



Welcome back!

Back to school means back to studying! Math major Jordyn Weiland, 18, of Pinckneyville, gets her studying done in the LRC. (Taylor Blankenship / Clocktower Chronicle Staff Photographer)

'Write Now' student essay contest, happening right now

BY **BILLY MCPHERSON**
RLC CLOCKTOWER CHRONICLE STAFFWRITER

Full disclosure — I've been a volunteer tutor at the RLC Writing Center for about a year now. I am in no way exaggerating by saying that it has been one of the most rewarding experiences of my life. I have been blessed to learn from and collaborate with both Kelsey Landis, the former director of the Writing Center, and Bill Robinson, the current head tutor, as well as a diverse array of peers. Now I would like to extend an invitation for you to come over and get that same

opportunity by participating in the first ever RLC Writing Center "Write Now" essay contest.

The contest begins now and will remain open until the end of February. All current RLC students are encouraged to submit their paper to any of the current tutors, myself included, located in the North Oasis at the Writing Center desk. The winning entrant's essay will be published in the Clocktower Chronicle in a special cover feature.

The subject of the essay should be how and why you chose your current major at Rend Lake College. Tell us

about yourself, what you are planning to do with your life, and the path that led you to this decision. Detail the interesting aspects of said profession or subject you are majoring in and describe why it is important to you or to the world and/or the Southern Illinois region.

All contest essays must meet the following criteria. They should be a minimum of one page in length, but no longer than two pages. Essays should follow standard MLA (6th edition) formatting, and be sure to include "Write Now" somewhere in the title so we can tell you

paper apart from other non-contest papers.

It is my hope to use this contest to dispel the idea that the Writing Center is only for "bad writers." As it says on the flyer plastered all over the RLC campus, there is no such thing as "good" or "bad" writers. The Writing Center is open to all writers, of every skill level, from the novice to the advanced writer. It is the Writing Center's goal to promote collaboration between students and tutors to provide a safe place for all writers to grow in their craft.

Courtney Young, a fellow peer

tutor at the Writing Center who helped develop this contest, had the following words of encouragement for prospective entrants.

"I'm sure writing academic essays all semester gets monotonous," said Young. "This contest should be a nice break from the typical college paper. Think of it as a breath of fresh air in the writing world. Be creative. Unlike academic essays, which have resources and citations all over the place, this contest is a

Essay Contest continues on page 3

Strange BUT TRUE

BY **SAMANTHA WEAVER**
KING FEATURES

• It's not known who made the following sage observation: "The best way to lie is to tell the truth — carefully edited truth."

• In a survey conducted by the Cumberland Farms chain of convenience stores last year, more than half of respondents said they would rather have jury duty for a week than give up coffee for the same length of time. A whopping 69 percent would rather give up alcohol than coffee for a week.

• Finland once banned Donald Duck comics because the title character doesn't wear pants.

• You might be surprised to learn that World War II played an important role in the rise of popcorn as a favorite snack at the movies. During the war, the U.S. was cut off from many sugar-exporting nations, causing shortages and rationing on the home front. The scarcity of sugar resulted in a dearth of candy being offered at

the box office, causing popcorn sales to skyrocket.

• If you live in Georgia, keep in mind that it is illegal to have a picnic in a graveyard in that state.

• Given the rise in foodie culture, it's no wonder that there are a plethora of cookbooks available covering every imaginable kind of comestible. However, you might be surprised to learn just how far back the recording of food preparation goes: One of the earliest known recipes was written on cuneiform tablets and has been dated almost 4,000 years ago to around 1700 B.C.

• Those who study such things say that a giraffe can go longer without water than a camel can.

• People who are indigenous to the high altitudes of the Andes have more blood than do people who live at sea level — 3 quarts more.

Thought for the Day: "I love deadlines. I like the whooshing sound they make as they fly by." — Douglas Adams

AHA, RLC offering life-saving classes

BY **REANNE PALMER**
RLC PUBLIC INFORMATION

Rend Lake College is teaming up with the American Heart Association (AHA) this spring to offer a number of emergency services courses at the AHA Training Center located in Room 221 at the RLC MarketPlace in Mount Vernon.

Among these courses are CPR, First Aid, Pediatric Advanced Life Support (PALS), Advanced Cardiac Life Support (ACLS), National Incident Management System (NIMS) classes, and Trauma Nurse Core Course (TNCC). To reserve a seat today, contact the AHA Training Center at (618) 437-5321, Ext. 2032 or schultew@rlc.edu.

