

Red
Cross
Bloodmobile
To
Visit
Rend
Lake
College

Red Cross Coming

By Karen Shadoan
Rend Lake College students and faculty will be giving blood on Wednesday, November 28, when the Red Cross Bloodmobile will make its annual appearance on the RLC campus.

Bloodmobile headquarters will be in the gymnasium from 10 a. m. to 3 p. m. so that any student will have time to donate blood, if he wishes to do so.

All of RLC's clubs and organizations met on Wednesday, October 31, to make plans for the coming of the Red Cross Bloodmobile. Each club has a certain task to perform, so that the visit of the Bloodmobile will be successful.

Anyone who donates a unit of blood is guaranteed all the blood and blood products which he or his family (including parents, grandparents, parents-in-law, and grandparents-in-law) may require for a year from the date of his donation.

If you do not know your blood type and you would like to know it, all you have to do is donate a unit of blood, and the Red Cross will send you a card with your bloodtype on it within two weeks after your blood donation.

You may be saving another human beings life by donating blood. You may also someday be saving your own life someday by giving blood or saving the life of someone in your family.

Your body replaces the liquid part of the blood which has been taken from you immediately, and the cells and minerals within ten days to two weeks. So there are no worries about after effects.

It takes only seven minutes for the actual blood donation; only 45 minutes from registration to the time when you are seated in the canteen enjoying coffee and cookies.

Every eight minutes, a hospitalized patient needs a blood transfusion. The availability of that person's blood type immediately, when it is needed, makes the difference between life and death. What better reason is there for you to lend a unit of blood to a person in need now?

I am going to give blood on Wednesday, November 28, when the Red Cross Bloodmobile comes to RLC. Are you?



THE EXPRESS

REND LAKE
COLLEGE



THURSDAY, NOVEMBER 8, 1973



TOP AREA STUDENTS attending RLC in the picture are left to right: seated, Karla Sue Owens, Carol Ann Galbraith, Sue Plumlee. Standing, second row, Marianne Skinner, Rita Gail Maloney, Kathy Pankey, Vicki Jean Sledge, Mary Lou Wyciskalla. Back row, Curtis Richardson, Toni Razer; Linda Legg, Kristie Martin, and Les Johnson. Patricia Bays and Dixie Walker were not present for the picture.

RLC Students Cited

Students now attending Rend Lake College include fifteen young people who were either number one or number two scholastically in their high school graduating classes of 1972 and 1973.

Of this number eight were valedictorians and seven were salutatorians. Ten of the fourteen high schools in Rend Lake College district are represented by these students. They are listed here together with their accomplishment, their high school, and year of graduation.

Patricia Bays, Sesser, Salutatorian, 1973; Carol Ann Galbraith, Benton, Valedictorian, 1973; Leslie Johnson, Thompsonville, Valedictorian, 1972; Linda Legg, Wayne City, Salutatorian, 1972; Rita Gail Maloney, Dahlgren, Salutatorian, 1972; Kristie Martin, Mt. Vernon, Valedictorian, 1972; Karla Sue Owens, McLeansboro, Valedictorian, 1972;

Kathy Pankey, Thompsonville, Salutatorian, 1973; Sue Plumlee, Thompsonville, Valedictorian, 1973; Toni Razer, Benton, Valedictorian, 1972; Curtis Richardson, Dahlgren, Salutatorian, 1973; Marianne Skinner, McLeansboro, Salutatorian, 1973; Vicki Jean Sledge, Webber, Valedictorian, 1972; Dixie Walker, Zeigler, Valedictorian, 1973; Mary Lou Wyciskalla, Waltonville, Salutatorian, 1973.

LEGAL NOTICE Of Student Election For A Non-Voting Board Member

There will be a referendum held on November 29, 1973, between the hours of 8:00 A. M. and 8:00 P. M., the place of the election will be in the Administration Building. Absentee voting will be November 19, 20, 26, 27, and 28. Application for absentee voting will be available the 14th of November. All students are eligible to vote on the following proposition:

1. The non-voting student member of the Board of Trustees of Illinois Junior College District No. 521, Counties of Jefferson, Franklin, Hamilton, Wayne, White, Perry, Washington, and Williamson, and State of Illinois, shall be selected by the following method:

(CHOOSE ONE METHOD ONLY)

— A. Elected through an at large election to be held on December 17, 1973, at the Rend Lake campus. Students not able to vote on the campus may vote by absentee ballot at the Administration Office of Rend Lake College for five (5) days preceding date of election.

— B. Appointed by the Dean of the College on or before December 31, 1973.

— C. Appointed by majority vote of the student senate of the College on or before December 31, 1973.

— D. None of the above. A more detailed list of alternatives should be made available.

2. The non-voting student member of the Board shall have the following qualifications:

A. Full time student.

Yes — No —

B. Resident of the College District only.

Yes — No —

(s) Marie Simmons, Secretary
Board of Trustees, Illinois Junior College
District No. 521, Counties of Jefferson,
Franklin, Hamilton, Wayne, White, Perry,
Washington, and Williamson, and State of Illinois

Enrollment Increases at RLC

Seven more heads have been counted for the fall 1973 enrollment. That brings the total headcount to 1279. James Yates, Director of Admissions, has released a complete report on all students enrolled at RLC. Again the men outnumber the women 722 to 642. It looks like a bad winter for the men.

