



CLOCKTOWER CHRONICLE



Veronica Reed, LEFT, and Angela Richard are pictured outside of the REA Clinic in Christopher. Richard said, "We want to support the students and help them apply their education in a real setting." (Photo by ReAnne Palmer / RLC Public Information)



Veronica Reed completed her clinicals at the REA Clinic in Christopher for the Health Information Technology degree. She said, "Everything I had read about or learned in the classroom came together for me when I had the opportunity to have a hands-on experience." (Photo by ReAnne Palmer / RLC Public Information)

Alumna reveals all about MEDC, HIT programs

Two health care programs at Rend Lake College go perfectly hand-in-hand with each other and an increase in job availability across the country. The Health Information Technology (HIT) and Medical Coding (MEDC) programs prepare students to go out into

the working world in a year or less, but don't take our word for it. MEDC and HIT graduate Veronica Reed of Sesser and Angela Richard, RHIT, Health Information Management Director, and Privacy Officer at the REA Clinic in Christopher, tell all about the programs at RLC and

the clinical experiences that go along with it. Reed graduated last month with her Associate in Applied Science degree in Health Information Technology, a degree she combined with her MEDC certificate, which she earned in May of last year, to help her on her job

search. After missing the deadline to enroll in the Nursing program at RLC two years ago, Reed said she started looking into other health care programs. "I knew I wanted to do something in the health care field. I consulted with Kim Wilkerson [Dean of Allied Health] and she

suggested the Medical Coding program by telling me there would be a new Health Information Technology program up and running by the time I finished. It sounded very interesting to me,

Programs continues on page 3

RLC music ensembles seeking local musicians, new talent

Three Rend Lake College music ensembles are calling for talented musicians to join for the 2015-2016 academic year. The Concert Band, Concert Choir, and Community Orchestra are tuition free and registering now. These courses are available to any student or community member. If you don't have an instrument for the band or orchestra, don't worry. RLC has a number of instruments for students to

use, including a bassoon, cellos, clarinets, double basses, flutes, a marimba, an oboe, trumpets, a tuba, a vibraphone, violas, violins, and many more. Concert Choir (MUSI 1159), under the direction of Sara Alstat, RLC Music Associate Professor, strives to create beauty in the choral art through concert performances for the college and surrounding communities. This ensemble performs a wide range of sacred and secu-

lar choral literature. Auditions are required and are held the first week of the Fall and Spring semesters. The Concert Choir rehearses from 12 - 12:50 p.m. Mondays, Wednesdays, and Fridays starting Aug. 17 in the Learning Resource Center (LRC), Room 107. The Concert Band (MUSI 1161) provides an outlet for musicians to perform as a high-quality repertoire in many events

and at one or more concerts during the semester. Concert Band rehearses from 11 - 11:50 a.m. Mondays, Wednesdays, and Fridays starting Aug. 17 in the LRC, Room 107. Community Orchestra (MUSI 1163), under the direction of Larry Phifer, performs on campus several times a year, including the Fall, Christmas, and Spring concerts. Auditions are required and are held the first week of the Fall and Spring semesters. The

Community Orchestra rehearses from 7 - 9 p.m. Tuesdays starting Aug. 18 in the LRC, Room 107. Alstat said the ensembles are looking forward to new talent with the start of a new academic year. "We're always looking for musicians and music-enthusiasts to join RLC's music ensembles. We have many new instru-

Music continues on page 2



Eilerts, RIGHT, films a scene for a RLC commercial last year. The commercial is just one of many projects Eilerts has worked on for the college.

Clint Eilerts' life experience incomplete without RLC

From start to finish, Clint Eilerts is a Rend Lake College Warrior, and he's not afraid to show it. Now the co-owner of a marketing and consulting firm called Arthur Agency, the RLC alum attributes some of his success to the RLC "life experience." It was no surprise when Eilerts came to RLC in 1997 to begin his postsecondary education. The son of two RLC staff members, he says the family ties to the college made it an easy choice. "Rend Lake College was a logical fit. I knew I wanted to

do something, I just didn't know what, and Rend Lake was there to fill that gap," said Eilerts. "My ties with the college go much deeper, starting from early childhood. My mom worked at the college from the time I was in grade school until I graduated and my stepfather worked for the college for almost 40 years." RLC's Graphic Design program caught Eilerts' attention and he graduated in 1999 with an Associate in Applied Science Degree. **Eilerts** continues on page 4

Grad Kristi Rapp uses 1993, 2013 degrees to start new career in Health Information

Being laid off after nearly two decades with the same employer can be a tough break, but one two-time graduate of Rend Lake College was determined to find another way into the workforce. Using one degree, Kristi

Rapp of Waltonville decided there was no time like the present to improve on the skills she already had to turn her life around by enrolling in RLC's Health Information Assistant pro-

Rapp continues on page 2



Two-time graduate Kristi Rapp said, "The classes (at RLC) honed and improved the skills I already had and gave me new ones. The transcription classes taught me to listen better and pay more attention to detail, and the medical terminology classes gave me knowledge to understand what tests the doctor's offices, clinics, and different departments are scheduling ... Plus they pushed me to learn and do things outside of my comfort zone. (Photo by ReAnne Palmer / RLC Public Information)

Three RLC athletic teams earn highest GPA in Region XXIV

It was a good year for three athletic teams at Rend Lake College who reached the number one spot for high academic achievement. RLC's Women's Tennis, Softball, and Volleyball teams were nominated as All-Academic Teams by the National Junior College Athletic Association (NJCAA) last month, and each put up the highest GPA of all their regional competition. Though no regional team won a title this year, RLC athletes have plenty to be proud of. The Women's Tennis team came out on top of all the other athletic teams in the region with a combined GPA of 3.67, higher than any other college and sport. Four of the six players on the team also received individual nominations: Evelyn Mendez of Benton for a 4.0 GPA, Marisa Uhls

of Mt. Vernon for a 3.80 GPA, Sydney Crews of Mt. Vernon for a 3.78 GPA, and Emily Culbreth of Benton for a 3.66 GPA. RLC's Softball team earned a collective 3.45 GPA, marking the third year in a row that the team has been recognized. The team also had four athletes nominated as individuals: Sara Dixon of Benton who earned a 4.0, Kaitlyn Jones of Thompsonville who earned a 3.93, Summer Karch of Mt. Vernon who earned a 3.94, and Kayla Piersol who earned a 3.66. The Lady Warriors Volleyball team also finished the year with a 3.34 combined GPA, thanks to four individuals. Pinckneyville sisters Danielle and Denise Bruns (Pinck-

