makes his poetry alive. His poems of the hard life in the plains States in the early 1900's are based on experiences of his grandparents and mother. His roots are not only in the Dutch-German immigrants who farmed the land, but also in the Italian immigrants who settled in large cities like Omaha.

From these ties with land and city comes a poet who writes about the plow and prostitutes, the horse and highways. Anania's phenomenal memory of his teenage experiences in the 1950's with fast cars and the tragic consequences of that fastness creates vividly realistic scenes in a book he is completing for publication.

Besides writing poetry and prose, Anania currently teaches creative writing and modern literature at the Chicago Circle Campus of the University of Illinois.

He tells his students that writing is a craft and they must be proud of their work. Yet he never considers his writing so sacred that if necessary he cannot throw it out and start all over again.

As Anania says, "Craftsmen admire the material they work with. Yet carpenters throw wood around. Good carpentry looks like wood...and like something wood never was."

Cain lectures on student pranks — receives firsthand look

Students of Vincent Cain's history and political science classes have been taking him seriously. Cain lectured recently on student pranks.

Of course, a few students decided to show their teacher they knew a few pranks also. On April 17 at 12:45 p.m. Cain walked



Cathy Owens receives a \$250 scholarship from the Sad Sack Committee of Mt. Vernon Amvets. The Amvets plan to make this an annual award to a student enrolled in RLC practical nursing program. Pictured left to right are Dave Parkhill, Francis Swinnen, Ken Hall, Cathy Owens, Dorothy Huntman, Donnie Huntman, Dana Tabor—Nursing Instructor, Ardell Kimmel—Dean of Vocational Education.

RLC receives vote of confidence

Rend Lake College has received a vote of confidence from the North Central Association of Colleges and Schools. This organization accredits over 800 post-secondary institutions in the 19 state North Central region.

According to NCA official, Thurston Manning, "Accreditation is a nongovernmental, voluntary means for a post-secondary school to improve itself." He adds, "Accreditation assures that the

Nurse aide training bill in legislature

A bill designed to create a nurse aide training program in Illinois is currently being considered by the state legislature.

Under the bill, newly employed nurse aides would be required to complete an approved training program not more than six months from date of employment. According to the bill's sponsors, Rep. Phillip Bianco, (R-Chicago) and Rep. Josephine Oblinger (R-Springfield), the legislation would bring professional recognition to nurse aides. This recognition could increase job satisfaction and reduce the high turnover rate that presently exists in the occupation.

Lt. Gov. Dave O'Neal, who supports the bill, states the Nurse Aide Training Act will significantly increase the quality of health care if passed.

College has clearly defined objectives appropriate for itself, and that it has a structure, staff, and resources for accomplishing those objectives."

Manning continued by saying that "Accreditation promotes consistency in what the College claims to do for its students and what it actually achieves."

When the NCA Evaluation Team made its normal visit to Rend Lake College in November, 1977, they found several disturbing factors. The College's decision-making process was not working effectively. A considerable number of faculty members stated that learning and teaching were adversely affected by dissension on campus.

At that time law suits between the President and ten individual faculty members were pending in the courts.

From these and several similar observations, the NCA team recommended that a special visit be scheduled in the Spring, 1979 to determine if these problems had been corrected. If these had been solved, the College would be evaluated again on the normal five-year visitation cycle in school year 1982-83. If these problems still existed, the special focus team could recommend that a full evaluation be scheduled in a shorter period of time.

The Evaluation Team Chief, in his recent exit briefing to College officials, indicated that the Team found the faculty

attitude clearly not negative and very positive. Team members indicated instructors were spending time teaching students and did not have to worry about campus politics. The Team felt the emphasis had returned to teaching and learning which was a very significant change in the 18 months since the visit in 1977.

In talking with faculty and administrators, the Team found several indicators that the College was moving forward. Guidelines for placement and movement of faculty on the salary schedule have been developed; an in-service, self-improvement program for faculty development has begun; and faculty salaries have been studied.