Here is a brief report on the enrollment standings. Full-time freshman women totaled 238 while the men added up to 259. Sophomore women were down to 74 with the men totaling 159. This brought the total full-time students to 730.

In the part-time category there are 230 freshman women and 9 men. Part-time sophomores included 8 women and 6 men.

The evening student category included 230 freshman women, 99 freshman men, 36 sophomore women, and 41 sophomore men. Unclassified students totaled 34 women and 49 men. Total evening students is 489.

Editorial

by Don Crider

It looks as though, at long last, students who feel they may be having trouble with a subject have something they can do about it other than devote all their study time to that one area.

Thanks mainly to the efforts of Bob Fowler, and the Vet's club, RLC now has a tutorial program. I am not going to go into the requirements to qualify for the program here, the information is available to all concerned in the Administration office.

RLC has been in existence for fifteen years, and have just now incorporated this policy. This veteran's tutorial program has always been available, and now we have it.

The Vet's club made the proposal over a year ago, and the school over-reacted. They said the veterans couldn't have a program until one was set up to include all students. This is a little ridiculous as the program for veterans is completely separate from the school. The only thing the school had to do was sign the certificates.

One of the main factors in getting the policy at this time was probably a thing called the "Cranston Policy". This makes available to the school a cash grant for every certified veteran. One of the requirements for receiving these funds is that the school must have a tutorial policy set up for these veterans.

Until this came up, Mr. Yates always had the responsibility for handling everything concerning the veterans, and he could have taken care of this, but for some reason it was taken out of his hands.

We would like to thank everyone who was in any way instrumental in helping to finally getting this taken care of. Special thanks go to Mr. Brammeier who helped get the proposal before the administration, and to Dr. Ward who showed an interest that had, before him, been lacking. Thanks should also go to Ms. Tomek for her co-operation.

A school becomes a college when some concern is shown for the students. At least this is a step in that direction.

Thick as a Brick

by Danny Garner

"Has Led Zeppelin really taken over where the Beatles left off? Don't you think Tull's new album stinks?"

These may be some of the questions laid on you while the person next to you is taking time out to lick his papers. But then after all the smoke has cleared, who really cares?

Well I'm sure your mother could care less and little Suzi's still hot over David Cassidy but yes, Zeppelin has broken attendance records set by the Beatles (in the U.S.) and they are pretty popular now or were a couple of months ago anyway.

Zep's album, Houses of the Holy, has been labled by many who've heard it as their worst to date. By now probably over a million copies have been sold. So it must not be that bad.

But seriously, speaking of bad albums. Have you heard A Passion Play by Jethro Tull? For all of us Tull freaks it was really a

big let down. Too bad Ian?? No not really, the ballerina that jumps through the mirror and is in good form on the album cover also is now living with Anderson, the man with the golden flute and ingenious mind to match. Incidentally Anderson's wife wrote Aqualung from the Aqualung LP, of course by Jethro Tull.

Rumor had it that the Beatles were getting together but that's probably all it was. The closest you'll come to hearing them will be on Ringo's new album which had two fellas by the name of John and George playing along with him.

There are no big concerts coming up; all have happened by now with the likes of Grateful Dead, Moody Blues, Zappa, and Edgar Winter, who were all in the area last week. There will be a Three Dog Night concert at the Arena in Carbondale, Friday, Nov. 9th.

Quotations

by L. C. Gollihur

Work may be a good tonic, but you seldom see anyone for whom it is habit-forming

Don't worry about knowing people — just make yourself worth knowing.

A little college is a dangerous thing.

Learning is the preface to doing an, if done well, results in wisdom.

The difference between a rich man and a poor man is that one worries about his next meal and

the other about his last one.

Experience is what makes your mistakes so familiar.

Riddles

1. What did one shoelace say to the other?

A. You doublecrossed me.

2. What is the most stirring book in the world?

A. A book of recipes.

3. Which is heavier — a half moon or a full moon?

A. The half because the full moon is twice as light.

ANTIQUEDOLLS

by Karen Pfaff

Antique doll collecting has become a fascinating hobby for many people.

Most doll collecting started approximately 30 years ago. Some started collecting earlier, but dolls are in greater demand and higher priced now than ever before. Those people who started collecting earlier probably didn't even know exactly what they had. They probably just bought dolls because they were pretty. But because there are so many books published now, many people have become interested in collecting dolls. One collector tried to outdo the other, and this has raised the price and made dolls somewhat scarce.

Some people want only pretty dolls; while others want only old dolls. Doll collecting is a spreading hobby. One of the reasons for this is that so many people love the prettiness of these dolls and their pretty clothes with full skirts and long petticoats. Some people just enjoy looking at dolls, so people have set up Antique Doll Museums and charge admission in order to tour the museum. To some people collecting dolls is more than a hobby, it is the way they make their living.

The very oldest dolls are made of stone and clay. If they survive, it is doubtful that they were used as toys. They probably were used only for display or stored away in a trunk and passed from generation to generation.