Athletic Teams continues on page 3

INSIDE:

- How To Cut Water Costs 5
- Classifieds 6

Rapp
continued from page 1

gram. Rapp first attended RLC immediately after graduating from high school in the fall of 1984. Already knowing what she wanted to do, Rapp began her post-secondary education in RLC's Associate in Applied Science (AAS) degree program for administrative assistants. Unfortunately, she had to withdraw from the program one semester short of graduation when she went into the workforce after her husband lost his job. But that didn't deter her completely. In the spring of 1993, seven years after she left, Rapp came back to RLC to finish up the degree, all while holding a full-time job and playing the part of working mother. After working 25 years as an administrative assistant, a familiar scene unfolded. "After working 19 years with the same employer, I found myself laid off unexpectedly and had no idea

what I was going to do," explained Rapp. "I'll be honest, the idea of some time off after working all those years was appealing. However, as time went on and I found no real jobs materializing in my future, I began to worry and wonder what I was going to do." Rapp says the fact that she found little by way of prospects in her future was a deciding factor for making a change and going back to school. "I found that I was lacking in the education, new program knowledge, and necessary certification for a lot of the jobs that were available. Even though I felt I was fairly experienced, I found that the software and programs had developed, changed, and evolved so much that I only really had a very basic knowledge," said Rapp. That's when she took advantage of ManTraCon and their services for displaced or laid off workers under the Workforce Investment Act (WIA) that would help send her back to school

to earn a degree in a needed field. "I knew there were opportunities to get assistance for displaced workers through Man-Tra-Con and their WIA program. They offered me the opportunity to go back to school. They paid for it and would help me obtain a new education and skills in a program that current employers needed," said Rapp. "So in January of 2012, I began the journey of college education again at RLC." The two-year Health Information Assistant degree is designed to provide students with the background in technical skills and general studies necessary for a career as a health information assistant. Graduates will be prepared for support positions in medical and allied health fields. It also helps those already employed upgrade job skills and gain advancement potential. Rapp decided to improve on her Administrative Assistant AAS degree and is now a member of the class of 2013, boasting not only an

AAS degree in Health Information Assistant and slots on the President's List for academic honors for three semesters, but also holding certificates in Office Assistant, Medical Clerk, and Medical Transcription. "The second time I attended RLC, it was because there seemed to be a need for health information assistants and medical transcriptionists. I also figured it would be a safe field to get into as people will always have a need for health care. It was an extension from what I had already been doing for 25 years of my life," said Rapp. Of her courses, Rapp said the medical terminology and transcription courses were sometimes the most difficult, but also the most rewarding. Her instructors, too, were inspiring to her life-changing endeavor. "The classes honed and improved the skills I already had and gave me new ones. The transcription classes taught me to listen better and pay more attention to detail, and the medical terminology classes gave me knowledge to understand what tests the doctor's offices, clinics, and different departments are scheduling," said Rapp. "The different projects required for the various classes helped me be more confident in my skills and abilities, plus they pushed me to learn and do things outside of my comfort zone."

how to do work in different situations and how best to handle each one to reach a result that was beneficial to us all and complete projects satisfactorily." While working on her second degree, Rapp was also highlighted at RLC for typing 100 words per minute with no errors during the final week of class, something no other student had accomplished in the decade before. She said all of the hard work was supported by her husband, three children, daughter-in-law, and grandchildren. "Between homework, basketball with my two youngest children and volleyball and softball for my daughter, housework and the other normal, everyday wife-mother-granny-housewife-maid-jack-of-all-trades duties, I had little time for anything but trying to stay sane. I wanted to prove to my kids that it is possible to accomplish anything you set your head to, at any age," said Rapp of her accomplishments. Rapp now works for SSM Health as a Scheduler and Registrar, helping patients, doctors, and clinics with scheduling and pre-registration at two local hospitals. And that's just the beginning. "Exactly two years after I lost my job and less than two months after graduating from RLC, I was hired by SSM Health," said Rapp. "At my workplace, I serve as the Safety Ambassador, am the chairperson for our Shared Governance Committee, and am a member of the Peer Interview Panel for my department. I was also top collector for the months of March, June, and November last year and finished 2014 as top collector." In the next few years, Rapp says she looks forward to staying right where she is, but taking on more duties and responsibilities in the workplace. "I see myself expanding

my knowledge and skills in the medical field. I plan to continue to improve my skills and learn new skills in my current department to work my way into more responsibility," said Rapp. "I have the ability to move to different departments with the hospitals to take on more responsibility and hopefully a leadership role putting more of my education from RLC to work for me." And for prospective students thinking about any of the Office Systems Technology (OFTC) programs at RLC, Rapp has some advice to share. "Be aware when you're young that what you do can follow you as you get older. Always try to leave a good impression behind you," she said. "You may not like your job or a course, but do your best and give a good impression. That instructor or boss is someone who will give you a reference, whether that's a good one or bad one is up to you." There are several OFTC courses available this fall, including Beginning Document Formatting, Building Keyboard Speed, Business Data Entry, Records Management Concepts, Medical Terminology, Medical Transcription, Medical Insurance Processing, and Office Procedures and Technology. Sarah Bilderbeck, OFTC Associate Professor, said many recent graduates of the Health Information Assistant program are located all over RLC's district, including the REA Clinic in Christopher, Pinckneyville Community Hospital, and Hamilton Memorial Hospital District in McLeansboro. These graduates have more options than ever in the workplace. "RLC's graduates are able to work in a medical or clerical position in any medical facility, not solely limited to hospitals," explained Bilderbeck. "My students are trained in various Microsoft Office programs, medical terminology, and medical transcription, as well as a few basic courses in medical insurance processing and medical coding. With the Administrative Assistant degree only five classes away from the Health Information Assistant degree, I see more students taking advantage of going to school for one more semester to have many more options in the workplace." According to the U.S. Department of Labor, Bureau of Labor Statistics, the fields for administrative assistants and health information assistants continue to grow every year. By 2022, there are expected to be 479,500 new jobs for administrative assistants alone. To learn more about any of the Office Systems Technology programs, contact Bilderbeck at (618) 437-5321, Ext. 1754 or bilderbeck@rlc.edu.