FIRST AID AND CPR

There are several one-day courses scheduled for First Aid and CPR (cardiopulmonary resuscitation) at the AHA this semester. By definition, First Aid is the assistance given to any person suffering a sudden illness or injury, with care provided to

preserve life, to prevent the condition from worsening, and to promote recovery. CPR is one of the lifesaving techniques used in First Aid to help someone whose breathing or heart-beat has stopped.

First Aid courses will meet from 9 a.m. – 5 p.m. on the following dates: Feb. 4, March 10, April 29, and May 18. CPR will also meet from 9 a.m. – 5 p.m. on Feb. 5, March 3, April 6, and May 14.

ACLS, PALS PREP AND RENEWAL

The AHA offers both ACLS Preparatory and ACLS renewal courses this semester to ready students for the urgent treatment of cardiac arrest, stroke, and other life-threatening medical emergencies. The preparatory class meets from 9 a.m. – 5 p.m. on the following dates: Jan. 26-27, Feb. 10-11, Feb. 24-25, March 16-17, March 24-25, April 7-8, April 20-21, May 5-6, and May 11-12.

The renewal courses require one day of student,

Classes continues on page 3

Three Culinary classes offered this Spring

BY **REANNE PALMER**
RLC PUBLIC INFORMATION

Whether you're seeking knowledge for work in a restaurant or trying to pick up a new cooking technique, Rend Lake College's Culinary Arts professionals have something for you. This semester, RLC is offering three classes in the culinary arts: Food Sanitation, Grilling and Smoking, and Exploring Wines.

Learn the many different aspects of caring for food equipment and facilities with the Food Sanitation class. Students will identify the causes of food-borne ill-

nesses, apply correct procedures for cleaning and sanitizing, recognize problems and potential solutions, and understand the Illinois code related to food service establishments during this two-session course.

Successful completion prepares students to take the Servsafe exam for Management and Sanitation Training. The exam is given at the end of the second session and requires a \$40 online voucher. Students must bring a photo ID to class, as well as purchase the Servsafe Essentials

Culinary continues on page 3

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Books and blankets

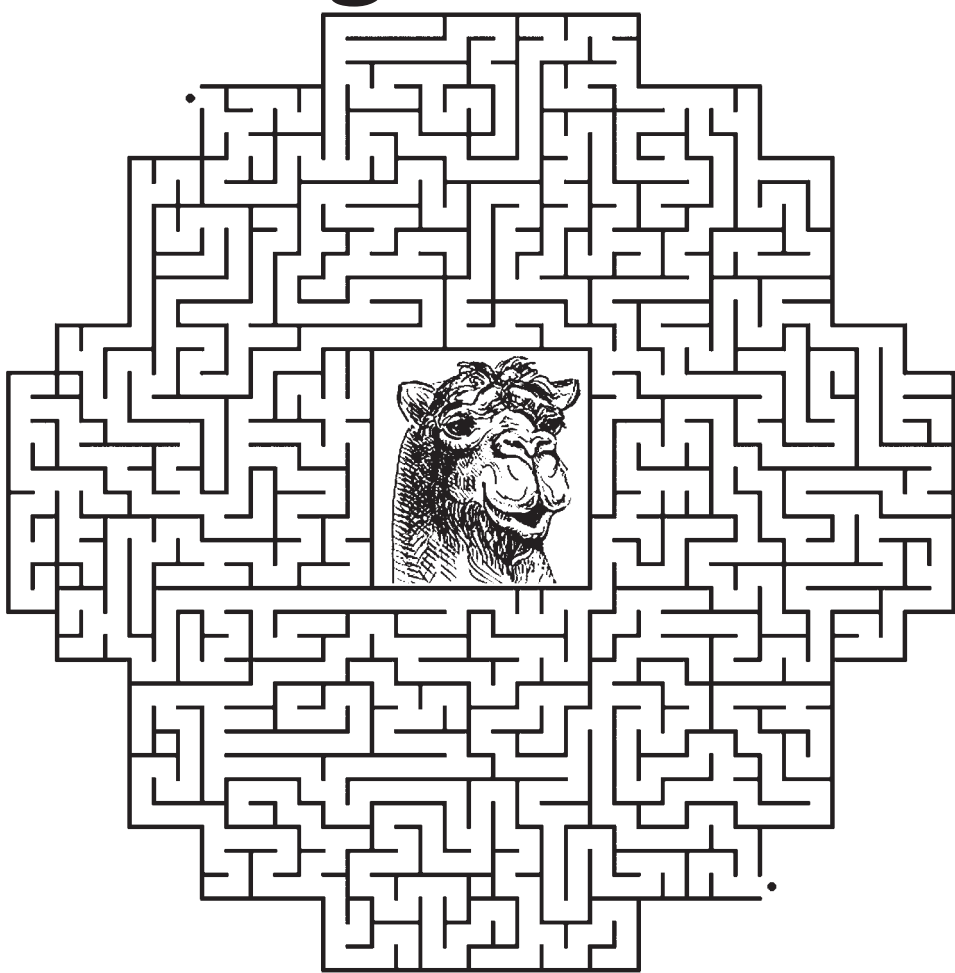
The Amy Center would like to thank the Creative Writing Class of Rend Lake College for their Christmas donation. They donated 300 books and 50 blanket throws. Pictured are, FROM LEFT, Nuno Costa, (Alicia Wallick), Peggy Davis, Shawn Campbell, Elizabeth Harrison, Jeff Nocair, Adrian Rice, Hillary Halsey, Justine Trotter, Sarah Draper, (Ladonna Richards). (Submitted photo)