However, the Team Chief cautioned that the College could revert to the former crisis situation if significant decisions and related actions were not carefully handled. The Team noted that RLC needs a period of stability and continuity.

The Evaluation Team recommended that the College be visited again on a normal five-year schedule.

Team members for this special visit were: Dr. (Ph.D.) Richard Brown, President of Nicolet College and Technical Institute, Rhinelander, WS., and Ms. Kathleen S. Miles, Communications and Arts Division, Community College of Denver, CO. Brown had been a member of the 1977 NCA visit to Rend Lake College.



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Cult recruiters are working on many college campuses

NEW YORK— "Unethical" cults "have infiltrated almost every campus in the country" to such an extent that if "your child is in college or high school, the chances are good that sometime this year, he or she will be approached by a cult recruiter," today asserted a survey article on cults in the current (May) issue of *Ladies Home Journal*.

In the *Journal* article cult researcher Flo Conway asserted, "Almost all the groups who are recruiting on campus don't identify themselves." She cited the Reverend Sun Myung Moon's Unification Church which often enlists new "Moonies" through CARP, its Collegiate Association for the Research of Principles organization. "They have centers on or near just about every campus in every state of the union," claims Ms. Conway, who spent four years investigating cults for a book. "They present themselves as a campus social club. People are drawn into the Moonie movement and will be there three or four weeks before they even realize that CARP is part of the Moon organization. By that time, they have become so trapped by mind control techniques that they really no longer have the free will to break out."

Dr. Margaret Thaler Singer, a noted authority on cults, stated, "One of the largest and most established cults in the U.S. today uses almost line-by-line 'thought reform' techniques that were used by North Koreans on United Nations prisoners during the Korean War. While cults don't generally hold a gun to your head and threaten to execute you, that is not necessary, because social and psychological persuasion techniques are far more effective," the University of California psychiatry professor said.

Ms. Conway also revealed, "In our research, we came across numerous reports of cults that were arming themselves. Two of the larger organizations we found have been given instructions by their leaders that in case of what they consider to be blasphemy by outsiders, they should try to kill those people. And if they are unable to do so, they should kill themselves."

In the article, Dr. Singer urged that cults be legally mandated to fully describe their identity and the nature of their activities before approaching schools or communities.

The psychiatrist asserted in the *Journal*: "The whole questions of the First

Amendment and what it does and doesn't protect bears closer examination as the result of the cults. Many of our most prominent legal philosophers are already beginning to take a look at the issues involved and are considering what are the legal rights of families within our society.

"If unethical cults are permitted to proliferate unchecked," Dr. Singer stated, "more families could be threatened and we would have more people accepting totalistic and totalitarian methods of group living without being aware of exactly what they are involved in."

Ladies' Home Journal released the following breakdown of which cults are recruiting on which major university campuses. The magazine said the research for the listing was carried out under federal National Institute of Mental Health grants and will be included in reports by behavioral science researchers to the NIMH later this year.

University of Arizona, Tucson: Divine Light Mission, Children of God
 University of California, Berkeley: Unification Church, The Christ Family, Eckankar, Hare Krishna
 University of California, Los Angeles: Unification Church, Eckankar, The Tony and Susan Alamo Foundation
 San Francisco City College: Unification Church
 San Francisco State College: Unification

Church, Hare Krishna
 Stanford University, California: Unification Church
 University of Southern California, Los Angeles: Unification Church, Eckankar, The Tony and Susan Alamo Foundation.
 University of Colorado, Boulder: Unification Church, Hare Krishna, Divine Light Mission
 University of Southern Colorado, Pueblo: Divine Light Mission
 University of Georgia, Athens: The Farm
 University of Hawaii, Honolulu: Unification Church, Children of God, Divine Light Mission, Hare Krishna
 University of Idaho, Moscow: Divine Light Mission
 University of Illinois, Urbana: Unification Church
 Northwestern University, Evanston, Ill.: Unification Church
 Tulane University, New Orleans, La.: Unification Church
 Boston University, Massachusetts: Unification Church
 University of Michigan, Ann Arbor: Unification Church
 University of Minnesota, Minneapolis: Unification Church
 University of Nebraska, Lincoln: Unification Church
 University of Nevada, Reno: Divine Light Mission