Crossword

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15				16				
17				18				19				
20				21				22				
23				24				25				
26	27			28	29			30	31	32		
33				34				35				
36				37				38				
39				40	41			42	43			
44				45				46				
47				48				49	50	51		
52	53			54	55			56				
57				58				59				
60				61				62				
63				64				65				

- Across**
- 1 Shower bar
 - 5 Packs
 - 9 Roughnecks
 - 14 Almanac contents
 - 15 ___ rug (small floor covering)
 - 16 His cube was a craze
 - 17 Post-bottle sound
 - 18 University VIP
 - 19 Make reparations, e.g.
 - 20 Starch from San Francisco
 - 23 Petits ___ (tiny peas)
 - 24 Penny figure
 - 25 Beads up
 - 28 Isle near Mull
 - 30 "Never heard of him"
 - 33 Not-so-sharp dairy item
 - 35 "I'm for it!"
 - 36 Some poems
 - 37 Give relief to
 - 38 Breathe heavily
 - 39 Mattel doll
 - 40 Meeting all requirements
 - 44 Epoch
 - 45 Grouse house
 - 46 Coffee orders with foamy tops
 - 47 Racket's ending
 - 48 Wrap for some parties
 - 49 NBA team
 - 56 Ecstatic
 - 57 Graceful steed
 - 58 Directs toward
 - 60 Make the morning paper?
 - 61 It can be high
 - 62 Granny or bowline
 - 63 Golfer Vijay
 - 64 Nasty look
 - 65 Antsy
- Down**
- 1 Kinsman
 - 2 Grave responsibility
 - 3 Bushy hairstyle
 - 4 Brower bothers
 - 5 A little crazy
 - 6 Snacks with milk
 - 7 Regular guy?
 - 8 ___-froid (calmness)
 - 9 Wall-mounted safety device
 - 10 Startlingly unusual
 - 11 Orchestra pitch-setter
 - 12 One of Columbus's fleet
 - 13 List of appts.
 - 21 Mil. recruiter at colleges
 - 22 US Open winner Mandlikova
 - 25 Blazing speed
 - 26 Comparatively spread out
 - 27 Justice Kagan
 - 28 A genius, no
 - 29 Probabilities
 - 30 "Easy Rider" biker
 - 31 Away
 - 32 Scouts take them
 - 34 Goes to a restaurant
 - 38 Kids' game
 - 40 Find after digging
 - 41 Arequipa's land
 - 42 Hit with a haymaker
 - 43 Milan meat sauce
 - 47 "Dallas" clan name
 - 48 Kid with
 - 49 Janitorial tools
 - 50 Letters on the cross
 - 51 Rested (on)
 - 52 Stylish Lagerfeld
 - 53 Ohio native
 - 54 Good-hearted
 - 55 City haze
 - 59 Muddy pen

Solution to Crossword puzzle printed on page 4.

Music
continued from page 1

ments available for our students and we invite anyone who has an interest in learning or improving on their musical abilities to join. Seats fill up fast, so register now for your spot."

Participants must be over the age of 16, and one credit hour can be earned for each ensemble. For more information about the Community Orchestra, Concert Band, or Concert Choir, contact Sara Alstat at alstats@rlc.edu or (618) 201-2044.

Sudoku

		1		2				
3				1				4
	5	6	7					3
	2		3	5				
8	4				6	4		9
					6	4		7
7					3	6	4	
9				8				5
			4			1		

Solution to Sudoku puzzle printed on page 4.



Quick Lane
TIRE & AUTO CENTER

Located At **LTD Ford**
848 E. Noleman, Centralia • 1-618-532-4733

Look To Our Factory Trained Technicians For Your Summer Maintenance!
We will beat any price on the 13 major tire brands we sell... GUARANTEED!

LOW PRICE GUARANTEE

FREE BATTERY CHECK

FREE ALIGNMENT CHECK

WITH ANY SERVICE

THE WORKS

\$29.95

OR LESS

After \$10 Mail-In Rebate

- Synthetic Blend Oil Change
- Tire Rotation and Pressure Check
- Brake Inspection
- Vehicle Check-Up
- Fluid Top-Off
- Battery Test
- Filter Check
- Belts and Hoses Check

Up to five quarts of Motorcraft® oil and oil filter. Taxes, diesel vehicles and disposal fees extra. Hybrid battery test excluded. See participating Quick Lane® for exclusions and details through 7/31/15.

MAIL-IN REBATE UP TO \$130 ON FOUR SELECT TIRES
BUY FOUR SELECT TIRES, GET A \$60 MAIL-IN REBATE. PLUS, GET ANOTHER \$60 WHEN YOU USE THE QUICK LANE CREDIT CARD.

On these name brands: Goodyear, Dunlop, Continental, Pirelli

Dealer-installed retail purchases only. Limit one redemption per customer. \$60 Goodyear, Dunlop, Continental and Pirelli tire rebate by prepaid debit card or apply to an active Owner Advantage Rewards® account. \$70 credit card rebate by prepaid debit card only. Complete purchase must be made on the Quick Lane Credit Card. Offer valid between 7/1/15 and 7/31/15. Submit rebate by 8/31/15. Cannot be combined with any other tire manufacturer-sponsored or Quick Lane Credit Card rebate/offer. See participating Quick Lane® for vehicle applications, rebate and account details.