Sudoku

	1	2		3				
4		5		6				3
		6		4	7			5 1
			4					7 8
9								2
7	5				1			
1	8		5	2		9		
	4			9		1		5
			3			6	8	

Solution to Sudoku puzzle printed on page 3.

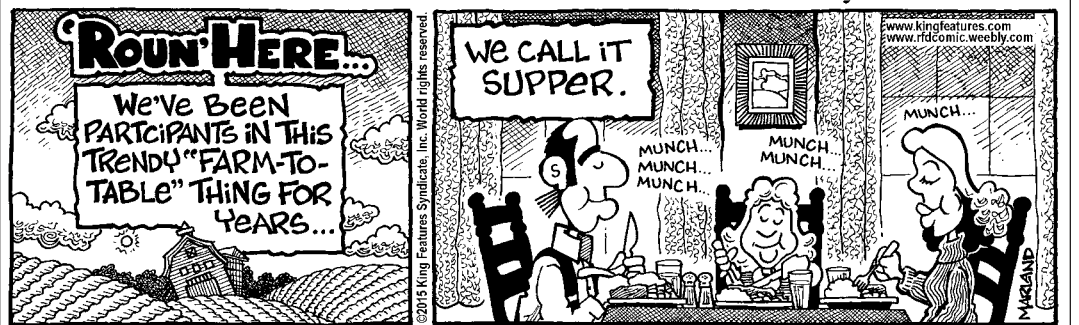
Megamaze



Solution to Megamaze puzzle printed on page 3.

R.F.D.

by Mike Marland



Crossword

- Across**
- 1 Turn red, maybe
 - 6 Part of a case
 - 11 Pork product
 - 14 ___ Lodge
 - 15 Chili con ___
 - 16 In the past
 - 17 Pleasant greeting when you wake up
 - 19 Dot on a die
 - 20 "Egad!"
 - 21 Red or green fruit
 - 23 Lumberjack's tool
 - 26 ___ and improved
 - 27 "___ over here!"
 - 29 Singer Krauss
 - 31 Customer
 - 32 Goes up
 - 33 Men
 - 34 Edge
 - 37 Dull pain
 - 38 Strong winds
 - 39 Novelist Austen
 - 40 "Over here!"
 - 41 Boy's name
 - 42 Takes to the sea
 - 43 Mozart works
 - 45 Walks casually
 - 46 Words like "hats" and "cats"
 - 48 Honest prez
 - 49 Place for a pig
 - 50 Not as high
 - 51 Bright light
 - 53 High card
 - 54 Pleasant greeting when you go to sleep
 - 60 Baseball great Ripken
 - 61 Stadium
 - 62 Cut off, as a relationship
 - 63 Letter after "kay"
 - 64 President #10
- Down**
- 1 Ask for alms
 - 2 Environmental prefix
 - 3 Cow's comment
 - 4 Williams or Griffith
 - 5 Pizza chain
 - 6 Tool box item
 - 7 Gets darker
 - 8 Former spokesman for George
 - 9 Traveler's stop
 - 10 Tells stories to
 - 11 Pleasant goodbye, out West
 - 12 Nimble
 - 13 Sulks
 - 18 Sign on a store
 - 22 Be the author of
 - 23 Politician Palin
 - 24 Wonderland girl
 - 25 Pleasant sentiment
 - 27 Back street
 - 28 Falsehoods
 - 30 Understand
 - 31 Cools down
 - 33 Papas' mates
 - 35 Arm of the sea
 - 36 In need of a cleaning
 - 38 "Gone ___"
 - 39 Quick punch
 - 41 Goes after with claws out
 - 42 Told lies about
 - 44 Not post-
 - 45 Sleeping, to poets
 - 46 "Melrose ___"
 - 47 From around here
 - 48 Church section
 - 51 Trait carrier
 - 52 What a waiter gives you
 - 55 Like some humor
 - 56 Slippery fish
 - 57 TV show pauses
 - 58 Harvard rival
 - 59 Rd. crossers