There is much that collectors do not know about dolls. One type especially not known about is the ceramic type. But these dolls are being researched to try to find out more about them. Dolls are made of many materials: ivory, bone, wood, canvas stuffed with papyrus, rags, papier-mache, china, Parian (soft, white china,



unglazed and resembling marble), bisque, composition, shells, sponges, wax, apples, nuts, beads, rubber, rawhide-to mention only a few

Because dolls were mishandled for so many years, many of them were broken. It is a wonder there are as many now as there are. But many times you may find really good dolls in unexpected places. Sometimes you can find them in basements, in boxes of what people think is only junk, in attics, and in closets under the staircase. Sometimes in large, old estate auctions you will find many dolls listed on the auction bill.

In most cases rich people were the only ones who could afford to buy these beautiful dolls. Sometimes these dolls are badly damaged, but many times they are well taken care of and may be an added surprise to your collection. Once in a while the poorer children could receive a doll if their parents worked and saved and didn't give themselves everything they needed. These would be handed down to each sister.

Dolls are fun whether you are collecting them, making them, or buying them for resale.

Pirate Finds Home

by Wanda Spotanski

How many cat lovers do we have at RLC? Well, you can add one more to that number as of now. If anyone had told me a few months ago that I would like cats and even have one in my house, I would have told them they were off their rocker.

I really couldn't stand cats, they seem so sneaky. Also, the ones we've had over the years always climbed all over my car. This didn't add to my liking for them, either.

One of her favorite tricks is hiding behind a door and when someone walks through, she leaps about 2 ft. in the air and acts as if she is going to attack. I'm sure some of our company doesn't appreciate this surprising trick. She has adopted the bathroom stool cover as her mother. Needless to say she gets chased out of there quite often.

Pirate is very independent, she acts like the house is her kingdom and we humans are there to feed and entertain her.

Do you think we decided to put her outside to stay when she

started sharpening her claws on my new living room suite? No sir, we paid \$15.00 and had her front claws removed. This hasn't slowed her down much, only now she can't run up my drapes all the way to the ceiling or pull the threads in my couch or chairs when she sharpens her no-longer-there claws.

Even my husband, who didn't like cats either, thinks Pirate's tricks are pretty cute. He does say that we are going to make an outdoor cat out of her but I have a feeling Pirate plans to continue being a housecat.

New Arrival

There is a new arrival in the periodical room of the library. Its name is New Times and we have the first issue of this new magazine which came out Oct. 19, 1973.

One of the main aims of the people behind this magazine is "clobbering the sacred cow."

This magazine reviews the arts, has consumer news, and many diversified stories written by well know journalists such as Mike Royko.

One of the interesting and humorous articles in this first issue is The Agnew Open: Choices for a New Vice President From People Nixon Would Never Ask. A few of those asked who their choice for Vice President were Senator Sam Ervin, Phillis Diller, Flip Wilson, and Jack Valenti.

THE PRESSING TIMES

Published fortnightly by the staff of The Pressing Times, Rend Lake College, Ina, Illinois, with a mini-office in the student oasis.

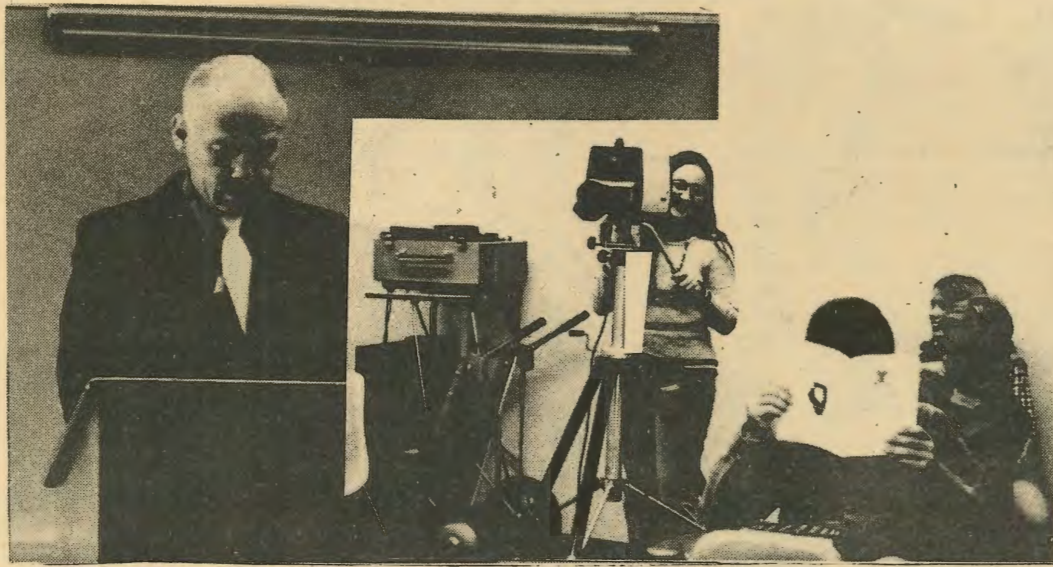
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Brandon's Class Filmed



Pictured is Max Brandon, RLC social science instructor, lecturing to one of his classes as Marg Morris, AV aide, tapes the class with the new TV equipment. Mr. Brandon can then evaluate the class for his own benefit. All RLC instructors will be taping at least one class session this year in a continuing attempt to upgrade teaching techniques. The TV equipment gives them a good means of self evaluation.