Rend Lake College Clocktower Chronicle

Administration:
LuAnn Droege, Senior Editor, Centralia Sentinel
Nathan Wheeler, Editor, Rend Lake College

Advertising:
To place an advertisement, call 246-2000

Postal Information:
Published weekly on Thursdays by Centralia Press Ltd., 232 E. Broadway, Centralia, IL 62801-0627 (USPS 098-600) (ISSN: 1059-8162); periodical postage paid in Centralia; POSTMASTER: Address changes to the Centralia Sentinel, 232 E. Broadway, Centralia, IL 62801-0627

Single Copy Price:
\$20 for a one-year subscription; free on RLC campuses

Circulation:
Subscription and delivery information is available by calling 246-2000.

COUPON

PIZZA MAN

\$2.00 OFF

14" (Large) Family Special
includes 14" pizza, family salad & 4 drinks.

\$3.00 OFF

16" (X-Large) Family Special
includes 16" pizza, family salad & 4 drinks.

Your Hometown Pizza Man

1413 W. Main Salem
Not valid with any other discount offer.
Expires 7/16/15
548-5331

ONLY FRESH INGREDIENTS

Programs
continued from page 1

so I enrolled," said Reed. The Medical Coding program requires 29 credit hours — or two semesters — of work to receive an occupational certificate. During the program, students learn to condense information from physicians, nurses, and other health care staff and assign codes to that information to create a claim to be paid by the patient or others. The certificate prepares students to sit for licensing as a Medical Coder. During the MEDC program, Reed completed the clinical requirement at a local hospital. This past year, she finished her HIT program clinicals at the Rea

Clinic in Christopher. Both, she said, have positives that taught her the differences between classroom and hands-on work. "Everything I had read about or learned in the classroom came together for me when I had the opportunity to have a hands-on experience," explained Reed. "Then in the classroom, I was tested on everything I had experienced and was taught, and I was able to focus on the subjects I didn't understand as well. Both the classroom and clinical experiences were beneficial to me and they go hand-in-hand." Reed's clinical coordinator Angela Richard said the clinical experience is important for both the student and the health care facility. Not

only was she impressed with the knowledge Reed brought with her from RLC's program, but she used Reed's knowledge to help with keeping up with an annual grant the clinic receives through the Bureau of Primary Health Care. "We want to support the students and help them apply their education in a real setting," said Richard. "Veronica was very helpful when it came to hospital statistics and working with medical records for our annual grant. She came at a very good time. I was amazed that she already knew ICD-10 (the new medical coding system). We haven't changed over to it yet. When she came here, Veronica had a basic knowledge of everything she

needed to know, and we put that to use." Richard, a 25-year plus veteran working in health information, said the clinical experience is set up much like the routine of a patient to give the students a view of all the functions in each department. "We like to put our students into the workflow of the building as if they were a patient," she explained. "We start at the front desk where a patient checks in, and the student works with the patient through that process. They also follow the nursing staff to see what they do, and they visit billing and health information. Everything that a patient does here, the student also does." For Reed, that meant getting to put her hands into a

variety of areas. "It was a lot of going back and forth, and every day was different," said Reed. "I was good at asking a lot of questions. The first time I saw medical records, everything clicked into place and a lightbulb went off. You have to see it and use it to be able to really understand. I am so thankful for the experience I had at the Rea Clinic. There are just certain things you can't understand in a classroom unless you actually have the opportunity to have the hands-on experience you get at your clinicals, such as working with actual medical records, we didn't have that option in the classroom." The HIT program requires 66 credit hours of coursework that results in an Associate in Applied Science degree. Health information technicians organize and manage health information data in hospitals, physician's offices, clinics, and other health care facilities, on both paper and electronic systems. Serving with administrative and technical skills, technicians maintain many components of health record systems. "I was obviously nervous on the first day of my clinical, because I didn't know what to expect, but the staff made me feel comfortable right away," added Reed. "Angela was always willing to take time out of her busy schedule to answer any questions I had. Everyone who I worked with was extremely patient and very helpful. I learned so much from each member of the staff."

"The instructors at Rend Lake are great. Charlotte Henry (Director of the HIT program) is still very helpful. Even now when I'm getting ready for an interview, I'll call or text her with a question and she's always there to answer," said Reed. "She goes above and beyond." For students interested in the two programs, Reed had a bit of advice to share. "What I would say to a student who was looking into the HIT program is that it is a great program for an individual who is interested in pursuing a career in the health care field. Health Information Technology is an emerging, growing field in healthcare, offering an array of career opportunities," said Reed. There are several courses available in the HIT and MEDC programs this fall, including Intro to Health Information, Health Data and Statistics, Management in Health Care, Pharmacology for Health Information, Intro to Medical Coding, Medical Law and Ethics, Electronic Health Records, Health Care Terminology, Anatomy and Physiology Fundamentals, and Pharmacology for Health Information. According to the U.S. Department of Labor, Bureau of Labor Statistics, both careers are growing across the country due to an aging baby boomer population. Medical coders can expect to see 6,400 new jobs by 2022 compared to 41,100 for health information technicians during the same time. To learn more about the Medical Coding program at RLC, contact Lora Phillips at (618) 437-5321, Ext. 1776 or phillipsl@rlc.edu. For more information about the Health Information Technology program, contact Charlotte Henry at (618) 437-5321, Ext. 1772 or henryc@rlc.edu.

Athletic Teams..
continued from page 1

neynville) both logged 4.0 GPAs, in addition to Emily Green's (Wayne City) 3.88 GPA and dual-athlete Sydney Crews' (Mt. Vernon) 3.78 GPA. RLC Athletic Director Tim Wills said academic achievement is one important factor that coaches encourage throughout the year. "All of our coaches push for high academic achievement, in addition to athletics, for their players, because they are both a student and an athlete. Some have seen some great years recently and done very well academically," said Wills. "I want to congratulate all of our student athletes who received any academic recognition and encourage everyone to work hard to make the list next year." To qualify for recognition by the NJCAA, teams had to have a combined grade point average

(GPA) above 3.0. A total of 120 individual athletes and 32 teams earned recognition this year with

RLC finishing second overall in the region with 13 individuals receiving recognition, only two

behind Illinois Central College. For all things athletic at The Lake, visit www.rlc.edu/warriors.