1	2	3	4	5	6	7	8	9	10	11	12	13	
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17					18						19		
		20						21	22				
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53					54	55	56				57	58	59
60					61					62			
63					64							65	

Solution to Crossword puzzle printed on page 3.

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Essay Contest ...

continued from page 1
way to show students that writing can be fun. Students are welcome to come into the Writing Center, located at the North Oasis for help with contest essays. The staff at the Writing Center hopes this contest will prove to be a great success. Another focal point of the contest is to encourage students who normally would not visit the Writing Center to stop by for a visit and interact with the tutors and fellow students."

Young continued, "I'm sure a lot of people reading this might think, 'I don't have the time to write another essay.' My response is that this is not an essay like you are used to. This is fun. It's different. It's definitely not like a college essay. I could see someone sitting down for a half hour after reading our prompt, and then going to town with their response. This contest isn't about how long your paper is. It's about having fun and being creative."

"I also feel that this is a way for students to become accustomed to the Writing Center at RLC. We are available to help in many different areas of writing, and the Writing Center is open to help anyone with their writing needs."

"I like to think that the motivating factor behind the Writing Center Essay Contest is getting students to actually write

something," said Robinson. "I realize this sounds like a bit of a 'duh' statement, but the point I'm centering on here is this: Writing equals thinking, and thinking equals independence and freedom. Thoughtful writing stimulates the brain, and often times the heart, which in turn leads to total and blissful independence. When you're writing — even if it's something as 'simple' as an essay for a contest — you are no longer dependent on anyone else's thoughts or attitudes. You're free."

"While your fingers press down on the keys of the computer's keyboard, what shows up on the screen is YOU!" added Robinson. "As your pen or pencil glides along the paper — even though the path may grow bumpy or halting at times — what eventually appears upon the page is YOU! To me, this fact is something to be cherished. This fact should cause the writer to want to improve upon his or her own writing. Because that's who it belongs to. And the printed result of this thoughtful and freeing process is definitely worth sharing with someone else."

The Writing Center is located at the North Oasis and is open Monday through Friday for all your writing needs. To schedule an appointment or to ask a question, the Writing Center can be contacted via email at writing_center@rlc.edu.

Classes

continued from page 1
also from 9 a.m. – 5 p.m., on Jan. 27, Feb. 11, Feb. 25, March 17, March 25, April 8, April 21, May 6, and May 12. Another two-day preparatory class, PALS class aims to develop the knowledge and skills necessary for students to efficiently and effectively manage critically ill infants and children. The class meets from 9 a.m. – 5 p.m. on Feb. 17-18 and April 14-15. For those needing renewal, the one-day course will meet from 9 a.m. – 5 p.m. Jan. 20, March 9, and May 20.

Students wanting to build on their ACLS, PALS, or Basic Life Support (BLS) training can also inquire about instructor training courses, which are scheduled individually per applicant. For information about the instructor training, contact Leslie McKenzie, AHA Training Center Coordinator, at 618-437-5321, Ext. 1418 or hodgel@rlc.edu.

NIMS ICS 300 AND 400 COURSES

NIMS courses are designed for those who may serve as command or general staff on an Incident Management team. NIMS ICS (Incident Command System) 300 includes topics in staffing and organization,

transfer of command, unified command functions, ICS forms, resource management, interagency mission planning, and procurement. This course is to be taken after completion of the online ICS 100, 200, 700, and 800 courses.

NIMS ICS 400 is to be taken after successful completion of the 300-level class. Specific topics include deputies and assistants, organizational relationships between area command, unified command, multi-entry coordination systems, and Emergency Operations Centers.

There is no cost for either NIMS ICS class and dates will be determined based on need.

TNCC CLASS

The Emergency Nurses Association developed the Trauma Nursing Core Course for national and international dissemination to recognize a standard of trauma nursing knowledge. TNCC is a 16-hour course designed to provide the student with cognitive knowledge and psychomotor skills. Attendees should be registered nurses with at least six months of clinical nursing experience in an emergency care setting. The class costs \$300, plus \$70 for the book. Dates and times will be determined based on need.