Joseph Ginter Visits Social Prob. Class

"I am considered a radical in my work," was the opening comment by Joseph Ginter, Commander of the Southern State Police Force in Ms. Hall's Social Problems class, Oct. 24.

Ginter came to this class strictly to answer questions of the students. He explained that when answering questions he would use either state police policy or as he put it "Ginter's opinion" and he would distinguish between the two.

The questions ranged from qualifications to get into the force to what to do with an immoral trouper.

Ginter told of a time he was running a speed trap and a car whizzed by a very high rate of speed. Upon pulling him over, he found out it was wrestler "Dick The Bruiser", going to Chicago for a match but he was very easy to deal with.

All things said, it was a very good class meeting. Ginter was one in a long line of visitors to the Social Problems class.

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Med. Sec. Program Underway

The medical secretary program is under the supervision of Ms. Patricia Stieren. It consists of two semesters of cooperative training in which the students work 20 hours a week, and two hours of classroom once a week.

The medical secretaries have all the secretarial skills plus an extensive background in medical terminology.

The students work in physician offices and medical records department of hospitals. They have various duties to perform, including diagnostic reports, x-ray reports, operative reports, insurance forms, and many more.

After they have completed their classroom and on-the-job training duties, they receive the medical secretary certificate.

The girls that are now working in the cooperative part of the program are: Brenda Pickett, Mt. Vernon, is working in the division of insurance at Drs. Park; Carol Kolisek, Benton, is working at Drs. Park also in the medical records department; Cindy Bumpus, Mt. Vernon is working at Jefferson Memorial Hospital in the medical records department; Carol Kellerman, Pinckneyville, is working at the Pinckneyville Memorial Hospital in the medical records department; and Sharon Randall, Benton, is an office secretary for Dr. Donosky.

RLC Trap Club Travels

On Thursday, Nov. 1, the Rend Lake Trap and Skeep Club held a meeting to decide on what day to go down to the Carbondale Trap and Skeep Range.

The reason for going down there is to get some private instruction from the owner of the range, John Mc Kowan, and the coaches and students from the SIU trap and skeet teams.

The date that the club decided on was that of Thursday, Nov. 8 at 7 p. m. The membership is still open. You can ask Mr. Arnold or Mr. Brammeier for directions to the range.

RLC Vets Have Blast at SIU-E

by Jim Dycus

When SIU-E says that they are going to celebrate Veterans Day, believe me they celebrate. We (RLC veterans) found that out on October 22.

The various veterans organizations at SIU-E had invited surrounding junior colleges to attend an all day affair to celebrate Veterans Day at their school. RLC veterans Jim Dodds and Jim Dycus collected over 40 reservations on this campus, but when time came to go only 11 got out in the rain.

Coffee and donuts were served here at RLC before a chartered bus picked us up and headed for SIU-E. Upon arrival we were given a tour of the school. At noon a delicious meal was served and then off to see the nations No. 1 soccer team, the SIU-E Cougars.

After the game came refreshments at the Corner Tavern. Two kegs of free beer was put down. It is my firm belief that the RLC vets drank their share plus a little extra. If you don't believe me ask Odie Farris.

The big day was to close at 6:30 p.m., but the hosts just hated to see us go. Out of their kind hearts and warm blood they asked us to stay on until we were ready to leave. Naturally we didn't want to hurt their feelings so we obliged. If I remember correctly it was 6½ hours later when we finally left the cheering crowd of SIU-E veterans. It was 4 a.m. before I finally hit bed.

Yes sir, when SIU-E has a Veterans Day celebration they go all out to please everyone. People who were invited and didn't go sure missed a good time.

Brandon's Class Has Paul Trotter as Speaker



Paul Trotter, chairman of Hamilton County Democratic Party, spoke to Max Brandon's class on state and local government in McLeansboro. Trotter is now an auditor for the Superintendent of Instruction's Office out of Springfield.



Counselor's Corner

Dates for pre-registration have been set up and will start on November 1. The following dates have been set up:

November 1-30: Students presently enrolled at RLC who have accumulated 46 or more semester hours by the end of the current semester.

December 3-January 4: Students presently enrolled at RLC who will have completed at least one semester of work by the end of the current fall semester.

January 8-18: Former students returning to RLC, new students graduating prior to 1973 and all transfer students. This group of students will have to be officially admitted in the Admissions Office of the college before being pre-registered by a counselor.

A \$10.00 registration fee must be paid at the time of pre-registration in the Admissions Office. Registration is not completed and your program card not on file until this fee is paid. Regular registration for those not pre-registered will be Friday, January 25 and Monday, January 28.

The schedule of classes is available at Mrs. Roddy's desk in the Admissions Office.

Information concerning occupations and colleges is available in the East Conference Room and students may use them any time.

Rend Lake College now has approval to participate in the Basic Educational Opportunity Grant Program. You may be eligible for a monetary grant up to \$425.00 under the following conditions:

- (1) You have not attended a post-high school educational institution at any time before July 1, 1973.
- (2) You will be attending school on a full time basis.
- (3) You are a United States citizen or are in the United States for other than a temporary purpose and intend to become a resident.