RLC Women's Tennis team are, FROM LEFT, Coach Dave Junkins, Emily Culbreth (Benton), Marisa Uhls (Mt. Vernon), Evelyn Mendez (Benton), Sydney Crews (Mt. Vernon), Paige Hutchcraft (Benton), and Katie Wall (Mt. Vernon).



RLC Women's Volleyball team are, FRONT ROW, FROM LEFT, Emily Green (Wayne City), Cassidy Melliore (Prairie du Rocher), Sydney Crews (Mt. Vernon), Courtney Conrad (Benton), and Kacee Roberts (Ewing); BACK ROW, FROM LEFT, Koral McBride (Murphysboro), Allie Leitz (Hoyleton), Danielle Bruns (Pinckneyville), Rebekah Maddox (Du Quoin), Coach Sara Crews, Ashtyn Ward (Benton), Rowdee Sanders (Carterville), Denise Bruns (Pinckneyville), and Ashley Modglin (Shiloh Hill).



RLC Women's Softball Team are, FRONT ROW, FROM LEFT, Christa Hill (West Frankfort), Katie Shubert (Coulterville), Sam Klass (Evansville, Ind.), Ashley Lehman (Marissa), Jerrica Money (Carmi), Katie Jones (Thompsonville), Sara Dixon (Benton), and Summer Karch (Mt. Vernon); BACK ROW, FROM LEFT, Assistant Coach Tim Ricci, Emily Jenkins (Benton, Ky.), Ashley Modglin (Campbell Hill), Jordyn Wieland (Pinckneyville), Hayley Spicer (Sims), Kayla Piersol (West Frankfort), Emma Bachman (Carmi), Ashton Beaver (Christopher), Meagan Moon (Carterville), Lexi Skelton (Henderson, Ky.), and Coach Dave Ellingsworth.

"Ask me about the AARP® Auto & Home Insurance Program from The Hartford."
Now available in your area!



SHERRI LUTZ
THE INSURANCE SHOPPE

This auto and home insurance is designed exclusively for AARP members — and is now available through your local Hartford independent agent!
Call Today for your FREE, no-obligation quote:
618-548-1053

SHERRI LUTZ
THE INSURANCE SHOPPE
1141 S. BROADWAY
SALEM, IL 62881



The AARP Automobile Insurance Program from The Hartford is underwritten by Hartford Fire Insurance Company and its affiliates, One Hartford Plaza, Hartford CT 06155. In Washington, the Program is underwritten by Thumball Insurance Company. AARP and its affiliates are not insurance agencies or carriers and do not employ or endorse insurance agents, brokers, representatives or advisors. This program is provided by The Hartford, not AARP or its affiliates. Read endorsements. The Hartford pays a royalty fee to AARP for the use of AARP's intellectual property. These fees are used for the general purposes of AARP. AARP membership is required for Program eligibility in most states. Applicants are individually underwritten and some may not qualify. Specific features, credits, and discounts may vary and may not be available in all states in accordance with state filings and applicable law. The premiums quoted by an authorized agent for any Program policy include the additional costs associated with the advice and counsel that your authorized agent provides.

www.edwardjones.com

Feeling like you paid too much in taxes this year?

This year, evaluate whether you can benefit from:

1. Tax-advantaged investments. If appropriate, consider tax-free municipal bonds to provide federally tax-free income.*
2. Tax-advantaged retirement accounts. Consider contributing to a traditional Individual Retirement Account (IRA) or 401(k) to help lower your taxable income.
3. Tax-advantaged college savings accounts. Contribute or gift to a college savings plan for your children or grandchildren.

*May be subject to state and local taxes and the alternative minimum tax (AMT).

Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should consult with a qualified tax specialist or legal advisor for professional advice on your situation.

Call or visit today to learn more about these investing strategies.

Bill Dwyer, AAMS® Financial Advisor 521 West Main Salem, IL 62881 618-548-6555	Darren L Dwyer Financial Advisor 521 West Main Salem, IL 62881 618-548-6555
---	--

Edward Jones
MAKING SENSE OF INVESTING
Member SIPC



During the 2010 Commencement Speech, Eilerts received a standing ovation after addressing the students. Of RLC, Eilerts said, "Like anything, like life, you get what you put in. Rend Lake is the same way. For those looking for opportunities, it's there. For those looking for a challenge, it's there. And for those looking for answers, Rend Lake is there"



Eilerts directs Michael Rooker (*Days of Thunder, The Walking Dead, Guardians of the Galaxy*) for a recent IDOT web series, "The Driving Dead."

Eilerts continued from page 1

During his time at RLC, Eilerts said it was the whole experience — rather than a specific class — that gave him the biggest advantage.

"It was the overall experience that had the biggest benefit for me. Was the school part important? Sure. Did I learn stuff? Of course. But overall, the whole thing was a life lesson," said Eilerts. "I like to look at the big

picture. Any new experience is a good thing and something that you can learn from, from new routines to new responsibilities to meeting new people. There are many relationships that I built at Rend Lake that still exist today — some are friends, some are clients, and one is my wife. It wasn't just a good education experience, it was a life experience."

Of his favorite memories at the college, two do stand

out as highlights: a unique class trip and his 2010 Commencement speech.

"During my sophomore year, I took part in a Cultural Diversity Study class where we spent a few weeks in Mexico, and it was just awesome. I didn't think much about it at the time, but looking back, the fact that Rend Lake even offered such a thing was a great opportunity and a great experience for me," said Eilerts. "Then, a few

years ago, I had the honor of giving the commencement speech at the Spring 2010 graduation, and that was just a total blast. I think it was a bit different than what most people were expecting, and I had a good time nonetheless."

After graduating from RLC, he attended Southern Illinois University Carbondale and earned a Bachelor of Fine Arts in Visual Communications in 2002. Early the next year, Eilerts' path

would again cross with RLC.

"Early in my professional career, I was a part-time instructor for the design program," said Eilerts. "After growing up Rend Lake and then working with them, it's given me a better awareness of what an asset the college truly is."