Culinary

continued from page 1
textbook in the RLC bookstore or online. The class costs \$100. Food Sanitation will meet from 8 a.m. – 5 p.m. Saturdays on the following days: Jan. 17 and 24 in the Advanced Technology Center (ATC), Room 118, on the Ina campus; Feb. 21 and 28 at the RLC MarketPlace in Mt. Vernon, Room 338; and March 21 and 28 in the ATC, Room 118.

Later in the semester, RLC Culinary Arts Chef Jeff Fairbanks will teach Grilling and Smoking. This class is designed as an introductory class to develop culinary skills in outdoor cooking. Equipment demonstrations as well as hands-on activities will give students practice with utensils and food products. Class members will taste and evaluate food products, as well as take products home.

The one-credit-hour course will meet from 5:30 – 8:30 p.m. Tuesdays and Thursdays from June 9 –

25 in the Student Center, Room 103, on the Ina campus. The class costs \$130.

Exploring Wines will also be held in June for those wanting to learn about purchasing, storing, issuing, pricing, merchandising, and serving wines and spirits. Attendees will examine the roles that wines and spirits from around the world play, including topics such as matching wine with food, tasting wine and spirits, and organizing wine service. Special emphasis will be placed on professional food service operations.

Attendees must be 21 years of age or older. The four credit hour class costs \$550 and will be held from 2:30 – 4:30 p.m. Monday through

Thursday June 8 – July 30 in the Student Center, Room 110, on the Ina campus.

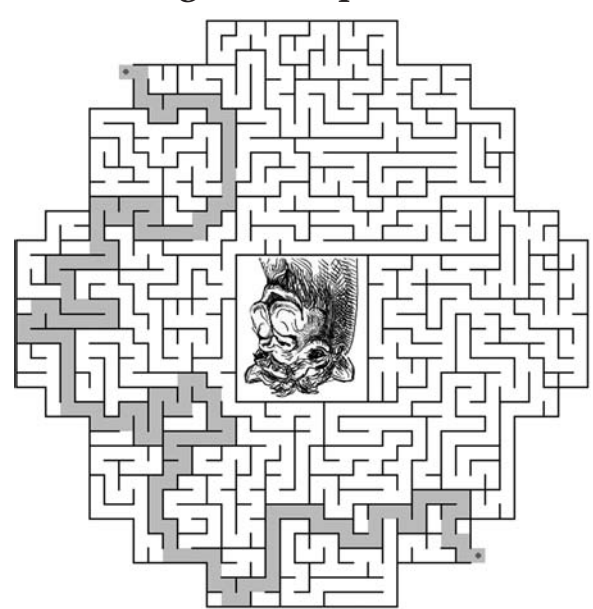
For more information about these classes, contact the RLC Community and Corporate Education Department at (618) 437-5321, Ext. 1714 or 1380.

Find the piece you've been looking for in the Classifieds!
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*Solution to page 2
Sudoku puzzle.*

7	8	9	4	1	3	6	2	5
5	2	1	8	6	7	3	4	9
3	4	6	9	2	5	7	8	1
9	6	3	1	8	2	4	5	7
2	1	4	5	7	9	8	3	6
8	7	5	6	3	4	1	9	2
1	5	2	7	4	8	9	6	3
6	3	8	2	9	1	5	7	4
4	9	7	3	5	6	2	1	8

*Solution to page 2
Megamaze puzzle.*



*Solution to page 2
Crossword puzzle.*

S	L	S	U	D	R	E	T	A	L	T	L	E
L	I	D	N	E	V	N	E	R	V	A	R	C
S	W	A	R	D	L	E	E	W	E	C	O	V
Y	L	S	E	V	E	R	E	M	O	L	P	
S	T	B	W	A	S	V	R	E	P	O		
S	T	I	V	J	S	E	L	A	G	E	H	C
E	N	A	J	S	E	L	A	G	E	H	C	A
W	I	R	S	E	L	A	W	S	E	S	I	R
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A	M	H	A	I	R	S	T	A	D	B	E	M

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ATHLETICS

W S E C T I O N

Tolds logs 22 points to help Lady Warriors victory

BY REANNE PALMER

RLC SPORTS INFORMATION

GODFREY, III. (Jan. 20, 2015) — The Rend Lake College Women's Basketball team brought

home a win last weekend with a 55-52 victory over Lewis and Clark Community College. The Lady Warriors are now 5-8 for the season. Freshman Mykhaela