University of New Mexico, Albuquerque: Divine Light Mission
 Cornell University, Ithaca, N.Y.: Unification Church
 University of Toledo, Ohio: Church of Scientology
 Ohio State University, Columbus: Unification Church
 University of Oregon, Eugene: The No Name Group, Unification Church, Summit Lighthouse, Brother John
 University of Pennsylvania, Philadelphia: Unification Church, Hare Krishna, Divine Light Mission
 University of Tennessee, Knoxville: The Farm
 University of Texas, Austin: Children of God
 University of Houston, Texas: Children of God
 University of Texas, San Antonio: Children of God
 University of Utah, Salt Lake City: Divine Light Mission
 University of Washington, Seattle: The No Name Group, Unification Church, Hare Krishna, Divine Light Mission, The Way
 Washington State University, Pullman: Unification Church, Church of Scientology, The Walk Society
 University of West Virginia, Morgantown: Unification Church
 University of Wisconsin, Madison: Unification Church

Preregistration is now available to RLC students

Students who wish to avoid closed classes and last-minute registration headaches can make appointments for preregistration with a counselor or academic advisor now.

If you register before July 13, a place will be held for you in the classes of your choice. Fee arrangements need not be made now, but must be complete by July 13. After that time, persons will have to register again.

Counselors of admissions staff will be available to assist students throughout the summer. However, academic advisors should be seen before school ends this semester because many will not be on campus during summer.

Listed below are academic advisors and their areas.

MAJOR	ADVISOR
Agriculture and Auto	Mr. Hudson
Architecture and Construction Management	Mr. Bruno
Beauty Culture	Ms. Ruemmler
Engineering	Mr. Heaton
Electricity, Mining and Welding	Mr. Lowrey
Interior Design	Ms. Alred
Law Enforcement	Mr. Heischmidt
	or
	Mr. Tucker
Music	Mr. Phifer
Physical Education	Mr. Waugh
Secretarial Science	Ms. Ansonge
	or
	Ms. Goin



EXAM SCHEDULE SPRING '79

MAY 22, TUESDAY

8:00 TO 9:00	MR. WAUGH'S HEALTH CLASS - SCI 110
10:00 TO 12:00	MR. ARNOLD'S HEALTH CLASSES - GYM 110
ALL ART CRITIQUEs, MUSIC JURIES & MUSIC METHODS (VOICE & WOODWIND) ARE SCHEDULED BY THE ARTS & COMMUNICATIONS DEPARTMENT	
12:10 TO 2:50	FIRST AID CLASSES (EXCEPT MINING FIRST AID) - SCI 110

MAY 23, WEDNESDAY

8:00 TO 10:00	EIGHT O'CLOCK CLASSES
10:10 TO 12:10	ELEVEN O'CLOCK CLASSES
12:50 TO 2:50	TWO O'CLOCK CLASSES

MAY 24, THURSDAY

8:00 TO 10:00	NINE O'CLOCK CLASSES
10:10 TO 12:10	TWELVE O'CLOCK CLASSES
12:50 TO 2:50	THREE O'CLOCK CLASSES

MAY 25, FRIDAY

8:00 TO 10:00	TEN O'CLOCK CLASSES
10:10 TO 12:10	ONE O'CLOCK CLASSES

NOTE:

ALL BLOCK SCHEDULE CLASSES OF MORE THAN ONE HOUR WILL GIVE THEIR FINAL EXAM ON THE LAST DAY OF REGULARLY SCHEDULED CLASSES. EVENING CLASSES WILL BE GIVEN AT THE REGULAR CLASS TIME THE WEEK OF MAY 21.