You must also meet certain financial criteria to receive a grant, that will be decided after you file an application for determination of family contribution. As a general guideline, if your family's income in 1972 was \$11,000 (for a family of four) or less, you may receive a grant.

For further information or to pick up an application, see Mr. Burke, 0144.

Interested in Sangamon State University? Chuck Schultzenbarger from the Admissions Office at SSU will be in the Oasi Thursday, November 8 from 9:30 to 2:00. Any students wanting information about SSU are invited to visit with him.

Sangamon is located in Springfield and is the first of Illinois' two new senior institutions of higher learning. The university offers the final two years of baccalaureate work and study leading to the Master of Arts degree.

If you are a full or part time student at Rend Lake College who wants an off-campus job, come to Mr. Burke's office, 0144, to fill out an off-campus job request. Forms are also available from Mrs. Roddy, Faculty Secretary.

While off-campus jobs are not always immediately available, you need to have your request for work on file so that you can be contacted when there is a job opening.

RLC SPORTS



Winners of this year's four man Intramural Softball team are the Misfits, who finished with a record of 8 and 1. Team members are, kneeling left to right: Mike Hayes and John Kretz. Standing: David Farley, Greg Hale, and Randy Lemay.

Warriors Warm Up For Season

The Rend Lake Warriors basketball team warmed up for their season opener as the White team outlasted the Red team 103-88 in an inter-squad game at the Christopher High School on October 24, before a very fine crowd.

With only seven practice sessions under their belt, the Warrior teams staged a fine shooting exhibition, as indicated by the final score.

Though somewhat undermanned in size, the red team boasted the top scorer in guard John Kretz, who pumped in 34 points. Greg Hale and Randy Lemay led the way for the white squad with 32 and 22 points respectively.

Coach Jim Waugh remarked that Hayes, Kretz, Lemay, Hale, Loucks, and James are six players who seem to have the inside track on starting positions. He also stated that Dennis Nehr Korn of Pinckneyville will see plenty of action.

The Rend Lake game was the first game of a doubleheader. McKendree College of Lebanon, Illinois, split their squads and played in the second game.

White scoring: Hale 32, Lemay 22, Hill 16, James 12, Nehr Korn 10, Tosi 6, Guthrie 3.

Red scoring: Kretz 34, Spotanski 16, Hayes 16, Smith 11, Loucks 10, Pogue 2.

RLC Picks New Squaws

By Karen Pfaff

Does everyone know that RLC has some new Indian squaws running around? They are really only the newly chosen cheerleaders.

The newly chosen squad are all freshmen: Shlonda Eastham, Waltonville; Diane Threewitt, Sesser; Nancy Newell, Waltonville; Meda Hiron, Mt. Vernon; Peggy Disroe, Mt. Vernon; Teresa Brockmeyer, Steelville; Susan Wyatt, Steelville; and Joyce Eber, Steelville.

When the cheerleaders take the floor for the RLC Warriors, they will be wearing new red sweater vests, red and white plaid skirts, and a white body shirt.

The cheerleaders have been practicing for about two weeks. The girls practice every Monday through Thursday from 2-3 p.m. in the gym. One of the new RLC squaws, Ms. Newell said, "We're coming along tremendously." The girls each contribute ideas and combine them into cheers for RLC.

Another interesting fact is that only Ms. Eastham and Ms. Newell have ever been cheerleaders before. When Ms. Eastham was asked about a college cheerleading camp she said there wasn't a college camp, but college students could attend the high school one held at Normal.

SPORTS EDITORIAL:



By Dennis Rice
Sports Editor

will provide much needed help in the Warrior cause. Randy Lemay, returning from last year's squad at 6'5", will probably be the tallest starter.

Around the rest of the league, it appears that Shawnee or John A. Logan could loom as big favorites to capture the title. Shawnee returns with a great amount of quickness and speed. Al Crim was the only starter graduated from last year's squad, but he will supposedly be replaced by someone equal of his ability. John A. Logan will no doubt be at the top of the race with the services of Bill Beltz, Steve Toler, Jim Cargal and others.

Of the other teams, Kaskaskia lost jumping jack Doug Taylor, but will return with the ever dangerous Tom Burleyson, who literally tore up the nets in a game with the Warriors last season. Southeastern will be without scoring champ John Crossland, but will be in the thick of it with their scrappy play. Wabash Valley could also have a fine team, but will miss their big man Rick LaRose.

World Series Report

By Mel Gajewski

The 1973 baseball world series is now history. For the second straight year the Oakland A's of the American League reign as baseball's world champions.

The A's regained their throne by defeating the New York Mets in the seventh and deciding game of the series, five to two on Sunday, Oct. 21.

But the Mets were certainly no pushover. The Cinderella team of the National League gave the A's a run for their money.

The series opened on Saturday, Oct. 13 in Oakland. The A's captured the opener with a two to one win behind the strong pitching of Ken Holtzman, Rollie Fingers and Darold Knowles.

However, the Mets battled back. New York tied the series the following day by pulling out a zany 10 to seven, 12 inning marathon.

In game three, played in New York, Bert Campaneris stole the show as he singled in the winning run in the 11th inning and gave the A's a two game to one edge.

Game four rolled along and so did Rusty Staub. The "Le Grand Orange" as he was called in Montreal, was playing with a painful right shoulder and turned out to be a pain in the neck for the A's.