Tolds (Pearland, Texas) paved the road for the Lady Warriors by scoring the game high of 22 points. She also logged seven rebounds, three assists, one steal, and one

block. Valencia Chandler (Joliet) and Savannah Enlow (Corydon, Ind.) also added 10 points each to the scoring column. Chandler had four rebounds and one steal to Enlow's

four steals, three rebounds, and one assist. Three other RLC freshman put up points: Jordann Bruenton (Cincinnati, Ohio) with six, Jenae Rowe (Joliet) with five, and Brianna Hawkins (Louisville, Ky.) with two. RLC will play two games at home: 1 p.m. Sunday against Lincoln Trail, and 5:30 p.m. Jan. 28 against Shawnee. For all things athletic at The Lake, visit RLC online www.rlc.edu/warriors.

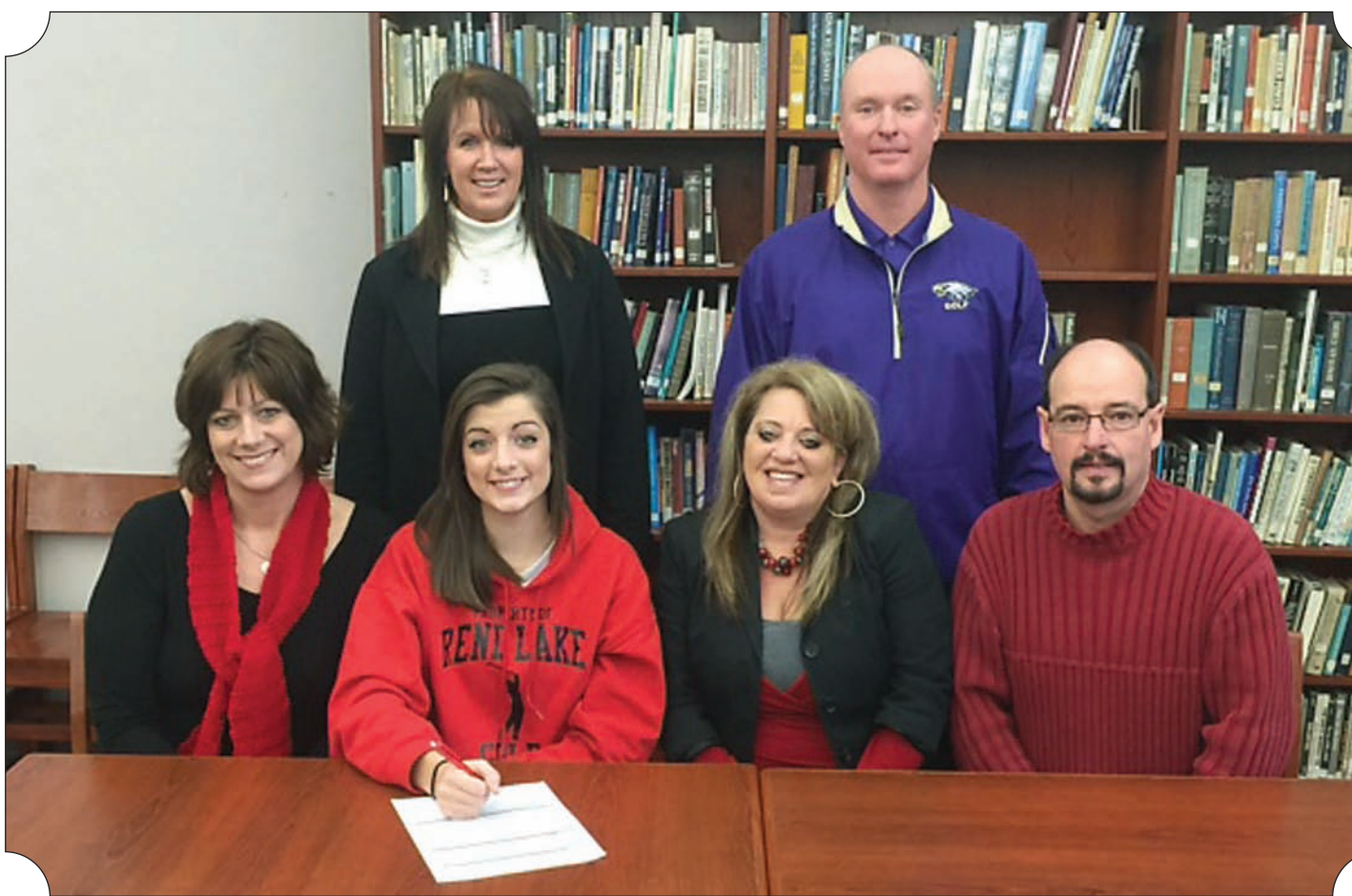


Mykhaela Tolds



Indiana golfer

Indianapolis resident Shelby Johnson, SITTING CENTER, became the third golfer to sign with the 2015-16 RLC Women's Golf team last week when she signed a national letter of intent to play for Head Coach Cindy Corn. Johnson is pictured with, FRONT, FROM LEFT, sister Brittney Johnson, mother Lynn Johnson, and Coach Brittany Stephens of Greenwood Community High School. BACK, FROM LEFT, are grandfather Gerald Johnson, father Mitch Johnson, GCHS Athletic Director Pete Huse, aunt Gloria Schaub, and Corn.



Eldorado Senior

Taylor Aldridge, SECOND FROM LEFT, of Eldorado signed a national letter of intent to play for the 2015-16 Rend Lake College Women's Golf team. Also pictured are, BOTTOM FROM LEFT, mother Marcy Deem, stepmother Sherry Aldridge and father David Aldridge. TOP FROM LEFT, RLC Women's Golf Coach Cindy Corn and Eldorado Golf Coach Greg Goodley.

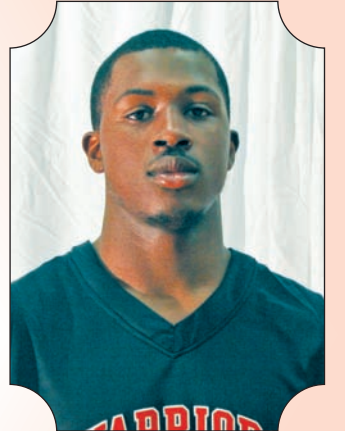
Warriors overtake Blazers 70-69 in overtime

BY REANNE PALMER

RLC SPORTS INFORMATION

NA, III. (Jan. 20, 2015) — The Rend Lake College Men's Basketball team defeated John Wood Community College last weekend 70-69 in overtime. The Warriors are now 8-8 for the season.