The Pressing Times

Rend Lake College, Ina, Illinois 62846

Monday, March 12, 1979

Computer saves energy at RLC

By Susan Burgess

Classroom too cold? Don't expect to just turn up the thermostat on the wall anymore. Temperature regulations for all Rend Lake College buildings are now governed by a computer located in Indianapolis, Indiana.

Central control of RLC heating-cooling operations and corrections and additions to the system are new ways to conserve energy and cut down utility bills, according to B.J. Witunski, business manager and treasurer for RLC.

Beginning full operation in January, the computer control of building temperature still doesn't have all the bugs in the process eliminated, warns Witunski. However, daily printouts from the computer help the RLC Maintenance Department make any adjustments here that cannot be corrected in Indianapolis. If a critical situation develops during the night, an engineer for Honeywell-Boss, the corporation providing this service, calls the on-duty Maintenance person for immediate correction.

With this constant monitoring, the entire system can be shut down 15 minutes per hour unless extreme fluctuations in temperature necessitate other adjustments. Heat to all buildings is phased

down beginning at 3:00 p.m. and phased in about 5:00 a.m. on school days.

Such manipulations will result in an annual savings of at least \$21,197 to RLC. Eighteen months into the program, the system will have paid for itself in savings. RLC now uses more kilowatts at lower charges because peak demand usage (for which Tri-County Electric charges peak rates) has been lowered.

Because Rend Lake College campus was built in pre-energy crisis days, structures were not designed to conserve energy. The original heating-cooling system has developed into a major problem as well. Warmth in winter and cool air in summer journeys to classrooms through an underground jungle of chilled-water pipes. Two lines carry hot water from the boiler room, and two lines carry cool water from chillers. A fifth pipe is the air-o-stat (like a thermostat).

When the lines hold 40 lbs. pressure, there's no problem. But lower pressure means (a) one of 1,500 pipe joints is leaking, and (b) RLC is losing water. A recent thermograph, used to check for water leaks, reported 9 major breaks in the Phase 2 system. Phase 2 includes Vocational-Technical Building, North Oasis, Learning Resources Center, and Fine Arts Buildings.

These breaks are costing RLC \$1,000 in monthly water bills, that should run \$300-\$400. Witunski warns that additional breaks might result in the school's closing until other classrooms could be secured in the community.

To prevent such a catastrophe, Witunski sought assistance from the Capitol Development Board, supervisor for all state projects over \$100,000. The Board recommended that the engineering firm of Phillips Swager study RLC's swiftly disintegrating situation.

Phillips Swager engineers advised the college not to repair the existing system. For one thing, ferreting a water leak in an environmental area, such as the campus, with a watertable at 4 to 8 feet is like finding fresh water in a swamp. Another negative factor would be a \$813,117 repair bill.

Thus the best alternative, according to Witunski, is to run new pipeline on the west and north sides of the Vo-Tec and LRC Buildings to join the existing system inside. Then a third system should be added to supply the Student Center and Administration Building. This new system would pay for itself in 17 years, based on current energy rates. Phase I heating, including the South Oasis, Gymnasium,

Academic and Science Buildings, is currently problem free.

The alterations plus the new third system total \$603,886, a savings of over \$200,000, above estimated repair costs. But the crucial factor now is Capital Development Board approval of the project. If the plan is accepted, Rend Lake College's cost-share would be 25 percent or approximately \$151,000. The state would finance the remaining 75 percent.

Witunski hopes that past credits for 100 percent local financing of the recent extension to the mining building and construction of a maintenance building would entitle RLC to an even lower percentage of total costs for the proposed project.