Staub had a perfect night at the plate going four for four with five RBI's and led the Mets to a six to one win. Thus the series was tied again two games to two.

Then it was the Mets turn to take the lead. New York took a three game to two advantage by beating Oakland two to nothing in game five and sending the series back to Oakland.

The home court advantage went into effect as the Swingin A's tied the series by winning game six. Thus the stage was set for game seven and winner take all.

And the A's took it all by winning the final game five to two and remaining world champions.

In all it was an eventful world series. There was eventful Charlie O. Finley, who in my opinion should stick to his insurance business and leave baseball alone. The Mike Andrews incident typifies my feelings. The Dick Williams incident typifies my feelings. The uneasiness on the A's team typifies my feelings.

It seems to be that if one hits a home run in the final game he wins the Most Valuable Player award in the series. Reggie Jackson, who hit a respectable .310 in the series, did help win the final game with a home run and was awarded the M.V.P. True Jackson is a fine ballplayer, but let us consider the alternative. My personal selection was Rusty Staub. Staub, the only player on both teams to end up in double figures in the hit column with 11, hit a robust 423.

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Charnissa Singer With U. S. Commodores

by Dorothy Lueker

When Charnissa Butts appeared in concert with the Commodores and the Helmsmen at RLC she gave the otherwise all male group a touch of softness. When she sang it was like a controlled explosion of dynamite containing all the human emotions. The explosion was quite colorful and beautiful to watch.

When I first met Charnissa, personally that evening she seemed easy going, relaxed, confident, and easy to talk to. I was soon to learn that her confidence is the result of hard work and the kind of determination that just doesn't give up. She has overcome some tough obstacles during her singing career.

She has probably encountered some discrimination because she is black and a woman and once she completely lost her voice. She kept on fighting, though, and is back again doing a terrific job singing with the Helmsmen, who are the featured singing group with the U. S. Navy Commodores. The Commodores held two concerts at RLC Oct. 24, one at 1:30 p. m. and one at 8 p. m. that night.

Charnissa Butts grew up in Birmingham, Ala., and moved to Detroit, Mich., after graduation from high school to study voice at Wayne State University. She left college to sing with Aretha Franklin. She had met Aretha's

sister and heard that Aretha was auditioning girls to sing in a new group with her. The Inspiration Singers who had been singing with Aretha were getting ready to leave on tour promoting their record entitled "Inspiration." Charnissa had to compete with 160 other girls but made it into the group.

After singing with Aretha for three years, she lost her voice and couldn't even speak. The group was working on a new record and Charnissa pushed her voice just a little too hard, which resulted in nodes on her vocal cords. Charnissa explained that nodes start as small blisters and gradually become tumors that keep the vocal cords from coming together properly, resulting in hoarseness and sometimes causing a complete loss of voice. She pointed out that rock singing is improper singing. The vocal cords are used improperly when they are forced instead of supported by good breathing technique.

Charnissa described the year and a half of treatment as "agony." She underwent chemical therapy, radiation, and finally surgery to remove the nodes. Then she had to retrain her voice for speaking and singing.

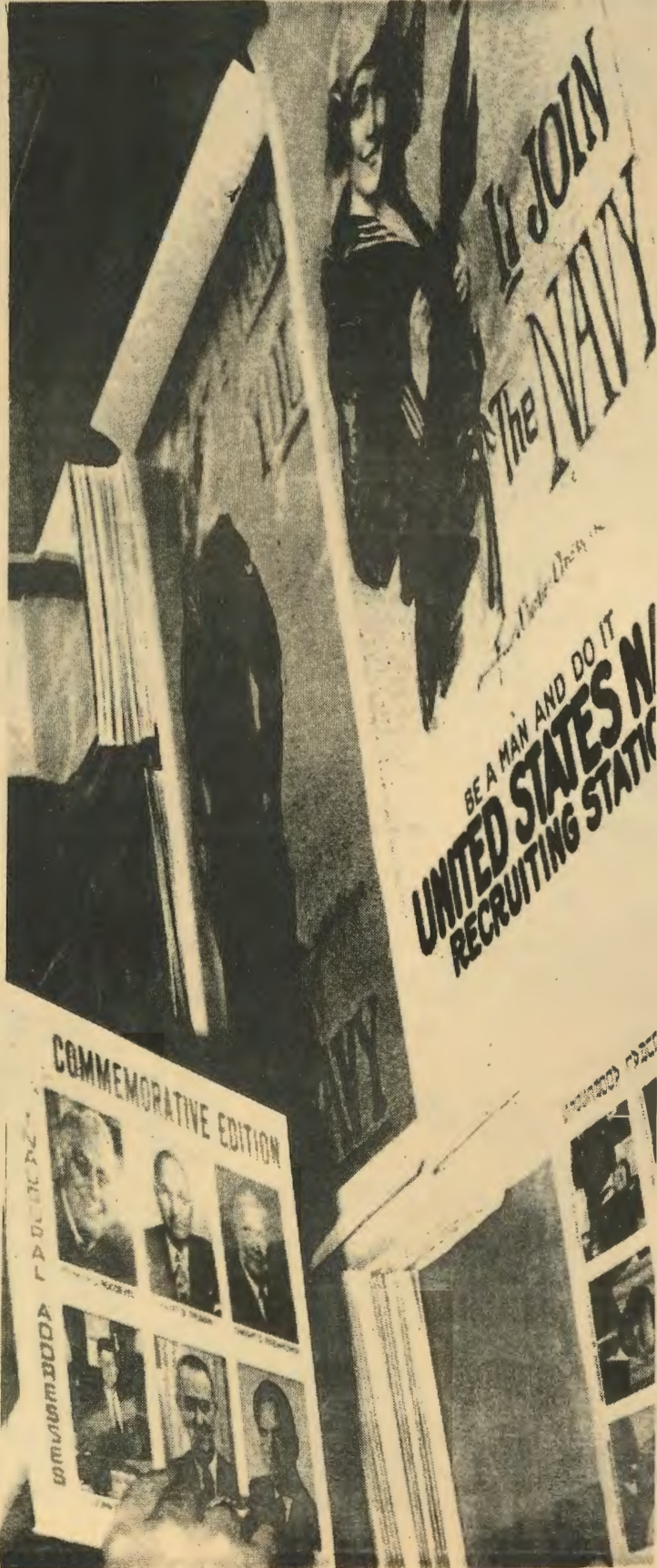
Because she loves music and didn't want to give it up, she joined the Navy about a year ago