Eilerts was an RLC instructor for five years, during which time he became involved with Arthur Agency, a full-service creative firm in Carbondale that helps brands and organizations with marketing and advertising solutions across the globe. As the part-owner and self-proclaimed "Chief Awesomeness Officer," Eilerts has the opportunity to work in marketing consultation and strategy, branding and brand building, film and video, web and app development, social media, and graphic design.

Recently, he's been involved with filming RLC's two latest commercials and an ongoing web series called "The Driving Dead," featuring actor Michael Rooker of "The Walking Dead" fame. His firm also helped design the college's clocktower logo several years ago. To check out

everything about Arthur Agency, visit their website at www.ArthurAgency.com.

To current and future students, Eilerts encourages everyone to take advantage of the opportunities at RLC.

"Like anything, like life, you get what you put in. Rend Lake is the same way," said Eilerts. "For those looking for opportunities, it's there. For those looking for a challenge, it's there. And for those looking for answers, Rend Lake is there. The script to their commercial holds true, 'No matter who you are, where you want to go, or what you want to be, the journey starts at Rend Lake College.'"

Though a very busy guy, Eilerts says he's always interested in meeting and networking with fellow Warriors on Facebook (www.facebook.com/arthuragency), Twitter (@iLerts or @arthuragency), YouTube (www.youtube.com/arthuragency), Vimeo (www.vimeo.com/arthuragency), Instagram (@arthuragency), LinkedIn, or email (clint@arthuragency.com).

For more information about Rend Lake College, visit www.rlc.edu.

ONLY IN THE CRIER

FREE

CLASSIFIEDS

ON ANY ITEMS PRICED AT OR UNDER \$250

A GREAT WAY TO CLEAN OUT THOSE UNUSED AND UNWANTED ITEMS

- VIDEOS • DVD'S • CLOTHING • BICYCLES
- TREADMILLS • WATCHES • CHAIRS • TABLES
- VCR'S • GAMES • DVR'S • DVD PLAYERS
- STEREOS • COATS • SHOES • FURNITURE
- JEWELRY • AUTO PARTS • WHEELS
- FISHING GEAR • TOYS • BABY ITEMS
- BEDS • TIRES • MOWERS • TILLERS • PARTS
- TOOLS • BOOKS • AND MUCH MORE!

*Your Costs**

\$0-NADA-FREE

*DOES NOT APPLY TO COMMERCIAL OPERATIONS OR PRODUCTS.

*Solution to page 2
Sudoku puzzle.*

9	2	1	6	7	4	3	8	5
5	3	7	1	8	2	4	9	6
8	4	9	3	6	5	2	1	7
2	7	4	5	6	8	9	3	1
6	9	3	7	2	1	5	4	8
1	8	4	9	5	3	7	2	6
3	1	6	8	7	4	9	5	2
4	6	2	5	1	9	8	7	3
7	5	8	2	3	6	1	9	4

*Solution to page 2
Crossword puzzle.*

G	D	E	R	L	E	H	N	S
O	K	S	E	R	I	N	T	P
S	A	I	M	S	A	R	A	B
K	S	K	S	U	B	K	E	U
A	G	A	T	O	G	A	R	E
S	E	T	E	S	T	N	E	R
H	C	R	A	T	O	S	U	P
T	P	A	N	T	A	I	D	S
A	Y	E	A	R	D	H	E	D
W	H	O	N	A	I	O	N	A
A	B	E	S	P	O	I	S	P
D	A	D	H	R	E	A	D	S
E	A	T	O	N	E	D	E	A
K	R	B	I	K	A	R	E	A
S	O	N	S	G	O	B	S	M

Wilson & Wilson
Monument Co., Inc.

MAUSOLEUMS, MONUMENTS, MARKERS,
GRANITE SIGNS & BENCHES,
CEMETERY LETTERING, PET MARKERS

406 W. Poplar Odin, Illinois 62870
P.O. Box 247 1-800-966-6488 (618)775-6488
Web: wilsonandwilsonmonuments.com
E-mail: wwmonco@gmail.com

How to cut your water use in half

BY THE EDITORS OF CONSUMER REPORTS

UNIVERSAL

As the saying goes, you can't squeeze water from a stone. But that's what California residents have been trying to do as the state's drought stretches into its fourth year, according to Consumer Reports.

California isn't the only place facing a dry spell. Water managers in 40 states say that even if water conditions remain normal, they expect shortages in some part of their state over the next decade. That's according to WaterSense, the water conservation partner of the Environmental Protection Agency.

The two best ways to save water, Consumer Reports says, are by replacing water-wasting appliances and fixtures, and changing your lifestyle and habits. Neither is easy. The first requires an up-front expense and the second, a long-term commitment. But do both, and you can cut your usage in half or better.

Outdoor watering accounts for almost 30 percent of water use, according to an analysis published by Environment Magazine. But toilets (19 percent), washing machines (15 percent), showers (12 percent) and faucets (11 percent) also use substantial amounts. Then there's the 10 per-

cent of water lost to leaks that are not always easy to detect.

In addition to plugging leaks, five of the most effective ways to save water indoors, says Environment Magazine, are to install low-flow toilets, use a high-efficiency washer, reduce shower time to five minutes, wash only full loads of laundry and reduce toilet flushes by 25 percent.

Consumer Reports offers these other ways to save water around the house:

- IN THE KITCHEN**
- Don't rinse dishes before putting them in a dishwasher. The dishwasher is designed to do that very job — and to do it better than you can.
 - Replace your old dishwasher. Energy Star dishwashers are about 15 percent more water-efficient than standard models. The most miserly use only 4 to 6 gallons during a normal cycle.
 - Wash only full loads of dishes. For maximum efficiency, load your dishwasher according to the instructions in your owner's manual, which will make the most of the sprays in your machine.
 - Keep your drinking water in the refrigerator instead of running the tap until it's cool.
 - Give pots and pans a soak instead of scrubbing them under running water. And don't wash your fruits and vegetables under the tap. Instead, rinse them in



a large bowl filled with water.