Several Warriors put up double digits in the scoring column, including Dedric Byrd (Champaign) with 16, Eric Williams (Memphis, Tenn.) with 14, Robert Sawyer (Louisville, Ky.) with 13, and Greg McLain (Chicago) with 11. Other top scorers were Richard Clemons (Louisville, Ky.) with seven, Armani Towns (Columbus, Ohio) with four, Clint Johannes (Ashley) with three, and Ryan Otis (Houston, Texas) with two. RLC has two upcoming



Robert Sawyer (Louisville) pitched in 13 for the Warriors' OT win over John Wood.

home games scheduled, the first against Lake Land at 7:30 p.m. tomorrow and the second against Lincoln Trail at 3 p.m. Sunday. For all things athletic at The Lake, visit www.rlc.edu/warriors.

Warriors Basketball tops Lincoln Land 71-52 at home

BY REANNE PALMER

RLC SPORTS INFORMATION

NA, III. (Jan. 15, 2015) — The Rend Lake College Warriors basketball team came out victorious Wednesday night over Lincoln Land in a 71-52 win at home. The Warriors are now 7-8 for the regular season.

Two RLC freshmen scored 17 points during the game: Dedric Byrd (Champaign) and Eric Williams (Memphis, Tenn.). Fellow freshman Armani Towns (Columbus, Ohio) also put up double digits with 13. Other top scorers included Ryan Otis (Houston, Texas) with seven, Greg McLain (Chicago) with six, Richard Clemons (Louisville, Ky.) with five, Robert Sawyer (Louisville, Ky.) with four, and Derek McKeithen (Columbus, Ohio) with two.

Three home games are coming up on Jan. 19 against Lincoln, Jan. 21 against Lake Land, and Jan. 25 against Lincoln Trail. For all things athletic at The Lake, visit RLC online at www.rlc.edu/warriors.



Freshmen duo Dedric Byrd (Champaign) (TOP) and Eric Williams (Memphis, Tenn.) (BOTTOM) combined for 34 of RLC's 71 in the win over Lincoln Land. (Photos by RLC Sports Information)

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Warm up winter with old-school British cooking



BY MARIALISA CALTA UNIVERSAL

There's something British in the air. Maybe it's the return of "Downton Abbey" to PBS (and the recent Golden Globe win for actress Joanne Froggatt, who plays Anna, World's Best Lady's Maid). Or the way Will and Kate dropped in on New York to say "happy holidays" last month.