to study at their music school. Instead of sending her to the music school, they sent her to Washington, D. C., to perform in one of their groups. Charnissa was first assigned to a singing group comparable to the Johnny Mann Singers. Then in May of this year she was placed with the Commodores on tour. She is a 2nd Class Petty Officer now and is permanently stationed in Washington, D. C.

Charnissa is the only girl in a group of 22. Being the only girl among that many guys isn't as glamorous as it might seem. Charnissa said the guys treat her "like a little sister." There are only six other girls in the whole Navy music program. Charnissa said that she rarely gets to see the other girls so she is sometimes lonely for female companionship.

Charnissa used to jog every morning but she said that now she sleeps every chance she gets. She does take time to warm up with exercises and some light vocal exercises in the mornings. She said that she doesn't talk for about an hour and a half after rising in the mornings because talking is hard on the vocal cords especially in the morning.

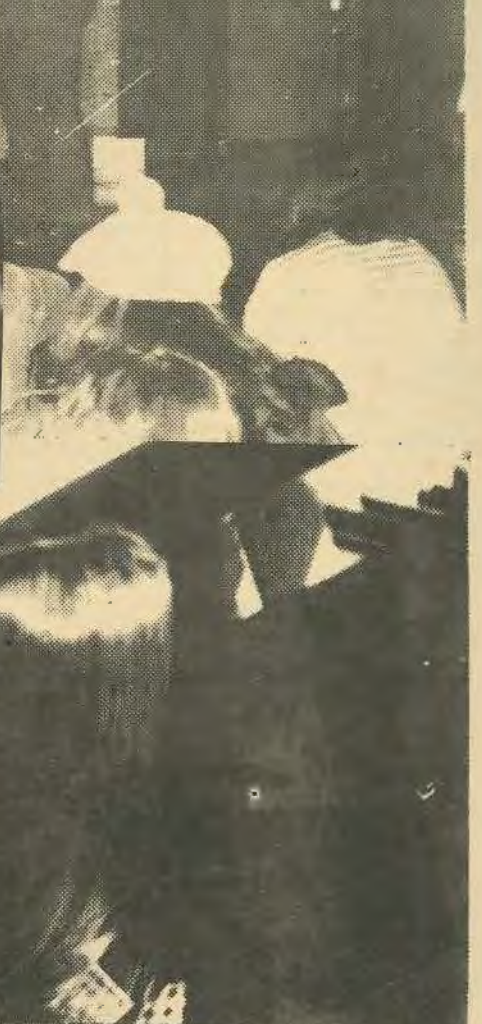
When her enlistment is up in about three years, Charnissa plans to head for Hollywood. With her determination and talent, I bet we will be seeing her again.



Do you see



Your face?



Child Help Program Started

Designed as a community-based program to assist children in need, the newly developed Child Advocacy Program serving Williamson and Franklin Counties will begin its initial phase in mid-November.

This phase, being one in which children who are seen by the Franklin-Williamson County Mental Health Clinics and the Marion District Office of Children and Family Services are recipients of this new community service, is the first of three planned phases of the program.

The second phase, to begin operation during the month of December, is planned to serve children in need who come in contact with local probation departments and courts. A final phase, projected to begin after the first of next year, will make the service available to children identified by school counsellors as being in need of help.

Basically, the children who will receive service from the Child Advocacy Program range in age from 13 to 17 and have experienced some identity problems. Some have had trouble with drugs, some are pre-delinquent; others have problems with school and others are bored with the lack of resources and activities in their home towns. All seem to have a lack of direction and would be likely to respond to intervention by a big brother-big sister-friend type person which the program calls advocates.

Advocates are asked to spend a minimum of four hours per week with the child for a period of six to nine months. They are asked to design a contract with the child to specify what things they would like to accomplish during that time and how they would like to go about executing their plan.