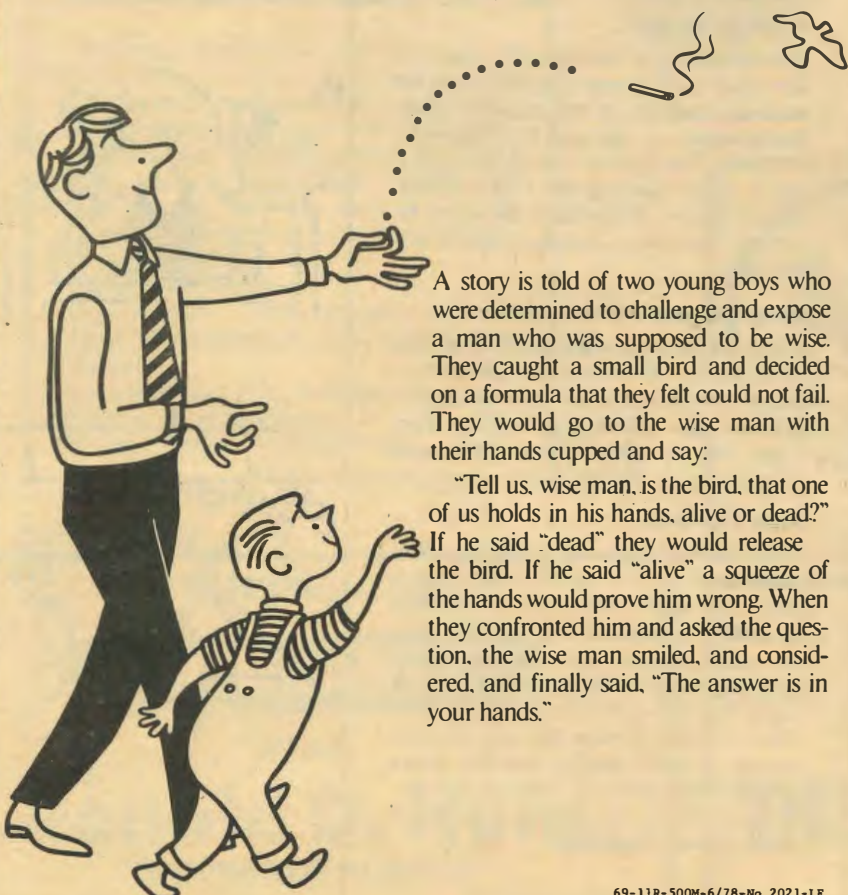
Alternations to RLC's present heating-cooling system appear vital. Water, electricity and money are being wasted.

As Witunski explains, "The days of having the school available 24 hours a day for any purpose are over because of the need to conserve our country's resources. We at Rend Lake College have a responsibility to reserve energy for residential use—the first priority."

cigarettes

if you wanta stop

TO SMOKE OR NOT TO SMOKE?



A story is told of two young boys who were determined to challenge and expose a man who was supposed to be wise. They caught a small bird and decided on a formula that they felt could not fail. They would go to the wise man with their hands cupped and say:

"Tell us, wise man, is the bird, that one of us holds in his hands, alive or dead?" If he said "dead" they would release the bird. If he said "alive" a squeeze of the hands would prove him wrong. When they confronted him and asked the question, the wise man smiled, and considered, and finally said, "The answer is in your hands."

Approaches in Giving up Cigarette Smoking

(IF YOU DON'T STOP IMMEDIATELY AND PERMANENTLY)

1. List the reasons for and against smoking.
2. Select Q Day—change to a low tar and nicotine cigarette.
3. Chart your smoking habits for at least two weeks: how many cigarettes, when, the most and least important.
4. Repeat each night, at least ten times, one of your reasons for not smoking cigarettes.
5. Eliminate one category of cigarettes: the most or the least desired.
6. Secure a supply of substitutes: mints, gum, an inhaler, ginger root, etc.
7. Quit on Q Day—try the different substitutes as the wish to smoke recurs—enlist your wife or a friend in a busy series of events: eating well, going to the movies or theater, exercise and many long walks, moderate drinking.
8. If you are depressed, see your physician and discuss your symptoms.
9. Keep reminding yourself, again and again, of the shocking risks in cigarette smoking.