Mostly, I think, it's just that winter is the best time of year to dust off the Agatha Christie and Arthur Conan Doyle, snuggle under a blanket and treat yourself to a good read (or binge-watch).

But while you are reading, or watching, or otherwise thinking British thoughts, you might get a hankering for British food: scones, Sunday roast, fry-up (aka breakfast), bangers and mash (sausage and potatoes), treacle tart or just plain tea. Traditional British food, in fact, suits the season in the same way a good Miss Marple tale does: easy to digest and quite comforting.

Time to unearth a pre-1970s edition of "The Joy of Cooking" (filled with British favorites) or, if you are lucky enough to own them, the recipe volumes of the late, great British "cookery" writers Jane Grigson and Elizabeth David. If you want to be more contemporary, Jamie Oliver or Nigella Lawson will fit the bill.

But for cutting-edge dishes, look to the new cookbook by the owners of the Fat Radish restaurant in New York City. Owned by two British ex-pats, Ben Towill and Phil Winser, the Fat Radish offers delicious re-imaginings of British specialties such as Sunday roast, Scotch eggs and banoffee pie.

Or how about some Bubble and Squeak? That's the name given to the dish made from part of the leftovers from "Sunday roast" — potatoes and cabbage. It got its name for the sounds the ingredients make while being cooked together. The Fat Radish recipe substitutes Brussels sprouts for the cabbage, adds some



Warm up to winter with a traditional British dish like Bubble and Squeak (Brussels sprouts and potatoes, with bacon and poached eggs).

bacon and tops it all with poached eggs. It's a perfect brunch or supper dish — and also perfect to eat on the couch while you devour another episode of "Sherlock Holmes."

BRUSSELS SPROUTS BUBBLE AND SQUEAK
Yield: 4 servings

- 1 large baking potato, diced
- 1 pound Brussels sprouts, quartered lengthwise
- 1/2 pound thick bacon, cut into bite-sized pieces
- 1 yellow onion, thinly

- sliced
- Coarse salt and freshly ground black pepper
- 4 large eggs, poached (see below)
- Small handful chopped chives

Preheat the oven to its lowest setting. Line two large plates with paper towels.

Bring a large pot of water to a boil and add the diced potatoes. Cook until just tender, about 15 minutes. Using a slotted spoon, transfer the potatoes to a lined plate and set aside.

Place the Brussels sprouts in the water and cook until they are just tender, about 5 minutes. Transfer them to the same plate with the potatoes.

Meanwhile, place the bacon in a large, heavy skillet set over medium-high heat. Cook, stirring now and then, until the fat is rendered and the bacon is crisp, about 6 minutes. Using a slotted spoon, transfer to the other lined plate. Add the onion to the fat in the skillet and cook, stirring now and then, until it begins to soften, about 10 minutes. Add the reserved potatoes and Brussels sprouts and cook until everything is very well browned and cooked through, another 10 to 15 minutes.

Return the crisp bacon to the pan and stir to combine. Season to taste with salt and pepper. Cover and place in the preheated oven while you poach the eggs (see below). You might want to place the serving plates in the oven as well, to warm them.

When the eggs are done, divide the skillet mixture among four warmed plates. Top each serving with one poached egg and scatter generously with chives. Serve immediately.

(Recipe from "The Fat Radish Kitchen Diaries" by Ben Towill, Phil Winser and Nick Wilber, with Julia Turshen; Rizzoli, 2014.)

POACHED EGGS

- Yield: 4 servings
- 4 large eggs
- Water
- 2 teaspoons cider vinegar
- Line a plate with paper

towels. Crack 1 egg into a ramekin.

Select a wide, shallow saucepan and fill two-thirds full with water. Bring to a boil, then reduce to a lively simmer. Add the vinegar and stir the water briskly in a clockwise motion to create a whirlpool. Gently slide the egg from the ramekin into the water and let simmer, untouched, for about 3 minutes (if you like a harder yolk, poach for another minute or two). Using a slotted spoon, transfer to the lined plate so the egg won't be watery. Repeat with remaining eggs.

When making more than one poached egg for a dish (such as the recipe above), it is best to have two pans going. Never try to poach two eggs in one pan.

Coming up at RLC

Save the date for these events, classes and important dates coming up at Rend Lake College. To find more information, go online to www.rlc.edu/events.

Jan. 23: Last day to drop spring classes with a refund.

Jan. 29: Thespian Comedy Improv. A free night of improvisational comedy with the Rend Lake College Thespians. This event serves as a workshop for theatre students while providing the community with entertainment. It starts at 7 p.m. in the RLC Theatre.



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