MOST INVOLVEMENT will be centered around activities such as bowling, pool, swimming,

fishing, concerts and similar events. These activities will serve to build a relationship with the child and simultaneously direct the child into appropriate activities in their own and nearby communities.

As the advocate's involvement with the child continues, professionals responsible for referral of the child to the program will be expected to assist the advocate with any problems, in addition to providing training and supervision.

Requests for funds to reimburse advocates for their travel expenses are currently being made but there is presently no guarantee that such expenses can be met. However, several local organizations have recently expressed an interest in funding at least a portion of the program.

In addition, volunteers who will be working to help keep the program going, are planning to make requests for free passes to local recreational facilities. This way, advocates, who are generally students with some time to spend but little money available, will not have to spend money out of their own pockets for activities.

Advocates who are presently in training are, for the most part, Southern Illinois University students majoring in Social Welfare. A meeting will be held at Rend Lake College on November 21 at 12:00 noon in the East Conference Room for any persons interested. Future plans include contacts with students from John A. Logan College and SIU students in other programs.

Anyone interested in joining the program, either as an advocate or a volunteer can help recruit money and/or free activities should contact Bill Young at Children and Family Services in Marion (997)4371 or Jo North at the Mental Health Clinic in West Frankfort (932-3119).

If you have a research paper due on child welfare, abortion, or capital punishment, be sure to attend the convocation planned for November 14, in the gym. Even if you don't have a research paper due, make plans to hear Representative Hirschfeld from Champaign speaking on these topics. The convocation should prove to be very interesting.

Nurse Assistant Course Offered

Rend Lake College has announced the beginning of a new course designed to serve those persons who wish to be nurse assistants.

The class began its first session October 10, 1973, at 8:30 a.m. with nine students. Classes are being held from 8:30 a.m. to 3 p.m. for four days, Monday through Thursday, and will run until November 30, 1973.

The 8 semester hour course provides each student with 176 hours of classroom and clinical instruction. The course includes instruction in the knowledge and skills needed for a person to be employed as a nurse assistant. Clinical experiences include both hospital and nursing home work.

A certificate will be issued upon satisfactory completion of the course.

Future classes will be offered by Rend Lake College as enough interested persons are available to enroll.

Persons interested in enrolling may obtain an application from the School of Practical Nursing, 1916 South 10th St, Mt. Vernon, or call 244-3425.

Basic Hosts Conference

The lights were turned down, then off. The only other light in the church was the glow of old fashion kerosene lanterns. This was the setting for the Baptist Student Union fall conference held at Logan Street Baptist Church.

Students from all over the state and a few from Missouri came to attend seminars, singing, and good old country preaching by Dr. James Smith and Doug Manning.

The seminars ranged from demonology to preparing for marriage. The singing was provided by a group called GRAIN, the members of which at one time served as missionaries.

Another activity that the BASIC group from Rend Lake participated in was providing a singing program at Hickory Grove nursing home, led by Kristie Martin and Debbie Knight.

Dr. Paik Visits RLC Classes

Dr. Seunggi Paik will visit the social science classes at RLC on Thursday, November 8. Dr. Paik has a Ph.D. in political science. He is originally from Korea.

Dr. Paik will speak to anthropology classes of Eleanor Hall and political science classes of Max Brandon.



Shown in the picture above are the following: standing, Patricia Stieren, Coordinator Allied Health Programs, and right, Joyce Cornwell, R. N., Instructor. Back row, l. to r., Elizabeth Harrison, Mt. Vernon, Catherine Schubert, Pinckneyville, Mary Cooper, Sharon Owens, and Gloria Winingler, Mt. Vernon. Front row, l. to r., Eunice Hyde, Joycelyn Holder, Lillie Robinson, Mt. Vernon; and Thelma Ham, Thompsonville.

Collegiate Choir Performs at Mitchell Art Opening

The Rend Lake College Collegiate Choir provided entertainment for the general public at the Sunday, Nov. 4 opening of the John R. and Eleanor R. Mitchell Art Museum in Mt. Vernon.

Beginning at 3 p.m., the 22 select voices under the direction of Larry D. Phifer, Chairman of the Rend Lake College Fine Arts Department, sang a thirty-minute concert of varied selections.

Included in their program was a folk song, "The Lass from the Low Country", followed by "From the Ends of the Earth", by Alan Hovhanness, noted 20th Century English composer.

The remainder of the program was selections by a well-known American composer, Randall Thompson, including, "Choose Something Like a Star", from "Frostitiana", a composition of the settings of poems by Robert Frost.

From "The Peaceable Kingdom", the Collegiate performed three selections; "The Paper Reeds by the Brook", "Have Ye Not Known", and "Ye Shall Have a Song", selections based on the writings of the prophet Isaiah.



Counseling Hot Line
4-7 p. m. Tuesday and
Thursday 437-5321

SHARE SEMINAR

WITH
MILT HUGHES
 NOVEMBER 9 - 10
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CARBONDALE, ILLINOIS

the share seminar is the basic personal witness training activity developed by National Student Ministries as part of its nationwide strategy of campus evangelism

sessions begin at 7:30 p.m. Friday, and on Saturday are: 9:00 - 11:30 a.m. 1:30 - 3:30 p.m.

Free housing available, No charge for registration

SHARE SEMINAR
 November 9-10, 1973

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