IN THE LAUNDRY ROOM

- Replace your old washer. Energy Star washing machines use about 40 percent less water than a regular washer.
- Pick the appropriate water level setting — often small, medium, large — for the load if that's how your machine works.
- Measure laundry detergent and use HE detergents for HE top-loaders and front-loaders. Regular detergents are too sudsy, and using too much can cause high-efficiency washers to use more water by extending the rinse cycle.
- Do only full loads, but don't overstuff. Using cold water whenever possible helps save on energy

costs, Consumer Reports notes.

IN THE BATHROOM

- Replace your old toilets — all of them. Older toilets use as many as 6 gallons per flush, while new WaterSense toilets do the job with 1.28 gallons or less. With new toilets, the average family can reduce water use by 20 percent per toilet.
- Instead of baths, take

short showers, cutting your shower time to 5 minutes. If you're brave, turn off the water when lathering up or shampooing. And don't let the water run when brushing your teeth or shaving.

- Replace your old showerhead. Standard showerheads use 2.5 gallons of water per minute.
- Replace your old faucets. Replacing leaky or inefficient faucets and aerators with WaterSense models can save the average family 500 gallons of water per year.
- Don't use your toilet as a garbage can. It wastes water and can clog your pipes. Toilet paper is designed to disintegrate. Tissues, most wipes and dental floss are not.

Don Bailey
Real Estate Broker Manager
Flora, IL
Email d Bailey@buyafarm.com
Licensed in Indiana, Illinois & Missouri

Cellular (618) 919-1031
Toll Free Cell (858) 223-3006
Toll Free Fax (858) 746-6009

BUY A FARM
LAND & AUCTION COMPANY LLC

Specializing in Rural Real Estate
858-GOT DIRT (468-3478)
Branch Office • 301 N. Main St. • Flora, IL 62839

High Quality Tillable Farms • Recreational & Hunting Properties
1031 Property Exchanges • CPR and Investment Properties

buyafarm.com

Custom Built With Cleary Pride!

CLEARY BUILDING CORP.

BUILDING SPECIALS!

30'x54'x13' • \$14,954
42'x54'x15' • \$20,047
60'x108'x17' • \$49,099

CONTACT US FOR A FREE CONSULTATION!

Building pictured is not priced in ad. Crew travel required over 50 miles. Local building code modifications extra. Price subject to change without notice.

800-373-5550
Breese, IL 618-526-7612
Olney, IL 618-395-4670

800-373-5550
ClearyBuilding.com

FEATURING: FABRAL

CENTRALIA COIN, STAMP, ETC.

- Coins & precious metals for Collectors and Investors
- Estates Appraised and Purchased
- Buying All U.S. Gold & Silver Coins and Jewelry

TOP PRICES PAID.
533-4200
Corner of Broadway & Cherry

Buying Old Money!

centraliacoin.com

Twin Willows NURSING CENTER

- Medicare approved rehabilitation services provided by "Rehab Care" a provider of physical, occupational and speech therapy in forty-three states.
- Locally owned and operated.
- Public Health annual inspection for 3-2007 cites no deficiencies — public health's highest compliment.
- When you've been in the hospital and need therapy to get back home call 548-0542.

Come Live With Us,
Phone 548-0542
Route 37 North • Salem

Todd Woodruff
Administrator Since 1976

COLLISION SPECIALISTS

AUTOBODY • MECHANIC • TOWING • RV REPAIR

1251 W. Whittaker Salem, IL • 618-548-1314
www.collisionspecialistsil.com
24-Hour Towing
1-888-TOWMEOUT

JULY SPECIALS

FLUSH & FILL COOLING SYSTEM Starting at **\$69⁹⁵**

2-WHEEL ALIGNMENT Starting at **\$59⁹⁵**

AIR CONDITIONER CHECKOVER Freon Extra **\$39⁹⁵**

ROTATE TIRES **\$10⁰⁰**

FULL SERVICE OIL CHANGE
\$19⁹⁵ Includes up to 5 Qts of oil (Specialty oil & filters extra)

STOP IN AND REGISTER FOR A CHANCE TO WIN FREE CARDINALS BASEBALL TICKETS!

Home Accents
Categories Listed
DOES NOT INCLUDE SEASONAL DEPARTMENT

50% OFF

ITEMS PRICED \$4.99 & UP
DOES NOT INCLUDE CANDLE FX™, TEALIGHTS, VOTIVES, VALUE PACKS OR FRAGRANCE WAX & OILS

- Decorative Crosses WALL & TABLE
- Mirrors WALL & TABLE
- Decorative Spheres
- Adhesive Vinyl Wall Art
- Lamps & Lampshades
- Ceramic Decor Sale
FEATURING TABLETOP DECOR, PLATES, SERVING DISHES, PITCHERS, CUPS, SALT & PEPPER AND OTHER CERAMIC DECOR
DOES NOT INCLUDE DECORATIVE DRAWER PULLS
- Clocks WALL & TABLE
- Men's Resin & Ceramic Decor WALL & TABLE
- Birdhouses & Wind Chimes
- Polyresin & Pottery Decor Sale
FEATURING FINIALS, CANDLEHOLDERS, BOXES & BOWLS
INCLUDES FLORAL PLANTERS, VASES & OTHER POLYRESIN & POTTERY DECOR
- Pillows, Rugs & Throws

All Items Labeled the spring shop 66% OFF
• Statuary • Garden Planters • Gazing Balls • Garden Wall Decor & More

All Remaining July 4th Seasonal Items Now Marked* 66% OFF
DOES NOT INCLUDE FABRIC
SELECTION WILL VARY BY STORE

Select Group Of Furniture Now Marked* 66% OFF
SELECTION WILL VARY BY STORE

All Items Labeled Summer!™ 66% OFF
Summer Toys
Summer Crafts & VBS
Little Wishes™

Stem Naturals
CHOOSE FROM BOUQUETS, STICKS, PODS, GRAINS, FILLERS & GRASSES
DOES NOT INCLUDE FEATHERS

Floral
Most Categories Listed
DOES NOT INCLUDE SEASONAL DEPARTMENT OR ITEMS LABELED "TO GRASSHOPPER'S"

50% OFF

Potted Trees & Floor Plants
4 ft - 8 ft
Always **30% OFF**
THE MARKED PRICE*

Flowering & Greenery Bushes
DOES NOT INCLUDE POTTED TREES

Floral Stems
Includes All Floral & Greenery Stems
DOES NOT INCLUDE FEATHERS

Furniture
Always **30% OFF**
THE MARKED PRICE*

Me & My Bag™ & Basically Yours™
APRONS, BAGS & CAPS

Leather & Leather Kits
ITEMS PRICED \$4.99 & UP

All Clays
CHOOSE FROM MODELING, OVEN-BAKE, AIR-DRY & JEWELRY CLAY

EVA Foam Packaged Shapes & Packaged Sheets
ITEMS PRICED \$4.99 & UP

Custom Frames
ALWAYS 50% OFF THE MARKED PRICE* APPLIES TO FRAME ONLY

Photo Frames
ALWAYS 50% OFF THE MARKED PRICE*
CHOOSE FROM OUR ENTIRE SELECTION OF BASIC & FASHION TABLETOP FRAMES
INCLUDES WOODEN PHOTO STORAGE

Posters
ALWAYS 50% OFF THE MARKED PRICE*

Ready-Made Open Frames

Shadow Boxes, Display Cases & Flag Cases

T-Shirts
ALWAYS 30% OFF THE MARKED PRICE*
INCLUDES YOUTH & ADULT T-SHIRTS & TANK TOPS & INFANT & TODDLER T-SHIRTS, CREEPEES & DRESSES

Chalkboards, Corkboards & Dry-Erase Boards

the Paper Studio™ and Stampabilities®
Papercrafting Blowout Sale 50% OFF

Savings throughout the department!
Choose from over 4000 products by the Paper Studio™ & Stampabilities® brands.

PAPER, STICKERS, ALBUMS, STAMPS & ACCESSORIES, EMBELLISHMENTS, TOTES & ORGANIZERS, TOOLS AND MANY MORE CATEGORIES

Poster Board
WHITE 4/1.00
COLORED, NEON & METALLIC 2/1.00
\$1.99 REGULAR PRICE

Art Easels & Tables
30% OFF
EASELS PRICED \$12.99 & UP

Master's Touch® Oil Paint
4.87 50 ml **12.87** 200 ml

Art Supplies

- Master's Touch® Art Canvas & Panels
INCLUDES 8" & 11" CANVAS LETTERS
30% OFF
DOES NOT INCLUDE PROMOTIONAL 2-PACKS
- Artist Sets
ART, WATERCOLOR, ACRYLIC & OIL
30% OFF
ITEMS PRICED \$29.99 & UP

Jewelry Making
Categories Listed
50% OFF

- Poetic Spirit by Bead Treasures™
PENDANTS, BEADS, LEATHER & MORE
- Glass Beads by Bead Treasures™
INCLUDES 1/2- & 1-LB. TUBS
- Color Gallery by Bead Treasures™
7" STRANDS OF FASHION GLASS BEADS
- Brilliance and Bead Treasures™
GLASS FACETED BEADS, STRANDS, FLAT-BACKED STONES & GLASS PENDANTS
- Czech Glass Beads
CHOOSE FROM SEED, BUGLE, FACETED & MIXED BEADS
- Metal Gallery
DOES NOT INCLUDE STERLING SILVER

Fashion Fabric

- Home Decor Fabric
CHOOSE FROM PRINTS, SOLIDS, SHEERS & LAMINATED FABRIC
ALWAYS **30% OFF**
THE MARKED PRICE*
- Poly Satin
100% POLYESTER SATIN SOLIDS
3.49 /YD.
\$4.99 REGULAR PRICE
- Fleece
CHOOSE FROM PRINTS, SOLIDS & MICROFIBER
ALWAYS **30% OFF**
THE MARKED PRICE*
- Tulle **89¢** /YD
• Net **99¢** /YD
• Shiny Tulle **1.09** /YD
- Home Decor Curtain Panels & Pillow Covers **50% OFF**
- Calico Prints & Solids
INCLUDES APPAREL PRINTS & BATIKS
ALWAYS **30% OFF**
THE MARKED PRICE*

* DISCOUNTS PROVIDED EVERY DAY; MARKED PRICES REFLECT COMPARABLE PRICES OFFERED BY OTHER SELLERS FOR SIMILAR PRODUCTS.

HOBBY LOBBY
EVERYDAY

STORE HOURS:
9 A.M. - 8 P.M.
CLOSED SUNDAY

PRICES GOOD IN STORES MONDAY, JULY 6 - SATURDAY, JULY 11, 2015
PRICES GOOD ONLINE SUNDAY, JULY 5 - SATURDAY, JULY 11, 2015
SOME ADVERTISED ITEMS NOT AVAILABLE ONLINE SALES SUBJECT TO SUPPLY IN STOCK
SELECTION AND QUANTITIES VARY BY STORE. AD DOES NOT APPLY TO PRE-REDUCED ITEMS

HOBBY LOBBY
COUPON FOR IN STORES OR ONLINE USE

40% OFF
One Item at Regular Price
Valid through July 11, 2015

Coupon Code: 4659

Offer good for one item at regular price only.
Limit one coupon per customer per day. Must present coupon at time of purchase.
Offer is not valid with any other coupon, discount or previous purchase.
Excludes Heidi Swap™, Misc.™, Foli Applicator, CIRCUT products, Tim Holtz™ Vagabond™ Machine, Silhouette™ CAMEO™ Machine, candy & snack products, gum & mints, helium tanks, gift cards, custom orders, special orders, labor, rentals and class fees. A single cut of fabric or trim "by the yard" equals one item. Online fabric & trim discount is limited to 10 yards, single cut.
Cash Value 1/10¢

SHOP ANYTIME @ HOBBYLOBBY.COM

• MOUNT VERNON: Broadway & South 42nd Street
in the Times Square Mall (618) 242-2259